

## SEASON 2 PRIMARY YEARS ASAs Schedule, Descriptions & Details

### INTERNAL ASAs (Free, 2 max per student per week)

Internal after-school activities are delivered by SISD teachers and are **free of charge** (in some cases, a small fee might be charged for equipment).

Each student is permitted to participate in **2 INTERNAL ASAs per week (including teams)**.

Early Years: Sunday, Tuesday, and Wednesday (teachers meet on Monday, Thursday)

Primary Years: Sunday, Tuesday, and Wednesday (teachers meet on Monday, Thursday)

Middle Years: Sunday, Wednesday, and Thursday (teachers meet on Monday, Tuesday)

For any questions you may have about the actual ASA, please send an email to the teachers offering the ASA.

Registration is done on the system - first come, first served basis, with priority. This means that the software will actually take into account all registrations to allocate Internal ASAs according to all requests, available places and priorities parents have chosen. This is meant to be fair to everyone.

### EXTERNAL ASAs (Paid)

External after-school activities are **offered on SISD campus** by **external providers**, whose fees vary for each ASA.

On a general note when registering with an external ASA provider, parents are entering into a direct agreement with the provider and not SISD. We therefore expect any issues to be resolved directly between the parents and the provider. However, SISD do appreciate and welcome feedback on what is happening so that we can ensure all matters are dealt with promptly and that our providers are providing good and quality service to our students/families.

Students can participate in as many **EXTERNAL ASAs** as they wish.

Registration is done directly with **each provider** by phone and by e-mail at any time or during the Expos **where the providers will be present on SISD campus**.

Registration is on a first come, first served basis and places are reserved by the external providers only once they have received full payment.



**ASA & TEAMS WEEKLY SCHEDULE  
SEASON 2  
2018 - 2019**

**PRIMARY YEARS PROGRAM - G1-G5**

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	
	Supervised Homework In English - Amira, F03 in French/English - Younes, F17 in German/English - Rahel, S13 G1-G5	Italian Language Course Headway Institute G2-G3 F08	Supervised Homework In English - Isabelle, F13 in French/English - Sheila, F16 in German/English - Justine, S03 G1-G5	Supervised Homework In English - Basma, F02 in French/English - Jacques+Niamh, S01 G1-G5	After-School Care Luciana G1-G5 G1/G2 - F11, G3/G4-S09, G5-S10	
	Italian Language Course Headway Institute G3-G5 F08	Ukulele Club (11:30AM - 12:30PM) Ben G3-G5 S20	Italian Language Course Headway Institute G1-G2 F08	Italian Language Course Headway Institute G2-G3 F08	Italian Language Course Headway Institute G1-G2 F08	
	Quran Club Ahmed R G1-G5 F07	Tennis Stryx G1-G2 Tennis Court 1,2	Student Council (Invitation Only) Jennifer+Neha+Houria G1-G5 G01	Arabic B (as foreign language) Rachida G1-G5 F05	Junior Scientists + Mad Science G1-G5 F07 / F15	
	Piano Keyboards Louise G4-G5 F20	Yoga Stryx G1-G5 AUD Black Box	TED Club - Public Speaking Gullruk+Souad G3-G5 S14	Games Club Pauline Joseph + Hadjera G1-G3 F13 / F14	Tennis Stryx G1-G2 Tennis Courts 1, 2	
	Garden Club Jackie+Sergine G1-G2, G3-G5 S18 / Organic Garden	Parkour Stryx G1-G2 Activity Room 1	German Booster (Invitation Only) Ute Fares G4-G5 F09	Sewing/Knitting Bernadette+Barbara+ Eman G2-G5 F17	Tennis Stryx G3-G5 Tennis Courts 1, 2	
	English Reading Club Sarah Qadir G1-G5 EY Library / PY Library	Adventures in Coding Junkbot Robotics G1-G5 IT Lab S23	Journal Art & Calligraphy Nevien G4-G5 F19	Creative/Poetry Writing Jamil Martin G3-G5 F04	Spanish (as foreign language) Headway Institute G1-G5 F03	
	Arts and Crafts Mariellin+Gaelle+Khitam, G1-G2, S21 Lisa+Lee+Andrea, G3-G5, G02	Roller Skating Stryx G1-G5 Skylight Room	Arabic A Drama Club Hala + Samaa G1-G5 S07	Arabic A Supervised Homework Nesrin G1-G5 S06	Barça Football Stryx G1-G5 Football Field 3,4	
	French Club Nathalie Findlay+Soraya Rassuli, G1-G3 F06	Drama Stryx G1-G5 Auditorium	Russian Language Course Headway Institute G1-G5 F04	German Club G1 - G3 Karin Brosch F03	Judo Stryx G1-G5 AUD Dance Studio	
	French Amelle G4-G5 S25	Athletics Stryx G1-G5 Track	Junior Scientists + Mad Science G1-G5 F15	German G4-G5 Astrid F09	Basketball Stryx G1-G5 Sports Hall 1 / Skylight Room	
	Arabic A Support Mona G1-G5 S05	Wall Climbing Stryx G1-G5 Outdoor Climbing Wall	Swimming Beginners 2/ Development 1-2 Swim Orca G1-G5 Olympic Pool 6-10	French Plus G3-G5 Nour Al-Salous G07	Wall Climbing Stryx G1-G5 Outdoor Climbing Wall	
	Russian Language Course Headway Institute G1-G5 F04	Swimming Beginners 2/ Development 1-2 Swim Orca G1-G5 Olympic Pool 6-10	Hip Hop Stryx G1-G2 PreKG Indoor Play Area	Swimming Beginners 2/ Development 1-2 Swim Orca G1-G5 Olympic Pool 6-10	Athletics Stryx G1-G5 Track	14:30-15:30 (Early Release on Thursday)
15:50-16:50	Swimming Beginners 2/ Development 1-2 Swim Orca G1-G5 Olympic Pool 6-10	Ballet Stryx G1-G3 SPO Dance Studio	Tennis Stryx G1-G2 MPC	Tennis Stryx G1-G2 MPC		
	Ballet Stryx G1-G3 SPO Dance Studio	Rugby Stryx G1-G5 Football Field 3,4	Basketball Stryx G1-G5 Sports Hall 1	Tennis Stryx G3-G5 Tennis Courts 1, 2		
	Tennis Stryx G1-G2 MPC		Adventures in Coding Junkbot Robotics G1-G5 IT Lab S23	Intelligent Robotics with Coding Junkbot Robotics G3-G5 IT Lab S23		
	Tennis Stryx G3-G5 Tennis Court 1		Chess Chess Knowledge G1-G5 F18	Karate Stryx G3-G5 AUD Dance Studio		
	Barça Football Stryx G1-G5 Football field 3		Tennis Stryx G3-G5 Skylight Room	Rhythmic Gymnastics (Girls) Stryx G1-G5 Sports Hall 2		
	Parkour Stryx G3-G5 Activity Room 1		Karate Stryx G1-G4 AUD Dance Studio	Chinese (as foreign language) Think First Learning Center G1-G5 S17		
	Musical Theatre Stryx G1-G5 Auditorium		French Theatre Culture Emulsion G1-G5 Auditorium	Spanish (mother-tongue) Headway Institute G1-G5 F04		
			Wall Climbing Stryx G1-G5 Outdoor Climbing Wall	Roller Skating Stryx G1-G5 Skylight Room		
			Rhythmic Gymnastics (Girls) Stryx G1-G5 Sports Hall 2			
	Piano (Private/Group) Exclusive Music Education Please contact provider directly to arrange for class venue/timing/date					
					Afternoon Club Luciana G1-G5 G1/G2 - F11, G3/G4-S09, G5-S10	15:50-16:50
	U8 & U9 Swimming G2-G3 Aurore, Laura, Mike 06:50-07:50 Olympic Pool 1-5					
	U10 & U11 Swimming G4-G5 Aurore, Laura, Mike 06:50-07:50 Olympic Pool 1-5	U8 & U9 Swimming G2-G3 Aurore, Laura, Mike 15:50 - 16:50 Olympic Pool 1-5		U8 & U9 Swimming G2-G3 Aurore, Laura, Mike 06:50-07:50 Olympic Pool 1-5		
	U11 Girls Basketball G4-G5 Nate 11:30 - 12:30 Sports Hall 2	U10 & U11 Swimming G4-G5 Aurore, Laura, Mike 15:50 - 16:50 Olympic Pool 1-5		U10 & U11 Swimming G4-G5 Aurore, Laura, Mike 06:50-07:50 Olympic Pool 1-5		
	PYP Track & Field G2-G5 Sarah, Orla, Rob 15:50 - 16:50 Outdoor Track, Field 1	PYP Tennis G4-G5 Vanda 15:50 - 16:50 MPC	U11 Boys Basketball G4-G5 Rob + Nate 11:30 - 12:30 Sports Hall 2	PYP Track & Field G2-G5 Sarah, Orla, Rob 15:50 - 16:50 Outdoor Track, Field 1-4	U8 & U9 Swimming G2-G3 Aurore, Laura, Mike 14:30 - 15:30 Olympic Pool 1-5	
	PYP Tennis G4-G5 Vanda 15:50 - 16:50 Tennis Court 2	U11 Girls Basketball G4-G5 Nate 15:30 - 16:15 Sports Hall 2	Swimming (B Team) G2-G5 Aurore, Laura, Mike 15:50 - 16:50 Olympic Pool 1-5	U11 Boys Basketball G4-G5 Rob + Nate 15:30 - 16:15 Sports Hall 1	U10 & U11 Swimming G4-G5 Aurore, Laura, Mike 14:30 - 15:30 Olympic Pool 1-5	
	Internal ASA Teacher Grades Classroom / Location	External ASA External Provider Grades Classroom / Location	SISD Teams (Practices) Teacher Time Location	SISD Teams (Game/Event Days) Teacher Time Location		

## INTERNAL

ACTIVITY/COST	GRADE	TIME/LOCATION	DESCRIPTION
Supervised Homework English English/French English/German  <b>FREE</b>	G1 – G5	3:50 PM - 4:50 PM  F03 / F17 / S13	Children are required to come to this ASA with their homework. A teacher will be there to supervise the students and can help on request in English by English teacher, by a French teacher in French and/or in English, by a German teacher in German and/or in English.  Teachers: Amira Mohamed (E) ( <a href="mailto:amira.mohamed@sisd.ae">amira.mohamed@sisd.ae</a> ), Younes Agharbi (F/E) ( <a href="mailto:younes.agharbi@sisd.ae">younes.agharbi@sisd.ae</a> ), Rahel Kohler (G/E) ( <a href="mailto:rahel.kohler@sisd.ae">rahel.kohler@sisd.ae</a> )
Quran Club  <b>FREE</b>	G1 – G5	3:50 PM - 4:50 PM  F07	The Quran Club will help developing the recitation, pronunciation and Tajweed skills of students with the support in memorization of the requested Suras of their levels.  Teacher: Ahmed Refai ( <a href="mailto:ahmed.refai@sisd.ae">ahmed.refai@sisd.ae</a> )
Piano Keyboards  <b>FREE</b>	G4 – G5	3:50 PM - 4:50 PM  F20	Access to school keyboards for the beginner or more advanced students.  Teacher: Louise Brew ( <a href="mailto:louise.brew@sisd.ae">louise.brew@sisd.ae</a> )
Garden Club  <b>FREE</b>	G1 – G2; G3 – G5	3:50 PM - 4:50 PM  S18 / Organic Garden	The Garden Club is all about strengthening our connection to nature and working together to improve sustainability within the school. Students will work in the garden, learn about our composting system, and search for reptiles, insects and birds around the SISD campus. Together we will decide what actions we can take to move our school further towards sustainability and then carry out these actions. Example action plans can include starting the Eco-Schools programme, building bird houses to improve biodiversity, organizing healthy eating challenges, and other such activities that students may suggest.  Teachers: Jaclyn Schemenauer ( <a href="mailto:Jaclyn.Schemenauer@sisd.ae">Jaclyn.Schemenauer@sisd.ae</a> ) Sergine Le Rossignol ( <a href="mailto:sergine.lerossignol@sisd.ae">sergine.lerossignol@sisd.ae</a> )
English Reading Club  <b>FREE</b>	G1 – G5	3:50 PM - 4:50 PM  EY Library / PY Library	Reading for pleasure is more important to children's successes than education or social class. How do we instill a love of reading in our children? By sharing quality books, and introducing the talented individuals who write and illustrate them. For 45 minutes to an hour children will devour books, participate in activities and discussions, express their viewpoints, be creative, thoughtful and engaged. Our goal is to help children build a lifelong reading habit. Because everything changes when we read! The SISD children's reading groups will be a fun way to read and discuss stories as well as promote literacy and an overall love for books. Involving family can help to build stronger relationships between parents and their children. It also encourages kids, parents, and friends to associate reading with fun, especially when club meetings include treats and activities that bring books to life!  Teacher: Sarah Qadir ( <a href="mailto:Sarah.Qadir@sisd.ae">Sarah.Qadir@sisd.ae</a> )

<p>Arts &amp; Crafts</p> <p><b>FREE</b></p>	<p>G1 – G2; G3 – G5</p>	<p>3:50 PM - 4:50 PM</p> <p>S21 / G02</p>	<p>The Arts and Crafts Club is an after school activity designed to provide grade 1 and 2 students with a creative outlet in addition to their academic schedule. Different materials, instruction and support are made available to the pupils in a creative and comfortable atmosphere. Children participating in this club will be encouraged to create art inspired by several artists and their works as well as crafts that could be worn, useful, and decorative.</p> <p>Teachers:</p> <p>G1 – G2 Marielin Hufft (<a href="mailto:marielin.hufft@sisd.ae">marielin.hufft@sisd.ae</a>) Gaëlle Ravet (<a href="mailto:gaelle.ravet@sisd.ae">gaelle.ravet@sisd.ae</a>) Khitam Fhaidat (<a href="mailto:khitam.fhaidat@sisd.ae">khitam.fhaidat@sisd.ae</a>)</p> <p>G3 – G5 Lisa O'Brien (<a href="mailto:lisa.obrien@sisd.ae">lisa.obrien@sisd.ae</a>) Lee Gray (<a href="mailto:lee.gray@sisd.ae">lee.gray@sisd.ae</a>) Andrea Calderon (<a href="mailto:andrea.penaranda@sisd.ae">andrea.penaranda@sisd.ae</a>)</p>
<p>French Club</p> <p><b>FREE</b></p>	<p>G1 – G3</p>	<p>3:50 PM - 4:50 PM</p> <p>F06</p>	<p>This ASA wants to improve the children's existing French. To train the communication skills we will create different talking situations for the children. They will expand their vocabulary through fun and games. We will also train the listening comprehension.</p> <p>Teachers: Soraya Rassuli (<a href="mailto:soraya.rassuli@sisd.ae">soraya.rassuli@sisd.ae</a>); Nathalie Findlay (<a href="mailto:Nathalie.Findlay@sisd.ae">Nathalie.Findlay@sisd.ae</a>)</p>
<p>French</p> <p><b>FREE</b></p>	<p>G4 – G5</p>	<p>3:50 PM - 4:50 PM</p> <p>S25</p>	<p>This ASA is designed for E/G students who would like to learn a 4th language at beginner level or as a preparation course for those who will have to learn French as a compulsory topic in the Swiss Matura program (Grade 6 onwards). This ASA is open to English with German students too. Maximum number of students is 10.</p> <p>Teacher: Amelie Claudine Lamaze (<a href="mailto:amelie.lamaze@sisd.ae">amelie.lamaze@sisd.ae</a>)</p>
<p>Italian Language Course</p> <p><b>FREE</b></p>	<p>G3 – G5</p>	<p>3:50 PM - 4:50 PM</p> <p>F08</p>	<p>This ASA is only for students who are already fluent in Italian.</p> <p>In the G4-G5 Italian ASA group, reading and writing will be the main activities. We will focus on Orthography (spelling) and the Grammar rules that we need to observe during writing. This will be made both formally but also informally through grammar games, cards and other useful and more relaxed activities. Children will learn how to write under dictation and will create simple texts based on a given model. Italian books for Primary School will be used for this group.</p> <p>We will read age-appropriate materials and discover different type-texts with specific features, answering comprehension questions, as well as making evaluations and inferences on the texts.</p> <p>Participation is requested for both weekly sessions in order to maintain, develop and enhance their knowledge and skills.</p> <p>Provider: Headway Institute Contact: <a href="mailto:courses@headin.pro">courses@headin.pro</a>; +97143625313 / 17 / 18 / 19</p>
<p>Arabic A Support</p> <p><b>FREE</b></p>	<p>G1 – G5</p>	<p>3:50PM - 4:50PM</p> <p>F18</p>	<p>Offer additional help for Arabic A students in the four language skills: Listening- Speaking- Reading- Writing</p> <p>Teacher: Mona Ibrahim (<a href="mailto:mona.ibrahim@sisd.ae">mona.ibrahim@sisd.ae</a>)</p>

**EXTERNAL**

ACTIVITY/COST	GRADE	TIME/LOCATION	DESCRIPTION
Swimming Beginners 2/ Development 1-2  <b>Season 2: AED 1210 / 11 Sessions</b>	G1 – G5	3:50 PM - 4:50 PM  Olympic Pool 6-10	This phase is an introductory level to competitive swimming and the development of the four competitive strokes. In order to begin in the development levels of our program, swimmers must be able to swim a minimum of 25 meters' freestyle/front crawl and backstroke.  Provider: Swim Orca Contact: <a href="mailto:lessons@swim-orca.com">lessons@swim-orca.com</a> ; 050 798 0769
Russian Language Course  <b>Season 2: AED 1155 / 11 sessions</b>	G1 – G5	3:50 PM - 4:50 PM  F04	We can teach your children how to speak, read and think in Russian properly at our Russian Language classes. Folk stories, fairytales, books by Russian writers and poets will give them wonderful moments during reading classes. Your children will learn how to write essays and dictations which will help them to develop good grammar skills and improve the vocabulary.  Provider: Headway Institute Contact: <a href="mailto:courses@headin.pro">courses@headin.pro</a> ; +97143625313 / 17 / 18 /19
Ballet  <b>Season 2: AED 1210 / 11 Sessions</b>	G1 – G3	3:50 PM - 4:50 PM  SPO Dance Studio	Ballet is truly the foundation of all dance. Ballet technique is a structured syllabus which builds upon itself and teaches coordination, grace, strength, and artistry. We teach classical ballet using the Vaganova Method. We place our emphasis on sound anatomical training so you can dance for years to come. We encourage proper alignment and kinesiology to prevent injury.  Provider: Stryx Sports Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a> 055 966 7647 055 877 1658 800 STRYX
Tennis  <b>Season 2: AED 1210 / 11 Sessions</b>	G1 – G2	3:50 PM - 4:50 PM  MPC	Kids learn more specific technical strokes and how to rally with their friends. They also learn the concepts of tactics and footwork.  **Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.  Provider: Stryx Sports Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a> 055 966 7647 055 877 1658 800 STRYX
Tennis  <b>Season 2: AED 1210 / 11 Sessions</b>	G3 – G5	3:50 PM - 4:50 PM  Tennis Court 1,2	Kids learn how to relate technique to tactics. They recognize different situations such as offense and defense and begin using different angles and trajectories.  **Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.  Provider: Stryx Sports Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a> 055 966 7647 055 877 1658 800 STRYX

<p>Barça Football</p> <p><b>Season 2: AED 1210 / 11 Sessions</b></p>	<p>G1 – G5</p>	<p>3:50 PM - 4:50 PM</p> <p>Football Field 3</p>	<p>At Barça Academy Dubai, we pride ourselves on giving an opportunity to children of all abilities and both genders aged between 4-16 years old to receive a professional training in Dubai. Based on the official FC Barcelona curriculum, developing young players' technical skills and passion for the game. Ensuring the player performs the best they possibly can. Our FC Barcelona accredited and certified coaches have been flown in from Barcelona to teach the children to play football the same structure as FC Barcelona that has become synonymous with victory. Sessions are dedicated to teaching the children the unique FC Barcelona techniques, skills and implementing matches. This allows our players to put their new skills into practice when participating in many local and international tournaments throughout the year, as we believe that the exposure to competitive situations greatly helps in the players' development.</p> <p>Admission fee options:  1) AED 160 for the year, with T-shirt (VAT inc)  2) AED 300 for the year, with socks, T-shirt, and shorts (VAT inc)</p> <p><b>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</b></p> <p>Provider: Stryx Sports  Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a>  055 966 7647  055 877 1658  800 STRYX</p>
<p>Musical Theatre</p> <p><b>Season 2: AED 1210 / 11 Sessions</b></p>	<p>G1 – G5</p>	<p>3:50 PM - 4:50 PM</p> <p>Auditorium</p>	<p>Stage Musical theatre serves as an introduction to the essentials of musical theatre for primary school students. Children will explore the three disciplines of musical theatre in one fun packed class! Participants train to perform well known musical theatre scenes and will be challenged to perform both ensemble and solo pieces and will learn to receive critique and will tailor their performances in response to both teacher and fellow class participants. The teaching staff identify musical pieces which are popular and current to the young students and use these as a vehicle for improving singing, movement and acting skills. As always in a BODA course whilst the emphasis remains upon 'fun learning' the course will culminate in the opportunity to attain accredited Trinity College London qualification through examination entry.</p> <p><i>Musical theatre students are eligible for the optional Trinity College London examinations with accreditation.</i></p> <p>Provider: Stryx Sports  Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a>  055 966 7647  055 877 1658  800 STRYX</p>

<p>Parkour</p> <p><b>Season 2: AED 1210 / 11 Sessions</b></p>	<p>G3 – G5</p>	<p>3:50 PM - 4:50 PM</p> <p>Activity Room 1</p>	<p>Parkour DXB: the home of Parkour in the UAE. Our differentiated extracurricular programs offer an alternative to traditional sports. Younger kids love to learn and play! We teach children the fundamentals of movement by exploring movement in a fun and engaging way. Skills include balancing, rolling, climbing, jumping and more. For older pupils, Parkour offers a holistic and engaging approach to movement training that encourages a strong body and a focused mind. Learn the basics of Parkour, challenge yourself and improve your fitness levels in a safe, but exciting environment.</p> <p>Provider: Stryx Sports Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a> 055 966 7647 055 877 1658 800 STRYX</p>
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## MONDAY

### INTERNAL

ACTIVITY/COST	GRADE	TIME/LOCATION	DESCRIPTION
Italian Language Course  <b>FREE</b>	G2 – G3	3:50 PM - 4:50 PM  F08	<p>This ASA is only for students who are already fluent in Italian.</p> <p>In the G2-G3 ASA, reading and writing will be consolidated through the use of books dedicated to Italian Primary Schools. At this stage children start reading age-appropriate materials demonstrating their understanding of the text through dramatization, discussion, drawing or writing after the exposure to the text. They will write short and simple sentences using the orthographic rules that will be introduced from now on. We will make connection between the text and their personal experiences and work on vocabulary, syntax and morphology. Children will start identifying rhyming words and we will look at some poem, rhyme, song and story from the Italian tradition, especially related to seasons and festivities. Participation is requested for both weekly sessions in order to maintain, develop and enhance their knowledge and skills.</p> <p>Provider: Headway Institute            Contact: <a href="mailto:courses@headin.pro">courses@headin.pro</a>; +97143625313 / 17 / 18 / 19</p>
Ukulele Club  <b>FREE</b>	G3 – G5	11:30AM – 12:30PM  S20	<p>Children will learn the skills needed to play fun songs on the ukulele.</p> <p>Teacher:            Benjamin Findlay (<a href="mailto:benjamin.findlay@sisd.ae">benjamin.findlay@sisd.ae</a>)</p>

### EXTERNAL

ACTIVITY/COST	GRADE	TIME/LOCATION	DESCRIPTION
Tennis  <b>Season 2: AED 1210 / 11 Sessions</b>	G1 – G2	3:50 PM - 4:50 PM  Tennis Court 1,2	<p>Kids learn more specific technical strokes and how to rally with their friends. They also learn the concepts of tactics and footwork.</p> <p><b>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</b></p> <p>Provider: Stryx Sports            Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a>            055 966 7647            055 877 1658            800 STRYX</p>
Swimming Beginners 2/ Development 1-2  <b>Season 2: AED 1210 / 11 Sessions</b>	G1 – G5	3:50 PM - 4:50 PM  Olympic Pool 6-10	<p>This phase is an introductory level to competitive swimming and the development of the four competitive strokes. In order to begin in the development levels of our program, swimmers must be able to swim a minimum of 25 meters' freestyle/front crawl and backstroke.</p> <p>Provider: Swim Orca            Contact: <a href="mailto:lessons@swim-orca.com">lessons@swim-orca.com</a>; 050 798 0769</p>



<p>Yoga Kids</p> <p><b>Season 2: AED 1100 / 10 Sessions</b></p>	<p>G1 – G5</p>	<p>3:50 PM - 4:50 PM</p> <p>AUD Black Box</p>	<p>Children learn through play. This is true not only for yoga exercises but also for other areas of life. A children’s yoga class should, therefore, be an adventure that is experienced with all your senses. Children do not practice yoga, they are the dog, tree, warrior, butterfly, and we just show. The imagination knows no limits and we explore a variety of concepts from ecology, biology, anatomy, geography, etc. Children are naturally curious and enjoy learning while moving</p> <p>Provider: Stryx Sports  Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a>  055 966 7647  055 877 1658  800 STRYX</p>
<p>Parkour</p> <p><b>Season 2: AED 1210 / 11 Sessions</b></p>	<p>G1 – G2</p>	<p>3:50 PM - 4:50 PM</p> <p>Activity Room 1</p>	<p>Parkour DXB: the home of Parkour in the UAE. Our differentiated extracurricular programs offer an alternative to traditional sports. Younger kids love to learn and play! We teach children the fundamentals of movement by exploring movement in a fun and engaging way. Skills include balancing, rolling, climbing, jumping and more. For older pupils, Parkour offers a holistic and engaging approach to movement training that encourages a strong body and a focused mind. Learn the basics of Parkour, challenge yourself and improve your fitness levels in a safe, but exciting environment.</p> <p>Provider: Stryx Sports  Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a>  055 966 7647  055 877 1658  800 STRYX</p>
<p>Adventures in Coding</p> <p><b>Season 2: AED 1155/ 11 Sessions</b></p>	<p>G1 – G5</p>	<p>3:50 PM - 4:50 PM</p> <p>IT Lab S23</p>	<p>We use popular Visual Programming such as Tynker™ and Scratch from MIT Media Labs to engage and teach students programming concepts. We want our student to have an exciting and engaging experience while learning computer science principles like loops, conditional statements, variables and many others. This course is not just for the aspiring coders, as this will help kids get a great foundation in computational thinking and problem solving required by any profession in the future. Build cool games, design characters, generate music and draw math art - unlock the power of code!</p> <p>Provider: Junkbot Robotics  Contact: Amir, 0527219211; <a href="mailto:info@junkbot.co">info@junkbot.co</a></p>

<p>Drama</p> <p><b>Season 2: AED 1210 / 11 Sessions</b></p>	<p>G1 – G5</p>	<p>3:50 PM - 4:50 PM</p> <p>Auditorium</p>	<p>A fun way for children to further develop their confidence and communication skills. Students learn how to express themselves creatively. Our teaching techniques include a variety of drama games, improvisation and story building sessions. Classes focus on developing core drama skills such as diction, speech, and characterisation. Students will study the interpretation and performance of poetry as well as monologues and short scenes. Through drama, students are encouraged to develop confidence, improve voice skills and enhance stage presence. Drama is a valuable tool for children to harness their natural creativity as they embark on their journey through education. As with all BODA classes, these sessions will focus on developing vocabulary, imagination, listening skills and social skills as well as having fun. The course is suitable for students who would like to undertake a professional assessment with Trinity College London Examination Board and earn graded examinations and accredited performance certificates for acting and speaking.</p> <p><i>Drama students are eligible for the optional Trinity College London examinations with accreditation.</i></p> <p>Provider: Stryx Sports  Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a>  055 966 7647  055 877 1658  800 STRYX</p>
<p>Athletics</p> <p><b>Season 2: AED 1210 / 11 Sessions</b></p>	<p>G1 – G5</p>	<p>3:50 PM - 4:50 PM</p> <p>Track</p>	<p>These classes are aimed to work on running techniques and speed. We provide special running drills, teaching how to stretch before and after exercises, focusing on running strength training. Introducing run speed intervals and work on stamina and learning how to recover properly.</p> <p><b>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</b></p> <p>Provider: Stryx Sports  Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a>  055 966 7647  055 877 1658  800 STRYX</p>
<p>Ballet</p> <p><b>Season 2: AED 1210 / 11 Sessions</b></p>	<p>G1 – G3</p>	<p>3:50 PM - 4:50 PM</p> <p>SPO Dance Studio</p>	<p>Ballet is truly the foundation of all dance. Ballet technique is a structured syllabus which builds upon itself and teaches coordination, grace, strength, and artistry. We teach classical ballet using the Vaganova Method. We place our emphasis on sound anatomical training so you can dance for years to come. We encourage proper alignment and kinesiology to prevent injury.</p> <p>Provider: Stryx Sports  Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a>  055 966 7647  055 877 1658  800 STRYX</p>

<p>Wall Climbing</p> <p><b>Season 2: AED 1210 / 11 Sessions</b></p>	<p>G1 – aG5</p>	<p>3:50 PM - 4:50 PM</p> <p>Outdoor Climbing Wall</p>	<p>Rock climbing is a great activity for children from ages 4 and above. Our UK certified climbing coach will ensure your child learns how to climb safely. Climbing is an all-around form of exercise which uses every muscle in the body, and many, many parts of the brain! If you have been worried that your child spends a little too much time with eyes glued to a screen, climbing is a great solution to help them. When they face a climbing wall, all outside influences wash away and leave their head clear and ready for the task at hand. Climbing a wall requires focus and concentration. Children learn very fast that they must pay attention if they want to progress. Climbing is so much fun that children do not even realize that it is exercise! With time, the sport builds body confidence, self-awareness in addition to physical strength.</p> <p><b>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</b></p> <p>Provider: Stryx Sports  Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a>  055 966 7647  055 877 1658  800 STRYX</p>
<p>Roller Skating</p> <p><b>Season 2: AED 1210 / 11 Sessions</b></p>	<p>G1 – G5</p>	<p>3:50 PM - 4:50 PM</p> <p>Skylight Room</p>	<p>Inline roller skating is a fun and exciting sport for kids of all ages. It helps children develop agility, stability and balance. It is a great workout and improves overall physical fitness and helps build leg and core body muscles. Beginner classes will learn the basics of skating: how to balance on skates, first steps to gliding, braking and basic turns. Intermediate classes will learn advanced and faster gliding techniques, advanced turns and fun tricks on skates.</p> <p><b>We require all students to wear full safety gear: helmet and protective pads (elbow, wrists, knees).</b></p> <p><b>Students will not be able to participate without the mandatory equipment.</b></p> <p><b>Required gear for roller skating classes:</b>  <b>INLINE SKATES (wheels in single line) or alternatively QUAD ROLLER SKATES</b></p> <p><b>PROTECTIVE GEAR:</b></p> <ul style="list-style-type: none"> <li>• Helmet (cycling helmet is acceptable)</li> <li>• Full set of safety pads: knee, elbow and wrist pads</li> </ul> <p><b>CLOTHING &amp; OTHER:</b></p> <ul style="list-style-type: none"> <li>• General sports clothing, water bottle, and a towel</li> </ul> <p><b>Skates and equipment can be bought in major sports stores.</b></p> <p>Provider: Stryx Sports  Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a>  055 966 7647  055 877 1658  800 STRYX</p>

## INTERNAL

ACTIVITY/COST	GRADE	TIME/LOCATION	DESCRIPTION
<u>Supervised Homework</u> English English/French English/German  <b>FREE</b>	G1 – G5	3:50 PM - 4:50 PM  F14 / F16 / S03	Children are required to come to this ASA with their homework. A teacher will be there to supervise the students and can help on request in English by English teacher, by a French teacher in French and/or in English, by a German teacher in German and/or in English.  Teachers: Isabelle Rochette ( <a href="mailto:isabelle.rochette@sisd.ae">isabelle.rochette@sisd.ae</a> ) Sheila Lucien ( <a href="mailto:sheila.lucien@sisd.ae">sheila.lucien@sisd.ae</a> ) Justine Elamatha ( <a href="mailto:justine.elamatha@sisd.ae">justine.elamatha@sisd.ae</a> )
Italian Language Course  <b>FREE</b>	G1 – G2	3:50 PM - 4:50 PM  F08	This ASA is only for students who are already fluent in Italian. In the G1 – G2 Italian ASA group, reading and writing will be the main activities. We will focus on Orthography (spelling) and the Grammar rules that we need to observe during writing. This will be made both formally but also informally through grammar games, cards and other useful and more relaxed activities. Children will learn how to write under dictation and will create simple texts based on a given model. Italian books for Primary School will be used for this group. We will read age-appropriate materials and discover different type-texts with specific features, answering comprehension questions, as well as making evaluations and inferences on the texts. Participation is requested for both weekly sessions in order to maintain, develop and enhance their knowledge and skills.  Provider: Headway Institute Contact: <a href="mailto:courses@headin.pro">courses@headin.pro</a> ; +97143625313 / 17 / 18 / 19
Student Council  <b>FREE</b>	G1 – G5	3:50 PM - 4:50 PM  G01	<b>On Invitation only!</b>  Classroom presidents elected from each class (Grades 1-5) will attend weekly meetings in order to become more involved in and provide directional input on school affairs. They will bring issues from their classmates and discuss them with the teacher representatives, who will be the link between students and staff and management at SISD.  Teachers: Jennifer Bruntlett ( <a href="mailto:jennifer.bruntlett@sisd.ae">jennifer.bruntlett@sisd.ae</a> ) Neha Qazi ( <a href="mailto:neha.qazi@sisd.ae">neha.qazi@sisd.ae</a> ) Houria Hamoudi ( <a href="mailto:houria.hamoudi@sisd.ae">houria.hamoudi@sisd.ae</a> )
TED Club – Public Speaking  <b>FREE</b>	G3 – G5	3:50 PM - 4:50 PM  S14	The TED club is based on a curriculum provided by the organization behind the TED talks. The students will choose an issue or topic that they are passionate about and then create their own TED-style talk about it. At the end of the ASA semester they will have the opportunity to present their talk to a small audience.  Teachers: Gullrukh Rafiq ( <a href="mailto:gullrukh.rafiq@sisd.ae">gullrukh.rafiq@sisd.ae</a> ) Souad Yesefli ( <a href="mailto:souad.yesefli@sisd.ae">souad.yesefli@sisd.ae</a> )

German Booster Club  <b>FREE</b>	G4 – G5	3:50 PM - 4:50 PM  F09	<b>On Invitation only!</b>  This ASA is especially geared towards students in Grade 5 who could benefit from additional help in German to successfully participate in the Swiss Matura German bilingual stream in MYP. Maximum number of students is 8 (open to Grade 4 if maximum number of students is not reached).  Teacher: Ute Fares ( <a href="mailto:ute.fares@sisd.ae">ute.fares@sisd.ae</a> )
Journal Art & Calligraphy  <b>FREE</b>	G4 – G5	3:50 PM - 4:50 PM  F19	Journal Art: Art Journaling techniques that can be used, replicated and altered to make a variety of pages to suit any style  Calligraphy: In this ASA Students will learn the different alphabets with the pronunciation will be taught. Students will be guided to develop ideas incorporating calligraphy into painting. Within the session, students can either adhere to strict codes of calligraphy or be spontaneous with rhythmic styles indulging in all kinds of fanciful modifications of the forms of words. Various techniques and composition are also taught during the process of the artwork.  Teacher: Nevien Abdelrahman ( <a href="mailto:Nevien.Abdelrahman@sisd.ae">Nevien.Abdelrahman@sisd.ae</a> )
Arabic A (Mother-tongue) Drama Club  <b>FREE</b>	G1 – G5	3:50 PM - 4:50 PM  S07	Prepare students to perform a short Arabic play at the end of the semester  Teachers: Hala Trabolsi ( <a href="mailto:hala.trabolsi@sisd.ae">hala.trabolsi@sisd.ae</a> ) Samaa Alabed ( <a href="mailto:sama.alabed@sisd.ae">sama.alabed@sisd.ae</a> )

### EXTERNAL

ACTIVITY/COST	GRADE	TIME/LOCATION	DESCRIPTION
Russian Language Course  <b>Season 2: AED 1155/ 11 sessions</b>	G1 – G5	3:50 PM - 4:50 PM  F04	We can teach your children how to speak, read and think in Russian properly at our Russian Language classes. Folk stories, fairytales, books by Russian writers and poets will give them wonderful moments during reading classes. Your children will learn how to write essays and dictations which will help them to develop good grammar skills and improve the vocabulary.  Provider: Headway Institute Contact: <a href="mailto:courses@headin.pro">courses@headin.pro</a> ; +97143625313 / 17 / 18 /19

<p>Junior Scientists + Mad Science</p> <p><b>Season 2: AED 924/ 11 sessions</b></p>	<p>G1 – G5</p>	<p>3:50 PM - 4:50 PM</p> <p>F15</p>	<p>This season, our Junior Scientists will enter a different Lab: The Secret Agent Lab! Our students will undergo a special Mad Science training on how to become a certified Mad Science Secret Agent! They will be unlocking mysteries, breaking codes, and solving mock crime scenes. They will be looking up Finger Prints, Foot Prints, and Blood Types. They will check evidences such as clothes, drinks, and handwritings. At the second half, they will also learn about the world of Bugs, the many intricacies of our weather, and the various layers of our Earth! All these and more await our Junior Scientists this season!</p> <p>Provider: Mad Science Contact: <a href="mailto:daryl@madscience.ae">daryl@madscience.ae</a> / 0568872867</p>
<p>Swimming Beginners 2/ Development 1-2</p> <p><b>Season 2: AED 1210 / 11 Sessions</b></p>	<p>G1 – G5</p>	<p>3:50 PM - 4:50 PM</p> <p>Olympic Pool 6-10</p>	<p>This phase is an introductory level to competitive swimming and the development of the four competitive strokes. In order to begin in the development levels of our program, swimmers must be able to swim a minimum of 25 meters’ freestyle/front crawl and backstroke.</p> <p>Provider: Swim Orca Contact: <a href="mailto:lessons@swim-orca.com">lessons@swim-orca.com</a>; 050 798 0769</p>
<p>Hip Hop</p> <p><b>Season 2: AED 1210 / 11 Sessions</b></p>	<p>G1 – G2</p>	<p>3:50 PM - 4:50 PM</p> <p>PreKG Indoor Play Area</p>	<p>This is a high energy and rhythmical class for children who are just starting or beginners. Class consists of a warm up, strength building and coordination exercises. The lessons focus on creating short routines that focus on the basic elements of hip hop to popular music. The kids love it!</p> <p>Provider: Stryx Sports Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a> 055 966 7647 055 877 1658 800 STRYX</p>
<p>Tennis</p> <p><b>Season 2: AED 1210 / 11 Sessions</b></p>	<p>G1 – G2</p>	<p>3:50 PM - 4:50 PM</p> <p>MPC</p>	<p>Kids learn more specific technical strokes and how to rally with their friends. They also learn the concepts of tactics and footwork.</p> <p><b>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</b></p> <p>Provider: Stryx Sports Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a> 055 966 7647 055 877 1658 800 STRYX</p>
<p>Tennis</p> <p><b>Season 2: AED 1210 / 11 Sessions</b></p>	<p>G3 – G5</p>	<p>3:50 PM - 4:50 PM</p> <p>Skylight Room</p>	<p>Kids learn more specific technical strokes and how to rally with their friends. They also learn the concepts of tactics and footwork.</p> <p><b>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</b></p> <p>Provider: Stryx Sports Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a> 055 966 7647 055 877 1658 800 STRYX</p>

<p>Karate</p> <p><b>Season 2: AED 1210 / 11 Sessions</b></p>	<p>G1 – G4</p>	<p>3:50 PM - 4:50 PM</p> <p>AUD Dance Studio</p>	<p>Budo Juku (meaning Martial Arts in Japan) are currently delivering a professional standard of Wado Ryu Karate style to both children and adult across the UAE. Our lessons are conducted in Japanese and all students are registered and affiliated to the official “Wado Ryu Academy”.</p> <p>Karate will make its first appearance as an Olympic sport at the 2020 Summer Olympics in Tokyo, Japan. It will feature two events, Kumite and Kata.</p> <p>Provider: Stryx Sports  Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a>  055 966 7647  055 877 1658  800 STRYX</p>
<p>Basketball</p> <p><b>Season 2: AED 1210 / 11 Sessions</b></p>	<p>G1 – G5</p>	<p>3:50 PM - 4:50 PM</p> <p>Sports Hall 1</p>	<p>We developed after school activities in order to invite youths to participate outside of the traditional school day. The goal of PSSA after school activity program is to provide your child with the opportunity to engage in a positive, active, and fun environment, while also learning and developing basic basketball skills. Here we also search for players to play for their respective school’s basketball teams</p> <p>Provider: Stryx Sports  Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a>  055 966 7647  055 877 1658  800 STRYX</p>
<p>Adventures in Coding</p> <p><b>Season 2: AED 1155/ 11 sessions</b></p>	<p>G1 – G5</p>	<p>3:50 PM - 4:50 PM</p> <p>IT Lab S23</p>	<p>We use popular Visual Programming such as Tynker™ and Scratch from MIT Media Labs to engage and teach students programming concepts. We want our student to have an exciting and engaging experience while learning computer science principles like loops, conditional statements, variables and many others. This course is not just for the aspiring coders, as this will help kids get a great foundation in computational thinking and problem solving required by any profession in the future. Build cool games, design characters, generate music and draw math art - unlock the power of code!</p> <p>Provider: Junkbot Robotics  Contact: Amir, 0527219211; <a href="mailto:info@junkbot.co">info@junkbot.co</a></p>
<p>French Theater</p> <p><b>Season 2: AED 1386/ 11 sessions</b></p>	<p>G1 – G5</p>	<p>3:50 PM - 4:50 PM</p> <p>Auditorium</p>	<p>Come and discover the exciting and fun world of acting and drama with this weekly workshop around drama and improvisation exercises and techniques. Kids will work on their skills, confidence, creativity, body language, team work to unleash their artistic potential! A show/play will be prepared and presented at the end of the year (end of June). Thus, new students can join the class for the 2<sup>nd</sup> season, but will need to commit to the ASA for the 2<sup>nd</sup> and 3<sup>rd</sup> season.</p> <p><b>**The students need to be aware that leaving the group prematurely will handicap the rest of the kids and is not allowed.</b></p> <p>Provider: Culture Emulsion  Contact: 0509058401/<a href="mailto:contact@culture-emulsion.com">contact@culture-emulsion.com</a></p>

<p>Chess</p> <p><b>Season 2: AED 1155/ 11 sessions</b></p>	<p>G1 – G5</p>	<p>3:50 PM - 4:50 PM</p> <p>F18</p>	<p>According to research, test scores improved by 17.3% for students regularly engaged in chess classes, compared with only 4.6% for children participating in other forms of enriched activities" said 4-time World Champion Susan Polgar. Chess Lesson – teaching a particular skill, idea, strategy, move or concept. The focus being on improving Thinking Skills such as Problem Solving, Memory, Critical Thinking, Analysis, Decision Making, Concentration, Visualization, Lateral Thinking, Creative Thinking and more.</p> <p>Provider: Chess Knowledge  Contact: Alexandra 050 5028145,0559484111  <a href="mailto:alexandrachess@yahoo.com">alexandrachess@yahoo.com</a></p>
<p>Wall Climbing</p> <p><b>Season 2: AED 1210 / 11 Sessions</b></p>	<p>G1 – G5</p>	<p>2:30 – 3:30 PM</p> <p>Outdoor Climbing Wall</p>	<p>Rock climbing is a great activity for children from ages 4 and above. Our UK certified climbing coach will ensure your child learns how to climb safely. Climbing is an all-around form of exercise which uses every muscle in the body, and many, many parts of the brain! If you have been worried that your child spends a little too much time with eyes glued to a screen, climbing is a great solution to help them. When they face a climbing wall, all outside influences wash away and leave their head clear and ready for the task at hand. Climbing a wall requires focus and concentration. Children learn very fast that they must pay attention if they want to progress. Climbing is so much fun that children do not even realize that it is exercise! With time, the sport builds body confidence, self-awareness in addition to physical strength.</p> <p><b>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</b></p> <p>Provider: Stryx Sports  Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a>  055 966 7647  055 877 1658  800 STRYX</p>
<p>Rhythmic Gymnastics</p> <p><b>Season 2: AED 1210 / 11 Sessions</b></p>	<p>G1 – G5</p>	<p>3:50 PM - 4:50 PM</p> <p>Sports Hall 2</p>	<p>Rhythmic gymnastics is a sport in which individuals or teams of 5 or more manipulate one or two pieces of apparatus: clubs, hoop, ball, ribbon, rope and freehand (no apparatus). Rhythmic gymnastics is a sport that combines elements of ballet, gymnastics, dance, and apparatus manipulation. The victor is the participant who earns the most points, determined by a panel of judges, for leaps, balances, pirouettes (pivots), apparatus handling, and execution.</p> <p>Provider: Stryx Sports  Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a>  055 966 7647  055 877 1658  800 STRYX</p>



# WEDNESDAY

## INTERNAL

ACTIVITY/COST	GRADE	TIME/LOCATION	DESCRIPTION
Supervised Homework English English/French  <b>FREE</b>	G1 – G5	3:50 PM - 4:50 PM  F02 / S01	Children are required to come to this ASA with their homework. A teacher will be there to supervise the students and can help on request in English by English teacher, by a French teacher in French and/or in English, by a German teacher in German and/or in English.  Teachers: Basma Hamdan ( <a href="mailto:basma.hamdan@sisd.ae">basma.hamdan@sisd.ae</a> ) Jacques Chanteux ( <a href="mailto:jacques.chanteux@sisd.ae">jacques.chanteux@sisd.ae</a> ) Niamh O’Leary ( <a href="mailto:niamh.oleary@sisd.ae">niamh.oleary@sisd.ae</a> )
Arabic B (as foreign language)  <b>FREE</b>	G1 – G5	3:50 PM - 4:50 PM  F05	This is an Arabic Language ASA reserved for children who wish to learn Arabic as a foreign language.  Teacher: Rachida Kadri ( <a href="mailto:rachida.kadri@sisd.ae">rachida.kadri@sisd.ae</a> )
Games Club  <b>FREE</b>	G1 – G3	3:50 PM - 4:50 PM  F13 / F14	The game club is a fun way to learn while having fun. Through board games, the children will learn to understand and respect the rules, they will also develop patience, concentration and managing emotions. The children will have the opportunity to play with classic board games such as Who is it, Uno, Connect 4 ... and learn how to play strategy and collaboration games.  Teachers: Pauline Joseph ( <a href="mailto:pauline.joseph@sisd.ae">pauline.joseph@sisd.ae</a> ) Hadjera Behilil ( <a href="mailto:hadjera.behilil@sisd.ae">hadjera.behilil@sisd.ae</a> )
Italian Language Course  <b>FREE</b>	G2 – G3	3:50 PM - 4:50 PM  F08	This ASA is only for students who are already fluent in Italian. In the G2-G3 ASA, reading and writing will be consolidated through the use of books dedicated to Italian Primary Schools. At this stage children start reading age-appropriated materials demonstrating their understanding of the text through dramatization, discussion, drawing or writing after the exposure to the text. They will write short and simple sentences using the orthographic rules that will be introduced from now on. We will make connection between the text and their personal experiences and work on vocabulary, syntax and morphology. Children will start identifying rhyming words and we will look at some poem, rhyme, song and story from the Italian tradition, especially related to seasons and festivities.  Participation is requested for both weekly sessions in order to maintain, develop and enhance their knowledge and skills.  Provider: Headway Institute Contact: <a href="mailto:courses@headin.pro">courses@headin.pro</a> ; +971 4 3625313 / 17 / 18 /19
French Plus  <b>FREE</b>	G3 – G5	3:50 PM - 4:50 PM  G07	This ASA is designed for English+ French students who would like to deepen their oral and written communicative skills through increased exposure to French. We will work on basic grammar rules, learn new vocabulary and train the listening comprehension while using videos, songs and texts.  Teacher: Nour Al-Salous ( <a href="mailto:Nour.Alsalous@sisd.ae">Nour.Alsalous@sisd.ae</a> )

Sewing/Knitting <b>Equipment Cost: AED 30/Season</b>	G2 – G5	3:50 PM - 4:50 PM  F17	In this knitting and crocheting ASA we will be teaching the basics of knitting and crocheting to the students who attend. It is meant for beginners but if you love to knit and crochet, we will be happy to welcome you in the club. We will learn how to do a chain and a single croche and will move on to crochet and knit little squares. Depending on the ability we might be able to take on some more challenging projects like a scarf, potholder or a cell phone case. We will also have the chance to use a sewing machine and do the sewing-machine-driving license!  Fee for hooks, needles and yarn: 30Dirhams.  Teachers: Barbara Eisenring ( <a href="mailto:barbara.eisenring@sisd.ae">barbara.eisenring@sisd.ae</a> ) Bernadette Lohoff ( <a href="mailto:bernadette.lohoff@sisd.ae">bernadette.lohoff@sisd.ae</a> ) Eman Nazzal ( <a href="mailto:eman.nazzal@sisd.ae">eman.nazzal@sisd.ae</a> )
Creative/Poetry Writing <b>FREE</b>	G3 – G5	3:50 PM - 4:50 PM  F04	Learn to use your words and vocabulary in a creative way. This ASA will help students recognize rhyming words, use free-flow writing to create a story/set a scene, using imagery and symbolism to express a feeling, make connections between their favorite song and poetry, etc.  Teacher: Jamil Martin ( <a href="mailto:jamil.martin@sisd.ae">jamil.martin@sisd.ae</a> )
Arabic A Supervised Homework <b>FREE</b>	G1 – G5	3:50 PM - 4:50 PM  S06	Supervise students while doing their Arabic homework Maximum number: 10 students  Teacher: Nesrin Elkamary ( <a href="mailto:nesrin.elkamary@sisd.ae">nesrin.elkamary@sisd.ae</a> )
German Club <b>FREE</b>	G1 – G3	3:50 PM - 4:50 PM  F03	This ASA wants to improve the children's existing German. To train the communication skills we will create different talking situations for the children. They will expand their vocabulary through fun and games. We will also train the listening comprehension  Teacher: Karin Brosch ( <a href="mailto:Karin.Brosch@sisd.ae">Karin.Brosch@sisd.ae</a> )
German <b>FREE</b>	G4 – G5	3:50 PM - 4:50 PM  F09	This ASA is designed for E/F students who would like to learn a 4th language at beginner level or as a preparation course for those who would once join a Swiss French Matura programme. This ASA is open to English with French students too. Maximum number of students is 10.  Teacher: Astrid Pearson ( <a href="mailto:astrid.pearson@sisd.ae">astrid.pearson@sisd.ae</a> )
<b>EXTERNAL</b>			
<b>ACTIVITY/COST</b>	<b>GRADE</b>	<b>TIME/LOCATION</b>	<b>DESCRIPTION</b>
Swimming Beginners 2/ Development 1-2  <b>Season 2: AED 1100 / 10 Sessions</b>	G1-G5	3:50 PM - 4:50 PM  Olympic Pool 6-10	This phase is an introductory level to competitive swimming and the development of the four competitive strokes. In order to begin in the development levels of our program, swimmers must be able to swim a minimum of 25 meters' freestyle/front crawl and backstroke.  Provider: Swim Orca Contact: <a href="mailto:lessons@swim-orca.com">lessons@swim-orca.com</a> ; 050 798 0769

<p>Tennis</p> <p><b>Season 2: AED 1100 / 10 Sessions</b></p>	<p>G1 – G2</p>	<p>3:50 PM - 4:50 PM</p> <p>MPC</p>	<p>Kids learn more specific technical strokes and how to rally with their friends. They also learn the concepts of tactics and footwork.</p> <p><b>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</b></p> <p>Provider: Stryx Sports  Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a>  055 966 7647  055 877 1658  800 STRYX</p>
<p>Tennis</p> <p><b>Season 2: AED 1100 / 10 Sessions</b></p>	<p>G3 – G5</p>	<p>3:50 PM - 4:50 PM</p> <p>Tennis courts 1,2</p>	<p>Kids learn how to relate technique to tactics. They recognize different situations such as offense and defense and begin using different angles and trajectories.</p> <p><b>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</b></p> <p>Provider: Stryx Sports  Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a>  055 966 7647  055 877 1658  800 STRYX</p>
<p>Chinese (as foreign language)</p> <p><b>Season 2: AED 1000/ 10 sessions</b></p>	<p>G1 – G5</p>	<p>3:50 PM - 4:50 PM</p> <p>S17</p>	<p>We teach Chinese calligraphy, a Chinese style in writing;  We teach Chinese pinyin, the Chinese alphabets;  We teach Chinese pronunciation or enunciation, the Chinese 4 tones;  We teach Chinese traditional art, such as paper folding, paint blowing;  We introduce Chinese culture, tradition, and history such as the use of chopsticks, traditional stories for kids.</p> <p>Provider: THINK FIRST LEARNING CENTER  Contact persons: Jenny / Cheryl  Contact: <a href="mailto:info@thinkfirstdubai.com">info@thinkfirstdubai.com</a>  / 04-55-77-130 / 04-277-5980</p>
<p>Intelligent Robotics with Coding</p> <p><b>Season 2: AED 1050/ 10 sessions</b></p>	<p>G3 – G5</p>	<p>3:50 PM - 4:50 PM</p> <p>IT Lab S23</p>	<p>Students will learn basic programming by building a robot and creating programs to control the robot. Visual Programming software is used to show children computer science principles. Students will experiment with reading data from the robot sensors and develop programs to control robot action and activation of lights, motors, buzzer, line tracker, etc.</p> <p>Provider: Junkbot Robotics  Contact: Amir, 0527219211; <a href="mailto:info@junkbot.co">info@junkbot.co</a></p>

<p>Karate</p> <p><b>Season 2: AED 1100 / 10 Sessions</b></p>	<p>G3 – G5</p>	<p>3:50 PM - 4:50 PM</p> <p>AUD Dance Studio</p>	<p>Budo Juku (meaning Martial Arts in Japan) are currently delivering a professional standard of Wado Ryu Karate style to both children and adult across the UAE. Our lessons are conducted in Japanese and all students are registered and affiliated to the official “Wado Ryu Academy”.</p> <p>Karate will make its first appearance as an Olympic sport at the 2020 Summer Olympics in Tokyo, Japan. It will feature two events, Kumite and Kata.</p> <p>Provider: Stryx Sports  Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a>  055 966 7647  055 877 1658  800 STRYX</p>
<p>Rhythmic Gymnastics</p> <p><b>Season 2: AED 1100 / 10 Sessions</b></p>	<p>G1 – G5</p>	<p>3:50 PM - 4:50 PM</p> <p>Sports Hall 2</p>	<p>Rhythmic gymnastics is a sport in which individuals or teams of 5 or more manipulate one or two pieces of apparatus: clubs, hoop, ball, ribbon, rope and freehand (no apparatus). Rhythmic gymnastics is a sport that combines elements of ballet, gymnastics, dance, and apparatus manipulation. The victor is the participant who earns the most points, determined by a panel of judges, for leaps, balances, pirouettes (pivots), apparatus handling, and execution.</p> <p>Provider: Stryx Sports  Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a>  055 966 7647  055 877 1658  800 STRYX</p>
<p>Roller Skating</p> <p><b>Season 2: AED 1100 / 10 Sessions</b></p>	<p>G1 – G5</p>	<p>3:50 PM - 4:50 PM</p> <p>Skylight Room</p>	<p>Inline roller skating is a fun and exciting sport for kids of all ages. It helps children develop agility, stability and balance. It is a great workout and improves overall physical fitness and helps build leg and core body muscles. Beginner classes will learn the basics of skating: how to balance on skates, first steps to gliding, braking and basic turns. Intermediate classes will learn advanced and faster gliding techniques, advanced turns and fun tricks on skates.</p> <p>We require all students to wear full safety gear: helmet and protective pads (elbow, wrists, knees).</p> <p>Students will not be able to participate without the mandatory equipment.</p> <p>Required gear for roller skating classes:  <b>INLINE SKATES</b> (wheels in single line) or alternatively <b>QUAD ROLLER SKATES</b></p> <p><b>PROTECTIVE GEAR:</b></p> <ul style="list-style-type: none"> <li>• Helmet (cycling helmet is acceptable)</li> <li>• Full set of safety pads: knee, elbow and wrist pads</li> </ul> <p><b>CLOTHING &amp; OTHER:</b></p> <ul style="list-style-type: none"> <li>• General sports clothing, water bottle, and a towel</li> </ul> <p>Skates and equipment can be bought in major sports stores.</p> <p>Provider: Stryx Sports  Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a>  055 966 7647  055 877 1658  800 STRYX</p>

<p>Rugby</p> <p><b>Season 2: AED 1100 / 10 Sessions</b></p>	<p>G1 – G5</p>	<p>3:50 PM - 4:50 PM</p> <p>Football Field 3,4</p>	<p>From Grassroots to competitive squads, Barrelhouse Rugby in partnership with Stryx Sports is your leader in rugby coaching here in the UAE. We bring our core values such as respect, honour, discipline and sportsmanship into a fun, active, inclusive and progressive rugby season. Expect your child to come home with stories of glory and excitement, right until their heads hit the pillow.</p> <p>For more information about our syllabus and competitive squads, please go on <a href="http://www.barrelhouserugby.club">www.barrelhouserugby.club</a></p> <p><b>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</b></p> <p>Provider: Stryx Sports  Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a>  055 966 7647  055 877 1658  800 STRYX</p>
<p>Spanish (mother-tongue)</p> <p><b>Season 2: AED 1050/ 10 sessions</b></p>	<p>G1 – G5</p>	<p>3:50 PM - 4:50 PM</p> <p>F04</p>	<p>We can teach your children how to speak, read and think in Spanish properly at our Spanish Language classes. Folk stories, fairytales, books by Spanish writers and poets will give them wonderful moments during reading classes. Your children will learn how to write essays and dictations which will help them to develop good grammar skills and improve the vocabulary.</p> <p>Provider: Headway Institute  Contact: <a href="mailto:courses@headin.pro">courses@headin.pro</a>; +97143625313 / 17 / 18 / 19</p>

## THURSDAY (Early Release)

INTERNAL			
ACTIVITY/COST	GRADE	TIME/LOCATION	DESCRIPTION
Italian Language Course  <b>FREE</b>	G1 – G2	2:30 – 3:30 PM  F08	<p>This ASA is only for students who are already fluent in Italian. In the G1 – G2 Italian ASA group, reading and writing will be the main activities. We will focus on Orthography (spelling) and the Grammar rules that we need to observe during writing. This will be made both formally but also informally through grammar games, cards and other useful and more relaxed activities. Children will learn how to write under dictation and will create simple texts based on a given model. Italian books for Primary School will be used for this group. We will read age-appropriate materials and discover different type-texts with specific features, answering comprehension questions, as well as making evaluations and inferences on the texts. Participation is requested for both weekly sessions in order to maintain, develop and enhance their knowledge and skills.</p> <p>Provider: Headway Institute            Contact: <a href="mailto:courses@headin.pro">courses@headin.pro</a>; +97143625313 / 17 / 18 /19</p>
EXTERNAL			
ACTIVITY/COST	GRADE	TIME/LOCATION	DESCRIPTION
Junior Scientists + Mad Science  <b>Season 1: AED 756/ 9 sessions</b>	G1 – G5	2:30 – 3:30 PM  F07 / F15	<p>This season, our Junior Scientists will enter a different Lab: The Secret Agent Lab! Our students will undergo a special Mad Science training on how to become a certified Mad Science Secret Agent! They will be unlocking mysteries, breaking codes, and solving mock crime scenes. They will be looking up Finger Prints, Foot Prints, and Blood Types. They will check evidences such as clothes, drinks, and handwritings. At the second half, they will also learn about the world of Bugs, the many intricacies of our weather, and the various layers of our Earth! All these and more await our Junior Scientists this season!</p> <p>Provider: Mad Science            Contact: <a href="mailto:daryl@madscience.ae">daryl@madscience.ae</a> / 0568872867</p>
Spanish (as foreign language)  <b>Season 2: AED 945/ 9 sessions</b>	G1 – G5	2:30 – 3:30 PM  F03	<p>We can teach your children how to speak, read and think in Spanish properly at our Spanish Language classes. Folk stories, fairytales, books by Spanish writers and poets will give them wonderful moments during reading classes. Your children will learn how to write essays and dictations which will help them to develop good grammar skills and improve the vocabulary.</p> <p>Provider: Headway Institute            Contact: <a href="mailto:courses@headin.pro">courses@headin.pro</a>; +97143625313 / 17 / 18 /19</p>
Judo  <b>Season 2: AED 990 / 9 Sessions</b>	G1 – G5	2:30 – 3:30 PM  AUD Dance Studio	<p>Judo was founded by Jigoro Kano from Japan in 1882.</p> <p>Judo is an Olympic sport and made its first appearance for men at the 1964 Tokyo Games with the female event being introduced a little later at the 1992 Barcelona Games.</p> <p>Judo focuses on a lot of grappling techniques and came from Ju-jitsu.</p> <p>Provider: Stryx Sports            Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a>            055 966 7647            055 877 1658            800 STRYX</p>

<p>Basketball</p> <p><b>Season 2: AED 990 / 9 Sessions</b></p>	<p>G1 – G5</p>	<p>2:30 – 3:30 PM</p> <p>Sports Hall 1 / Skylight Room</p>	<p>We developed after school activities in order to invite youths to participate outside of the traditional school day. The goal of PSSA after school activity program is to provide your child with the opportunity to engage in a positive, active, and fun environment, while also learning and developing basic basketball skills. Here we also search for players to play for their respective school's basketball teams.</p> <p><b>**Please note that the location will alternate every other week between Sports Hall 1 and the Skylight Room. Please do consider this before signing up.</b></p> <p>Provider: Stryx Sports Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a> 055 966 7647 055 877 1658 800 STRYX</p>
<p>Tennis</p> <p><b>Season 2: AED 990 / 9 Sessions</b></p>	<p>G1 – G2</p>	<p>2:30 – 3:30 PM</p> <p>Tennis Courts 1,2</p>	<p>Kids learn more specific technical strokes and how to rally with their friends. They also learn the concepts of tactics and footwork. Kids learn how to relate technique to tactics. They recognize different situations such as offense and defense and begin using different angles and trajectories.</p> <p><b>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</b></p> <p>Provider: Stryx Sports Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a> 055 966 7647 055 877 1658 800 STRYX</p>
<p>Tennis</p> <p><b>Season 2: AED 990 / 9 Sessions</b></p>	<p>G3 – G5</p>	<p>2:30 – 3:30 PM</p> <p>Tennis Courts 1,2</p>	<p>Kids learn more specific technical strokes and how to rally with their friends. They also learn the concepts of tactics and footwork. Kids learn how to relate technique to tactics. They recognize different situations such as offense and defense and begin using different angles and trajectories.</p> <p><b>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</b></p> <p>Provider: Stryx Sports Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a> 055 966 7647 055 877 1658 800 STRYX</p>

<p>Athletics</p> <p><b>Season 2: AED 1100 / 10 Sessions</b></p>	<p>G1 – G5</p>	<p>3:50 PM - 4:50 PM</p> <p>Track</p>	<p>These classes are aimed to work on running techniques and speed. We provide special running drills, teaching how to stretch before and after exercises, focusing on running strength training. Introducing run speed intervals and work on stamina and learning how to recover properly.</p> <p><b>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</b></p> <p>Provider: Stryx Sports  Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a>  055 966 7647  055 877 1658  800 STRYX</p>
<p>Barça Football</p> <p><b>Season 2: AED 990 / 9 Sessions</b></p>	<p>G1-G5</p>	<p>2:30 – 3:30 PM</p> <p>Football Field 3,4</p>	<p>At Barça Academy Dubai, we pride ourselves on giving an opportunity to children of all abilities and both genders aged between 4-16 years old to receive a professional training in Dubai. Based on the official FC Barcelona curriculum, developing young players’ technical skills and passion for the game. Ensuring the player performs the best they possibly can. Our FC Barcelona accredited and certified coaches have been flown in from Barcelona to teach the children to play football the same structure as FC Barcelona that has become synonymous with victory. Sessions are dedicated to teaching the children the unique FC Barcelona techniques, skills and implementing matches. This allows our players to put their new skills into practice when participating in many local and international tournaments throughout the year, as we believe that the exposure to competitive situations greatly helps in the players’ development.</p> <p>Admission fee options:  1) AED 160 for the year, with T-shirt (VAT inc)  2) AED 300 for the year, with socks, T-shirt, and shorts (VAT inc)</p> <p><b>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</b></p> <p>Provider: Stryx Sports  Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a>  055 966 7647  055 877 1658  800 STRYX</p>



<p>Wall Climbing</p> <p><b>Season 2: AED 990 / 9 Sessions</b></p>	<p>G1-G5</p>	<p>2:30 – 3:30 PM</p> <p>Outdoor Climbing Wall</p>	<p>Rock climbing is a great activity for children from ages 4 and above. Our UK certified climbing coach will ensure your child learns how to climb safely. Climbing is an all-around form of exercise which uses every muscle in the body, and many, many parts of the brain! If you have been worried that your child spends a little too much time with eyes glued to a screen, climbing is a great solution to help them. When they face a climbing wall, all outside influences wash away and leave their head clear and ready for the task at hand. Climbing a wall requires focus and concentration. Children learn very fast that they must pay attention if they want to progress. Climbing is so much fun that children do not even realize that it is exercise! With time, the sport builds body confidence, self-awareness in addition to physical strength.</p> <p><b>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</b></p> <p>Provider: Stryx Sports  Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a>  055 966 7647  055 877 1658  800 STRYX</p>
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## MONDAYS & THURSDAYS

### PRIVATE/GROUP CLASS (EXTERNAL)

ACTIVITY/COST	GRADE	TIME/LOCATION	DESCRIPTION
PIANO  <b>GROUP CLASS:</b> <b>AED 189/HOUR</b>   <b>PRIVATE CLASS:</b> <b>AED 147/30 MINUTES</b>  <b>AED 294/HOUR</b>	G1-G5	3:50 PM - 4:50 PM Monday  2:30 PM – 3:30 PM Thursday  5:00 PM Monday  Please discuss Thursday private class timings with provider	SISD Music Club is offering an amazing opportunity to G1-G5 students to enjoy fun and efficient piano classes in small groups or privately. Exciting program and super enthusiastic teachers will make the experience of learning piano playing unforgettable for your children! Our piano recitals and exam preparation opportunities (for private students) will make our journey together even more motivating.  Teacher: Vitali Mihailiuc Contact details: <a href="mailto:sisdmusicclub@gmail.com">sisdmusicclub@gmail.com</a> , +971554827542, <a href="http://www.emusiceducation.org">www.emusiceducation.org</a>