

# The Red and Silver

*I-bex you'll love it!*

## Editorial

Music. The best element of life. It's diverse, it suits all, it's an old art passed out through generations and generations. Don't you ever think how incredible it is that we were able to find Mozart's pieces, Bach's sonatas, Beethoven's melodies, etc, when most of them were from the 18th century? Music has an effect on all of us, whether we like it or not. When you hear a sad song, you are prone to suddenly be rather sad yourself, but a happy song can make you dance and jump with glee. Music is fascinating. How can a simple arrangement of sounds create such a response in our brain? Simple: "When we listen to music, multiple areas of the brain are activated including those associated with movement, planning, attention and memory. It changes our brain chemistry as well." ([source](#))

## Sports News

### **U16 basketball boys**

**[Season ended]**

### **U16 football boys**

**[Season ended]**



## Why is feminism needed?

*"If you believe in equality, you're a feminist, sorry to tell you."*

*[Emma Watson]*

Contrary to popular belief, feminism is *not* about putting women above men, but rather about placing us all in the same category, all equals. That includes all humans, because women's rights are human rights. It includes people of any background, any nationality, any gender, with any disability etc. Unfortunately, some people don't seem to actually understand that, and feel like feminism is trying to belittle men (toxic masculinity much?), therefore making me retreat into the comforting world of books and knowledge to prove that sexism is still very much a thing.

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## Important events

03/02: Wellness week

## Sit back, get smart

Rosa Parks:  
Rosa Louise McCauley Parks was an American activist in the civil rights movement best known for her pivotal role in the Montgomery Bus Boycott. The United States Congress has called her "the first lady of civil rights" and "the mother of the freedom movement". Born the 4th of February 1913 and died the 24th of October (age 92), was one of the most influential people in the history of racism. Rosa Parks invigorated the struggle for racial equality when she refused to give up her bus seat to a white man in Montgomery, Alabama. Parks' arrest on December 1, 1955 launched the Montgomery Bus Boycott by 17,000 black citizens.

Sexism is not only displayed in normal, everyday lives, but also in jobs, politics etc. Unsurprisingly, it starts with kids. Parents usually educate their daughters and sons different ways. According to the book “sexism in politics” by Duchess Harris, “At age seven, equal amounts of girls and boys aspire to be president. But by age 15, far fewer girls than boys feel that way [...] parents are more likely to encourage boys than girls to consider a career in politics. [...] girls are less likely than boys to be encouraged to run for office by others.” And why is that? Education. We are raised from the beginning to like “girly” things, like horses, princesses, pink etc, whilst boys play with toy cars, dinosaurs, blue etc. Thankfully, it’s starting to change. For example, actresses Megan Fox, Zoe Saldana and even Angelina Jolie have proved countless times that they just don’t care about gender clothes and let their sons wear whatever they want, which is a big step towards the future. In the book “Feminism: reinventing the f-word” by Nadia Abushanab Higgins, it is said to have been four generations of feminism since it started, and our generation is the most active. With the help of the internet, it is so much easier to reach people all around the world! It also is much easier for people to debate and learn new things every day. Still, that doesn’t change the facts: We are still extremely far from perfect equality. Here is what a few teachers think of feminism:

## Interview

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Do you think equality between men and women is necessary

**Ms Jardine:** Of course!!

**Mr Wessel:** Of course, yes, more than necessary! Whether it be academically, athletically or else, men and women make each other better, but gender is beside the point when it comes to gender.

(For women) Have you ever experienced that

**Ms Jardine:** Every woman has experienced some kind of inequality, wether it be in salaries, being passed over for a promotion, catcalls...

(for men) DO you believe in feminism

**Mr Wessel:** I do, because while there may be some people who complain that women are trying to be above men, it’s still necessary to fight because equality hasn’t been reached yet, we have come a long way, but we’re not quite there yet.

What does the word feminism mean to you?

**Ms Jardine:** Belief in equality of the sexes.

**Mr Wessel:** Feminism is a movement that seeks to not just bring equality but to debunk myths and misunderstandings etc.

## Movie of the month

### **Jurassic Park**

Universal Studios, 1993

*"Life will not be contained. Life breaks free. Life finds a way."*

#### **Resume:**

The year is 1993. Scientists have finally found a way to bring dinosaurs back to life. What are they going to do? Open a theme park, of course. Before opening it, two well known archeologists are called upon to visit the island where the park is, and assess it. All of it takes a turn for the worse when all hell breaks loose. What will happen to the poor experts? Will they survive?

#### **Why we chose it:**

Jurassic Park is a classic in cinematic history. Everyone knows what Jurassic Park is. Now that the fifth installment in the franchise came out, the series is being quite hyped. Is it Chris Pratt that's making people watch the newest movie? Or is it 90s Jeff Goldblum that makes everyone want to rewatch the originals? Whatever the reason, it's still a very good critically acclaimed movie, that earned a few Academy awards.

## Wellness week

### February 3rd to 7th

Wellness week is a week from the 3rd of February until the 7th of February full of fun activities centered around the wellbeing of the students and teachers in the SISD community. During this week we will have the skipathon on Sunday the 3rd from 9:30 am until 10:30 am, Wellness Walk on Monday the 4th of February from 8:20 am to 9:00 am, and sports day on the 5th of February from 8:30 am until 15:35 pm. Throughout the week we will have meditation sessions planned for each grade. During this week the student council and Ms. Theres collaborated in order to have fun activities during break and lunch time almost every day. We are also going to have a Wellbeing Box stationed at the reception so students can put in anonymous notes, short stories, etc... and last but not least we will be selling DateGrams, which are basically dates that you can send to your friend/best friend, to show them that you appreciate them and value your friendship. Council members will be selling them before and after school during wellness week and the members will deliver them on Thursday during reading time.

Mouna Hasan

## Book of the month

### **Turtles all the way down**

John Green, 2017

*"Your now is not your forever"*

#### **Resume:**

Sixteen-year-old Aza never intended to pursue the mystery of fugitive billionaire Russell Pickett, but there's a hundred-thousand-dollar reward at stake and her Best and Most Fearless Friend, Daisy, is eager to investigate. So together, they navigate the short distance and broad divides that separate them from Russell Pickett's son, Davis. Aza is trying. She is trying to be a good daughter, a good friend, a good student, and maybe even a good detective, while also living within the ever-tightening spiral of her own thoughts

#### **Why we chose it:**

We chose it because this book is written in a simplicity so beautiful it pulls the reader deep inside so that they feel every single turn and plot twist tug at their emotions.

# Riddles

**(find the answers in next month's issue)**

Last month's answer:

1. *The living room*
2. *because it always lets you down*
3. *A stamp*

What type of lion never roars?
What do you call a famous lobster
Why couldn't you hear the pterodactyl go to the bathroom?



<https://garfield.com/comic/1993/05/19>