

PRIMARY ASAs Descriptions & details

INTERNAL ASAs (Free, 2 max per student per week)

Internal after-school activities are delivered by SISD teachers and are **free of charge** (in some cases, a small fee might be charged for equipment).

Each student is permitted to participate in **2 INTERNAL ASAs per week (including teams)**.

Early Years: Sunday to Wednesday (teachers meet on Thursday)

Primary Years: Sunday to Wednesday (teachers meet on Thursday)

Middle Years: Sunday, Monday, Wednesday, Thursday (teachers meet on Tuesday)

Registration is done on a first come, first served basis, with priority. This means that the software will actually take into account all registrations to allocate Internal ASAs according to all requests, available places and priorities parents have chosen. This is meant to be fair to everyone.

EXTERNAL ASAs (Paid)

External after-school activities are **offered on SISD campus** by **external providers**, whose fees vary for each ASA.

Students can participate in as many **EXTERNAL ASAs** as they wish.

Registration is done directly with **each provider** by phone and by e-mail at any time or during the Expos **where the providers will be present on SISD campus**.

Registration is on a first come, first served basis and places are reserved by the external providers only once they have received full payment.

SUNDAY

INTERNAL

ACTIVITY/COST	GRADE	TIME/LOCATION	DESCRIPTION
<p><u>Homework Help</u> English English/French English/German</p> <p>FREE</p>	G1-G5	<p>4.00-5.00 PM</p> <p>F18, F17</p>	<p>Children are required to come to this ASA with their homework. Help will be provided in English, by a French teacher in French and/or in English, by a German teacher in German and/or in English.</p> <p>Teachers: Bernadette Lahoff, Younes Agharbi, Rahel Kohler</p>
<p>Quran Club</p> <p>FREE</p>	G1-G5	<p>4.00-5.00 PM</p> <p>F07</p>	<p>The Quran Club will help developing the recitation, pronunciation and Tajweed skills of students with the support in memorization of the requested Suras of their levels.</p> <p>Teacher: Ahmed Refai</p>
<p>Piano Keyboards</p> <p>FREE</p>	G1	<p>4.00-5.00 PM</p> <p>F20</p>	<p>Access to school keyboards for the beginner or more advanced students.</p> <p>Teacher: Louise Brew</p>
<p>Creative/Poetry Writing</p> <p>FREE</p>	G3-G5	<p>4.00-5.00 PM</p> <p>S22</p>	<p>Learn to use your words and vocabulary in a creative way. This ASA will help students recognize rhyming words, use free-flow writing to create a story/set a scene, using imagery and symbolism to express a feeling, make connections between their favorite song and poetry, etc.</p> <p>Teacher: Tamara Gentile</p>
<p>Sustainability Club</p> <p>FREE</p>	G1-G5	<p>4.00-5.00 PM</p> <p>S18/Organic Garden</p>	<p>The Sustainability Club is all about strengthening our connection to nature and working together to improve sustainability within the school. Students will work in the garden, learn about our composting system, and search for reptiles, insects and birds around the SISD campus. Together we will decide what actions we can take to move our school further towards sustainability and then carry out these actions. Example action plans can include starting the Eco-Schools programme, building bird houses to improve biodiversity, organizing healthy eating challenges, and other such activities that students may suggest.</p> <p>Teacher: Jaclyn Schemenaeur, Samantha Hodges</p>
<p>Italian Language Course</p> <p>FREE</p>	G3-G5	<p>4.00-5.00 PM</p> <p>F08</p>	<p>This ASA is only for students who are already fluent in Italian.</p> <p>In the G3-G5 Italian ASA group, reading and writing will be the main activities. We will focus on Orthography (spelling) and the Grammar rules that we need to observe during writing. This will be made both formally but also informally through grammar games, cards and other useful and more relaxed activities. Children will learn how to write under dictation and will create simple texts based on a given model. Italian books for Primary School will be used for this group.</p> <p>We will read age-appropriate materials and discover different type-texts with specific features, answering comprehension questions, as well as making evaluations and inferences on the texts.</p> <p>Participation is requested for both weekly sessions in order to maintain, develop and enhance their knowledge and skills.</p> <p>Teacher: Manuela Adragna</p>

Concert Band (PYP) FREE	G4-G5	4.00-5.00 PM MY Building 113	Each student will choose a band instrument and learn to play that instrument and to play in a group with other musicians. This is a great way to use what you have learned in music class in a fun and active way and to learn even more. It's also a chance to make new friends who share an interest in making music. We will have opportunities to perform for your families and other students and maybe even outside of the school. Come and join us! Possible instruments to choose from: flute, clarinet, alto or tenor saxophone, trumpet, or trombone. Teacher: Richard Hazlett
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EXTERNAL

ACTIVITY/COST	GRADE	TIME/LOCATION	DESCRIPTION
Swimming Development 1-2 AED 1600/16 sessions	G1-G5	4.00-5.00 PM Olympic Pool 1,2	This phase is an introductory level to competitive swimming and the development of the four competitive strokes. In order to begin in the development levels of our program, swimmers must be able to swim a minimum of 25 meters' freestyle/front crawl and backstroke. Provider: Walk Ahead Sports Contact: jhag@walkahead.ae / dulanjan@walkahead.ae /055 486 6580/055 775 6943
Zumba AED 1520/16 sessions	G3-G5	4.00-5.00 PM Cardio studio	Our Zumba classes are the perfect opportunity for children to be active and jam out to their favorite music. We break down the steps, add games, activities and cultural exploration elements into the class structure. The classes help to develop a healthy lifestyle and incorporate fitness as a natural part of children's lives by making fitness fun. Classes incorporate key childhood development elements like leadership, respect, team work, confidence, self-esteem, memory, creativity, coordination, cultural awareness. Provider: Stryx Sports Contact: asa@stryxsports.com 055 887 6426 / 055 877 1658
Ballet AED 1520/16 sessions	G1-G3	4.00-5.00 PM Dance Studio	Ballet is truly the foundation of all dance. Ballet technique is a structured syllabus which builds upon itself and teaches coordination, grace, strength, and artistry. We teach classical ballet using the Vaganova Method. We place our emphasis on sound anatomical training so you can dance for years to come. We encourage proper alignment and kinesiology to prevent injury. Provider: Stryx Sports Contact: asa@stryxsports.com 055 887 6426 / 055 877 1658
Tennis AED 1680/16 sessions	G1-G2	4.00-5.00 PM MPC	Kids learn more specific technical strokes and how to rally with their friends. They also learn the concepts of tactics and footwork. Provider: Stryx Sports Contact: asa@stryxsports.com 055 887 6426 / 055 877 1658
Tennis AED 1680/16 sessions	G3-G5	4.00-5.00 PM Tennis Court 1,2	Kids learn how to relate technique to tactics. They recognize different situations such as offense and defense and begin using different angles and trajectories. Provider: Stryx Sports Contact: asa@stryxsports.com 055 887 6426 / 055 877 1658
FC Barcelona Football AED 1680/16 sessions	G1-G5	4.00-5.00 PM Football Field 3,4	At FCBEscola Dubai, we pride ourselves on giving an opportunity to children of all abilities and both genders aged between 4-16 years old to receive a professional training in Dubai. Based on the official FC Barcelona

			<p>curriculum, developing young players' technical skills and passion for the game. Ensuring the player performs the best they possibly can. Our FC Barcelona accredited and certified coaches have been flown in from Barcelona to teach the children to play football the same structure as FC Barcelona that has become synonymous with victory. Sessions are dedicated to teaching the children the unique FC Barcelona techniques, skills and implementing matches. This allows our players to put their new skills into practice when participating in many local and international tournaments throughout the year, as we believe that the exposure to competitive situations greatly helps in the players' development.</p> <p>Registration fee of 150 AED to be paid once per year (includes FCB T-shirt)</p> <p>Provider: Stryx Sports</p> <p>Contact: asa@stryxsports.com 055 887 6426 / 055 877 1658</p>
<p>Parkour</p> <p>AED 1600/16 sessions</p>	G3-G5	<p>4.00-5.00 PM</p> <p>Activity Room 1</p>	<p>Parkour DXB: the home of Parkour in the UAE. Our differentiated extracurricular programs offer an alternative to traditional sports. Younger kids love to learn and play! We teach children the fundamentals of movement by exploring movement in a fun and engaging way. Skills include balancing, rolling, climbing, jumping and more. For older pupils, Parkour offers a holistic and engaging approach to movement training that encourages a strong body and a focused mind. Learn the basics of Parkour, challenge yourself and improve your fitness levels in a safe, but exciting environment.</p> <p>Provider: Stryx Sports</p> <p>Contact: asa@stryxsports.com 055 887 6426 / 055 877 1658</p>

MONDAY

INTERNAL

ACTIVITY/COST	GRADE	TIME/LOCATION	DESCRIPTION
<u>Homework Help</u> English English/French English/German FREE	G1-G5	4.00-5.00 PM F24, F22, F23	Children are required to come to this ASA with their homework. Help will be provided in English, by a French teacher in French and/or in English, by a German teacher in German and/or in English. Not a language acquisition ASA. Teachers: Loris Quwaider, Adeline Lefebvre, Lee Gray
Ball Hockey FREE	G1-G5	4.00-5.00 PM MPC	Hockey ball is a team sport and a variation of ice-hockey. Imagine the game without ice and skates and with a ball instead of the puck. The object of the game is to strike the goal with the stick and knock it into the opponent's net with the help of your teammates. Teachers: Romain Gentilleau, Flavie Segantini
French Club FREE	G1-G5	4.00-5.00 PM F06	This ASA wants to improve the children's existing French. To train the communication skills we will create different talking situations for the children. They will expand their vocabulary through fun and games. We will also train the listening comprehension. Teachers: Hadjera Behilil, Catherine Bali
German Club FREE	G1-G5	4.00-5.00 PM F03	This ASA wants to improve the children's existing German. To train the communication skills we will create different talking situations for the children. They will expand their vocabulary through fun and games. We will also train the listening comprehension. Teachers: Sandra Aburok, Astrid Pearson
English Reading Club FREE	G1-G5	4.00-5.00 PM EY Library/PY Library	Reading for pleasure is more important to children's successes than education or social class. How do we instill a love of reading in our children? By sharing quality books, and introducing the talented individuals who write and illustrate them. For 45 minutes to an hour children will devour books, participate in activities and discussions, express their viewpoints, be creative, thoughtful and engaged. Our goal is to help children build a lifelong reading habit. Because everything changes when we read! The SISD children's reading groups will be a fun way to read and discuss stories as well as promote literacy and an overall love for books. Involving family can help to build stronger relationships between parents and their children. It also encourages kids, parents, and friends to associate reading with fun, especially when club meetings include treats and activities that bring books to life! Teachers: Hormah Chinbuah, Alice Bancet
Sculpture Art FREE	G3-G5	4.00-5.00 PM S21	A more specialized Art club for Grade 3-5 focusing on sculpting with clay, mod-roc, paper mache, wire etc. Pupils would investigate different artists and sculpting styles and create some large pieces for whole school display. Teachers: Doris Ebu, Lisa O'Brien, Kate Riddle

Arts & Crafts FREE	G1-G2	4.00-5.00 PM F01	The Arts and Crafts Club is an after school activity designed to provide grade 1 and 2 students with a creative outlet in addition to their academic schedule. Different materials, instruction and support are made available to the pupils in a creative and comfortable atmosphere. Children participating in this club will be encouraged to create art inspired by several artists and their works as well as crafts that could be worn, useful, and decorative. Teachers: Marielin Hufft, Gaelle Ravet
Italian Language Course FREE	G1-G2	4.00-5.00 PM F08	This ASA is only for students who are already fluent in Italian. In the G1-G2 ASA, reading and writing will be consolidated through the use of books dedicated to Italian Primary Schools. At this stage children start reading age-appropriate materials demonstrating their understanding of the text through dramatization, discussion, drawing or writing after the exposure to the text. They will write short and simple sentences using the orthographic rules that will be introduced from now on. We will make connection between the text and their personal experiences and work on vocabulary, syntax and morphology. Children will start identifying rhyming words and we will look at some poem, rhyme, song and story from the Italian tradition, especially related to seasons and festivities. Participation is requested for both weekly sessions in order to maintain, develop and enhance their knowledge and skills. Teachers: Manuela Adragna, Gianpiera Buhlmann

EXTERNAL

ACTIVITY/COST	GRADE	TIME/LOCATION	DESCRIPTION
Karate AED 1360/16 sessions	G1-G3	4.00-5.00 PM MY Building 113	Budo Juku (meaning Martial Arts in Japan) are currently delivering a professional standard of Wado Ryu Karate style to both children and adult across the UAE. Our lessons are conducted in Japanese and all students are registered and affiliated to the official "Wado Ryu Academy". Karate will make its first appearance as an Olympic sport at the 2020 Summer Olympics in Tokyo, Japan. It will feature two events, Kumite and Kata. Provider: Budo Juku Contact: budojuku@yahoo.co.uk / 04 813 5637 / 050 289 3981
Tennis AED 1680/16 sessions	G1-G2	4.00-5.00 PM Tennis Court 1,2	Kids learn more specific technical strokes and how to rally with their friends. They also learn the concepts of tactics and footwork. Provider: Stryx Sports Contact: asa@stryxsports.com 055 887 6426 / 055 877 1658
Yoga AED 1600/10 sessions	G1-G5	4.00-5.00 PM Dance studio	Children learn through play. This is true not only for yoga exercises but also for other areas of life. A children's yoga class should, therefore, be an adventure that is experienced with all your senses. Children do not practice yoga, they are the dog, tree, warrior, butterfly, we just show. The imagination knows no limits and we explore a variety of concepts from ecology, biology, anatomy, geography, etc. Children are naturally curious and enjoy learning while moving

			Provider: Stryx Sports Contact: asa@stryxsports.com 055 887 6426 / 055 877 1658
Parkour AED 1600/10 sessions	G1-G2	4.00-5.00 PM Activity Room 1	Parkour DXB: the home of Parkour in the UAE. Our differentiated extracurricular programs offer an alternative to traditional sports. Younger kids love to learn and play! We teach children the fundamentals of movement by exploring movement in a fun and engaging way. Skills include balancing, rolling, climbing, jumping and more. For older pupils, Parkour offers a holistic and engaging approach to movement training that encourages a strong body and a focused mind. Learn the basics of Parkour, challenge yourself and improve your fitness levels in a safe, but exciting environment. Provider: Stryx Sports Contact: asa@stryxsports.com 055 887 6426 / 055 877 1658
Adventures in Coding AED 1760/16 sessions	G1-G5	4.00-5.00 PM IT Lab S23	We use popular Visual Programming such as Tynker™ and Scratch from MIT Media Labs to engage and teach students programming concepts. We want our student to have an exciting and engaging experience while learning computer science principles like loops, conditional statements, variables and many others. This course is not just for the aspiring coders, as this will help kids get a great foundation in computational thinking and problem solving required by any profession in the future. Build cool games, design characters, generate music and draw math art - unlock the power of code! Provider: Makers Builders/Junkbot Robotics Contact: Amir-0527219211 amir@makersbuilders.com

INTERNAL

ACTIVITY/COST	GRADE	TIME/LOCATION	DESCRIPTION
Homework Help English English/French English/German FREE	G1-G5	4.00-5.00 PM S12, S13, F09	Children are required to come to this ASA with their homework. Help will be provided in English, by a French teacher in French and/or in English, by a German teacher in German and/or in English. Not a language acquisition ASA. Teachers: Andrea Calderon, Shella Lucien, Nadine Rashad
Arabic A (Mother-tongue) FREE	G1-G5	4.00-5.00 PM S04	This is an Arabic Language ASA reserved for children already fluent in Arabic Teachers: Hala Trabolsi
Student Council FREE	G1-G5	4.00-5.00 PM S15	Classroom presidents elected from each class (Grades 1-5) will attend weekly meetings in order to become more involved in and provide directional input on school affairs. They will bring issues from their classmates and discuss them with the teacher representatives, who will be the link between students and staff and management at SISD. Teachers: Jennifer Bruntlett, Neha Qazi
TED Club – Public Speaking FREE	G3-G5	4.00-5.00 PM F10	The TED club is based on a curriculum provided by the organization behind the TED talks. The students will choose an issue or topic that they are passionate about and then create their own TED-style talk about it. At the end of the ASA semester they will have the opportunity to present their talk to a small audience. Teachers: Virginia Lamonte, Sarah Qadir

EXTERNAL

ACTIVITY/COST	GRADE	TIME/LOCATION	DESCRIPTION
Mad Science – Junior Scientists + AED 1280/16 sessions	G1-G5	4.00-5.00 PM F15	Our Junior scientists will have a great time learning about air pressure and series and parallel circuit connections. They will be testing stability of structures like bridges and towers made with Jenga® blocks. During the second half, it will be an out of this world exploration. Literally! Students will learn about sun, moon, stars, planets, and other celestial bodies. They will also learn about different layers of atmosphere and what's it like living in space! Finally, they will end the season with some tinkering as they create and launch their own Rockets! Provider: Mad Science Contact: daryl@madscience.ae / 0568872867
Swimming Development 1-2 AED 1600/16 sessions	G1-G5	4.00-5.00 PM Olympic pool 1,2	This phase is an introductory level to competitive swimming and the development of the four competitive strokes. In order to begin in the development levels of our program, swimmers must be able to swim a minimum of 25 meters' freestyle/front crawl and backstroke. Provider: Walk Ahead Sports Contact: jhag@walkahead.ae / dulanjan@walkahead.ae / 055 486 6580/055 775 6943

Hip Hop AED 1520/16 sessions	G1-G2	4.00-5.00 PM PreKG Indoor play area	This is a high energy and rhythmical class for children who are just starting or beginners. Class consists of a warm up, strength building and coordination exercises. The lessons focus on creating short routines that focus on the basic elements of hip hop to popular music. The kids love it! Provider: Stryx Sports Contact: asa@stryxsports.com 055 887 6426 / 055 877 1658
Tennis AED 1680/16 sessions	G1-G2	4.00-5.00 PM MPC	Kids learn more specific technical strokes and how to rally with their friends. They also learn the concepts of tactics and footwork. Provider: Stryx Sports Contact: asa@stryxsports.com 055 887 6426 / 055 877 1658

FC Barcelona Football AED 1680/16 sessions	G1-G5	4.00-5.00 PM Football Field 1,2	At FCBEscola Dubai, we pride ourselves on giving an opportunity to children of all abilities and both genders aged between 4-16 years old to receive a professional training in Dubai. Based on the official FC Barcelona curriculum, developing young players' technical skills and passion for the game. Ensuring the player performs the best they possibly can. Our FC Barcelona accredited and certified coaches have been flown in from Barcelona to teach the children to play football the same structure as FC Barcelona that has become synonymous with victory. Sessions are dedicated to teaching the children the unique FC Barcelona techniques, skills and implementing matches. This allows our players to put their new skills into practice when participating in many local and international tournaments throughout the year, as we believe that the exposure to competitive situations greatly helps in the players' development. Registration fee of 150 AED to be paid once per year (includes FCB T-shirt) Provider: Stryx Sports Contact: asa@stryxsports.com 055 887 6426 / 055 877 1658
Basketball AED 1600/16 sessions	G1-G5	4.00-5.00 PM Sports Hall 2	We developed after school activities in order to invite youths to participate outside of the traditional school day. The goal of PSSA after school activity program is to provide your child with the opportunity to engage in a positive, active, and fun environment, while also learning and developing basic basketball skills. Here we also search for players to play for their respective school's basketball teams Provider: Stryx Sports Contact: asa@stryxsports.com 055 887 6426 / 055 877 1658
Adventures in Coding AED 1760/16 sessions	G1-G5	4.00-5.00 PM IT Lab S23	We use popular Visual Programming such as Tynker™ and Scratch from MIT Media Labs to engage and teach students programming concepts. We want our student to have an exciting and engaging experience while learning computer science principles like loops, conditional statements, variables and many others. This course is not just for the aspiring coders, as this will help kids get a great foundation in computational thinking and problem solving required by any profession in the future. Build cool games, design characters, generate music and draw math art - unlock the power of code! Provider: Makers Builders/Junkbot Robotics Contact: Amir-0527219211 amir@makersbuilders.com

<p>French Theater</p> <p>AED 1920/16 sessions</p>	<p>G2-G5</p>	<p>4.00-5.00 PM</p> <p>MY Building 113</p>	<p>Come and discover the exciting and fun world of acting and drama with this weekly workshop around drama and improvisation exercises and techniques. Kids will work on their skills, confidence, creativity, body language, team work to unleash their artistic potential! A show/play will be prepared and presented at the end of the semester.</p> <p>Provider: Culture Emulsion Contact:0509058401/contact@culture-emulsion.com</p>
<p>Chess</p> <p>AED 1280/16 sessions</p>	<p>G1-G5</p>	<p>4.00-5.00 PM</p> <p>F20</p>	<p>According to research, test scores improved by 17.3% for students regularly engaged in chess classes, compared with only 4.6% for children participating in other forms of enriched activities" said 4-time World Champion Susan Polgar. Chess Lesson – teaching a particular skill, idea, strategy, move or concept. The focus being on improving Thinking Skills such as Problem Solving, Memory, Critical Thinking, Analysis, Decision Making, Concentration, Visualization, Lateral Thinking, Creative Thinking and more.</p> <p>Provider: Chess Dubai Contact: Alexandra 050 5028145 / alexandrachess@yahoo.com</p>

WEDNESDAY

INTERNAL

ACTIVITY/COST	GRADE	TIME/LOCATION	DESCRIPTION
<p><u>Homework Help</u> English English/French English/German</p> <p>FREE</p>	G1-G5	<p>4.00-5.00 PM</p> <p>S17, S16, S25</p>	<p>Children are required to come to this ASA with their homework. Help will be provided in English, by a French teacher in French and/or in English, by a German teacher in German and/or in English. Not a language acquisition ASA.</p> <p>Teachers: Jaeann Tschiffely, Jacques Chanteux, Katharina Dreizler</p>
<p>Arabic B (as foreign language)</p> <p>FREE</p>	G1-G5	<p>4.00-5.00 PM</p> <p>S03</p>	<p>This is an Arabic Language ASA reserved for children who wish to learn Arabic as a foreign language</p> <p>Teachers: Rachida Kadri</p>
<p>Ukulele Club</p> <p>FREE</p>	G3-G5	<p>4.00-5.00 PM</p> <p>S20</p>	<p>Children will learn the skills needed to play fun songs on the ukulele.</p> <p>Teachers: Benjamin Findlay</p>
<p>Games Club</p> <p>FREE</p>	G1-G3	<p>4.00-5.00 PM</p> <p>G20/G21</p>	<p>The game club is a fun way to learn while having fun. Through board games, the children will learn to understand and respect the rules, they will also develop patience, concentration and managing emotions. The children will have the opportunity to play with classic board games such as Who is it, Uno, Connect 4 ... and learn how to play strategy and collaboration games.</p> <p>Teacher: Pauline Joseph</p>
<p>Italian Language Course</p> <p>FREE</p>	G1-G2	<p>4.00-5.00 PM</p> <p>F08</p>	<p>This ASA is only for students who are already fluent in Italian. In the G1-G2 ASA, reading and writing will be consolidated through the use of books dedicated to Italian Primary Schools. At this stage children start reading age-appropriate materials demonstrating their understanding of the text through dramatization, discussion, drawing or writing after the exposure to the text. They will write short and simple sentences using the orthographic rules that will be introduced from now on. We will make connection between the text and their personal experiences and work on vocabulary, syntax and morphology. Children will start identifying rhyming words and we will look at some poem, rhyme, song and story from the Italian tradition, especially related to seasons and festivities.</p> <p>Participation is requested for both weekly sessions in order to maintain, develop and enhance their knowledge and skills.</p> <p>Teacher: Manuela Adragna, Gianpiera Buhlmann</p>

EXTERNAL

ACTIVITY/COST	GRADE	TIME/LOCATION	DESCRIPTION
<p>Swimming Development 1-2</p> <p>AED 1400/14 sessions</p>	G1-G5	<p>4.00-5.00 PM</p> <p>Olympic Pool 4,5</p>	<p>This phase is an introductory level to competitive swimming and the development of the four competitive strokes. In order to begin in the development levels of our program, swimmers must be able to swim a minimum of 25 meters' freestyle/front crawl and backstroke.</p> <p>Provider: Walk Ahead Sports Contact: jhag@walkahead.ae / dulanjan@walkahead.ae /055 486 6580/055 775 6943</p>

Tennis AED 1470/14 sessions	G1-G2	4.00-5.00 PM MPC	Kids learn more specific technical strokes and how to rally with their friends. They also learn the concepts of tactics and footwork. Provider: Stryx Sports Contact: asa@stryxsports.com 055 887 6426 / 055 877 1658
Tennis AED 1470/14 sessions	G3-G5	4.00-5.00 PM Tennis courts 1,2	Kids learn how to relate technique to tactics. They recognize different situations such as offense and defense and begin using different angles and trajectories. Provider: Stryx Sports Contact: asa@stryxsports.com 055 887 6426 / 055 877 1658
Chinese (as foreign language) AED 1400/14 sessions	G1-G5	4.00-5.00 PM MY Building 110	What we do? We teach Chinese calligraphy, a Chinese style in writing; We teach Chinese pinyin, the Chinese alphabets; We teach Chinese pronunciation or enunciation, the Chinese 4 tones; We teach Chinese traditional art, such as paper folding, paint blowing; We introduce Chinese culture, tradition, and history such as the use of chopsticks, traditional stories for kids. Provider: Think First Contact: asa@stryxsports.com 055 887 6426 / 055 877 1658
Intelligent Robotics with coding AED 1540/14 sessions	G4-G5	4.00-5.00 PM IT Lab S23	Students will learn basic programming by building a robot and creating programs to control the robot. Visual Programming software is used to show children computer science principles. Students will experiment with reading data from the robot sensors and develop programs to control robot action and activation of lights, motors, buzzer, line tracker, etc. Provider: Makers Builders/Junkbot Robotics Contact: Amir-0527219211 amir@makersbuilders.com
Karate AED 1190/14 sessions	G4-G5	4.00-5.00 PM MY Building 113	Budo Juku (meaning Martial Arts in Japan) are currently delivering a professional standard of Wado Ryu Karate style to both children and adult across the UAE. Our lesson are conducted in Japanese and all students are registered and affiliated to the official " Wado Ryu Academy". Karate will make its first appearance as an Olympic sport at the 2020 Summer Olympics in Tokyo, Japan. It will feature two events, Kumite and Kata. Provider: Budo Juku Contact: budojuku@yahoo.co.uk / 04 813 5637 / 050 289 3981
Rhythmic Gymnastics AED 1330/14 sessions	G1-G5	4.00-5.00 PM Sports Hall 1	Rhythmic gymnastics is a sport in which individuals or teams of 5 or more manipulate one or two pieces of apparatus: clubs, hoop, ball, ribbon, rope and freehand (no apparatus). Rhythmic gymnastics is a sport that combines elements of ballet, gymnastics, dance, and apparatus manipulation. The victor is the participant who earns the most points, determined by a panel of judges, for leaps, balances, pirouettes (pivots), apparatus handling, and execution. Provider: Stryx Sports Contact: asa@stryxsports.com 055 887 6426 / 055 877 1658
Ballet AED 1330/14 sessions	G1 –G3	4.00-5.00 PM Dance Studio	Ballet is great for the body, mind and discipline. Aside from promoting cardiovascular fitness and posture, this class is perfect as an introduction for budding ballerinas. It covers basic understanding of Ballet technique using combinations at the barre and centre. Provider: Stryx Sports Contact: asa@stryxsports.com 055 887 6426 / 055 877 1658

THURSDAY

INTERNAL

ACTIVITY/COST	GRADE	TIME/LOCATION	DESCRIPTION
Italian Language Course FREE	G3-G5	2:30-3:30 PM F08	This ASA is only for students who are already fluent in Italian. In the G3-G5 Italian ASA group, reading and writing will be the main activities. We will focus on Orthography (spelling) and the Grammar rules that we need to observe during writing. This will be made both formally but also informally through grammar games, cards and other useful and more relaxed activities. Children will learn how to write under dictation and will create simple texts based on a given model. Italian books for Primary School will be used for this group. We will read age-appropriate materials and discover different type-texts with specific features, answering comprehension questions, as well as making evaluations and inferences on the texts. Participation is requested for both weekly sessions in order to maintain, develop and enhance their knowledge and skills. Teacher: Manuela Adragna

EXTERNAL

ACTIVITY/COST	GRADE	TIME/LOCATION	DESCRIPTION
Mad Science – Junior Scientists + AED 1120/14 sessions	G1-G5	2:30-3:30 PM F07	Our Junior scientists will have a great time learning about air pressure and series and parallel circuit connections. They will be testing stability of structures like bridges and towers made with Jenga® blocks. During the second half, it will be an out of this world exploration. Literally! Students will learn about sun, moon, stars, planets, and other celestial bodies. They will also learn about different layers of atmosphere and what's it like living in space! Finally, they will end the season with some tinkering as they create and launch their own Rockets! Provider: Mad Science Contact: daryl@madscience.ae / 0568872867
Basketball AED 1400/14 sessions	G1-G5	2:30-3:30 PM Sports Hall 1	We developed after school activities in order to invite youths to participate outside of the traditional school day. The goal of PSSA after school activity program is to provide your child with the opportunity to engage in a positive, active, and fun environment, while also learning and developing basic basketball skills. Here we also search for players to play for their respective school's basketball teams. Provider: Stryx Sports Contact: asa@stryxsports.com 055 887 6426 / 055 877 1658
Tennis AED 1470/14 sessions	G1-G2	2:30-3:30 PM Tennis Courts 1,2	Kids learn more specific technical strokes and how to rally with their friends. They also learn the concepts of tactics and footwork. Kids learn how to relate technique to tactics. They recognize different situations such as offense and defense and begin using different angles and trajectories. Provider: Stryx Sports Contact: asa@stryxsports.com 055 887 6426 / 055 877 1658

<p>Mini Water Polo</p> <p>AED 1400/14 sessions</p>	<p>G1-G5</p>	<p>2:30-3:30 PM</p> <p>Olympic Pool 4</p>	<p>Aims to introduce children to a modified version of water polo by providing an enjoyable, interactive game that will encourage them to pursue the sport and go on to play water polo.</p> <p>Through participation in Otters Aquatics, children will learn and develop skills that are needed for water polo with greater ease. It is carefully structured to allow for progressive skill development and to promote water confidence in young players.</p> <p>The main objective of water polo is similar to most team sports. According to World of Sports Science, "The object of water polo is to throw a ball into a net defended by a goal keeper and six teammates who use physical means to hinder the offensive team's attack. The ball is advanced using passing plays and other offensive tactics" ("Water Polo"). This may seem simple, but remember all this needs to be accomplished while treading water.</p> <p>Provider: Stryx Sports Contact: asa@stryxsports.com 055 887 6426 / 055 877 1658</p>
<p>Synchronized Swimming (Girls)</p> <p>AED 1400/14 sessions</p>	<p>G3-G5</p>	<p>2:30-3:30 PM</p> <p>Olympic pool 5</p>	<p>An opportunity to Observe and apply the principle of Buoyancy</p> <p>Body awareness, Body orientation and overall ability to control the body</p> <ul style="list-style-type: none"> · Physical fitness including cardio-vascular fitness · Practice body coordination and balance. <p>Provider: Walk Ahead Sports Contact: jhag@walkahead.ae / dulanjan@walkahead.ae /055 486 6580/055 775 6943</p>
<p>Spanish (mother-tongue)</p> <p>AED 840/14 sessions</p>	<p>G1-G5</p>	<p>2:30-3:30 PM</p> <p>F04</p>	<p>In the children department of UCAM Español Institute we offer Spanish lessons for native and non-native children. The objective of the native program is to enhance the natural abilities of native Spanish children with their mother tongue, supporting their writing and communication skills in a multicultural country where they are exposed to major languages such as English and Arabic. For that, we count on native educators with a minimum experience of 5 years in the public or private education system in Spain. We also work with materials provided by the most prestigious editors in Spain.</p> <p>100 AED registration fee including a language book Provider: UCAM Espanol Institute Contact: espanol@ae.ucam.edu / +971 44308286</p>
<p>Spanish (as foreign language)</p> <p>AED 840/14 sessions</p>	<p>G1-G5</p>	<p>2:30-3:30 PM</p> <p>F03</p>	<p>In the children department of UCAM Español Institute we offer Spanish lessons for native and non-native children. As per the non-native program, we also offer Spanish in a secure and friendly environment where your kids can express themselves, with activities designed to boost your child's creativity and love for Spanish and with a final fun project for your kids to demonstrate what they have learned. For that, we count on native educators with a minimum experience of 5 years in the public or private education system in Spain. We also work with materials provided by the most prestigious editors in Spain.</p> <p>100 AED registration fee including a language book Provider: UCAM Espanol Institute Contact: espanol@ae.ucam.edu / +971 44308286</p>

<p>FC Barcelona Football</p> <p>AED 1470/14 sessions</p>	<p>G1-G5</p>	<p>2:30-3:30 PM</p> <p>Football Field 3,4</p>	<p>At FCBEscola Dubai, we pride ourselves on giving an opportunity to children of all abilities and both genders aged between 4-16 years old to receive a professional training in Dubai. Based on the official FC Barcelona curriculum, developing young players' technical skills and passion for the game. Ensuring the player performs the best they possibly can. Our FC Barcelona accredited and certified coaches have been flown in from Barcelona to teach the children to play football the same structure as FC Barcelona that has become synonymous with victory. Sessions are dedicated to teaching the children the unique FC Barcelona techniques, skills and implementing matches. This allows our players to put their new skills into practice when participating in many local and international tournaments throughout the year, as we believe that the exposure to competitive situations greatly helps in the players' development.</p> <p>Registration fee of 150 AED to be paid once per year (includes FCB T-shirt) Provider: Stryx Sports Contact: asa@stryxsports.com 055 887 6426 / 055 877 1658</p>
<p>Badminton</p> <p>AED 1260/14 sessions</p>	<p>G1-G5</p>	<p>2:30-3:30 PM</p> <p>Sports Hall 2</p>	<p>All our training programs are custom-built based on the individual needs and skill level & goals by our trainers. Our Aim and Goal in our training program is to improve physical, emotional, and intellectual fitness. All of our coaches had many years of experienced, from beginners to advance players. Our dedication and passion to teach a quality coaching is second to none.</p> <p>Provider: Walk Ahead Sports Contact: kirk@walkahead.ae henry@walkahead.ae /050 944 3007/056 308 7138</p>
<p>Judo</p> <p>AED 1190/14 sessions</p>	<p>G1-G5</p>	<p>2:30-3:30 PM</p> <p>MY Building 113</p>	<p>Judo was founded by Jigoro Kano from Japan in 1882. Judo is an Olympic sport and made its first appearance for men at the 1964. Tokyo Games with the female event being introduced a little later at the 1992 Barcelona Games. Judo focuses on a lot of grappling techniques and came from Ju-jitsu.</p> <p>Provider: Budo Juku Contact: budojuku@yahoo.co.uk / 04 813 5637 / 050 289 3981</p>