

RAMADAN SECONDARY YEARS ASAs Schedule, Descriptions & Details

EXTERNAL ASAs (Paid)

External after-school activities are **offered on SISD campus** by **external providers**, whose fees vary for each ASA.

On a general note when registering with an external ASA provider, parents are entering into a direct agreement with the provider and not SISD. We therefore expect any issues to be resolved directly between the parents and the provider. However, SISD do appreciate and welcome feedback on what is happening so that we can ensure all matters are dealt with promptly and that our providers are providing good and quality service to our students/families.

Students can participate in as many **EXTERNAL ASAs** as they wish.

Registration is done directly with **each provider** by phone and by e-mail at any time or during the Expos **where the providers will be present on SISD campus**.

Registration is on a first come, first served basis and places are reserved by the external providers only once they have received full payment.

**ASA WEEKLY SCHEDULE
RAMADAN
2018 - 2019**

**SECONDARY YEARS PROGRAM
G6 - G11**

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
13:50 - 14:50	Barça Football Stryx G6 - G11 Sports Hall 2	Russian Language Course (mother-tongue) Headway Institute G6 - G11 MY Building 110	Swimming Beginners 2/ Development 1-2 SPEEDO G6 - G11 Olympic Pool 6-10	Swimming Beginners 2/ Development 1-2 SPEEDO G6 - G11 Olympic Pool 6-10	Russian Language Course (as foreign language) Headway Institute G6 - G11 MY Building 110
	Parkour Stryx G6 - G11 Activity Room 1	Tennis Stryx G6 - G11 Sports Hall 2	Chess Chess Knowledge G6 - G11 My Building 106	Chinese (as foreign language) Think First Learning Center G6 - G11 MY Building 110	Swimming Beginners 2/ Development 1-2 SPEEDO G6 - G11 Olympic Pool 6-10
		Roller Skating Stryx G6 - 11 Skylight Room	Italian Language Course Headway Institute G6 - G11 MY Building 110	Teen Group Coaching Challenge Network G9 - G11 MY Building 211	Spanish (as foreign language) Headway Institute G6 - G11 MY Building 108
		Teen Group Coaching Challenge Network G6 - G8 MY Building 211			
	Piano (Private/Group) Exclusive Music Education Please contact provider directly to arrange for class venue/timing/date				

Internal ASA Teacher Grades Classroom / Location	External ASA External Provider Grades Classroom / Location
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SUNDAY

EXTERNAL

ACTIVITY/COST	GRADE	TIME/LOCATION	DESCRIPTION
Barça Football Ramadan: AED 550 / 5 Sessions	G6 – G11	1:50 PM – 2:50 PM Sports Hall 2	<p>At Barça Academy Dubai, we pride ourselves on giving an opportunity to children of all abilities and both genders aged between 4-16 years old to receive a professional training in Dubai. Based on the official FC Barcelona curriculum, developing young players' technical skills and passion for the game. Ensuring the player performs the best they possibly can. Our FC Barcelona accredited and certified coaches have been flown in from Barcelona to teach the children to play football the same structure as FC Barcelona, that has become synonymous with victory. Sessions are dedicated to teaching the children the unique FC Barcelona techniques, skills and implementing matches. This allows our players to put their new skills into practice when participating in many local and international tournaments throughout the year, as we believe that the exposure to competitive situations greatly helps in the players' development.</p> <p>Admission fee options: 1) AED 160 for the year, with T-shirt (VAT inc) 2) AED 300 for the year, with socks, T-shirt, and shorts (VAT inc)</p> <p>**Please keep in mind that this activity will be held INDOORS for the whole season.</p> <p>Provider: Stryx Sports Contact: asa@stryxsports.com 052 832 8761 055 877 1658 800 STRYX</p>
Parkour Ramadan: AED 550 / 5 Sessions	G6 – G11	1:50 PM – 2:50 PM Activity Room 1	<p>Parkour DXB: the home of Parkour in the UAE. Our differentiated extracurricular programs offer an alternative to traditional sports. Younger kids love to learn and play! We teach children the fundamentals of movement by exploring movement in a fun and engaging way. Skills include balancing, rolling, climbing, jumping and more. For older pupils, Parkour offers a holistic and engaging approach to movement training that encourages a strong body and a focused mind. Learn the basics of Parkour, challenge yourself and improve your fitness levels in a safe, but exciting environment</p> <p>Provider: Stryx Sports Contact: asa@stryxsports.com 052 832 8761 055 877 1658 800 STRYX</p>

MONDAY

EXTERNAL

ACTIVITY/COST	GRADE	TIME/LOCATION	DESCRIPTION
Russian Language Course (mother-tongue) Ramadan: AED 525 / 5 Sessions	G6 – G11	1:50 PM – 2:50 PM MY Building 110	The course is aimed at children who are fluent in Russian. Classes are built on the classical methodology of teaching the language, the relevant educational standards of the Russian Federation. Training is conducted on the basis of Russian school textbooks, as well as works of Russian classics. Provider: Headway Institute Contact: courses@headin.pro ; +97143625313 / 17 / 18 / 19
Tennis Ramadan: AED 550 / 5 Sessions	G6 – G11	1:50 PM – 2:50 PM Sports Hall 2	Kids develop a wide range of strategies in order to have their own style of play. They now play in normal conditions and build a complete game as a tennis player. **Please keep in mind that this activity will be held INDOORS for the whole season. Provider: Stryx Sports Contact: asa@stryxsports.com 052 832 8761 055 877 1658 800 STRYX
Roller Skating Ramadan: AED 550 / 5 Sessions	G6 – G11	1:50 PM – 2:50 PM Skylight Room	Inline roller skating is a fun and exciting sport for kids of all ages. It helps children develop agility, stability and balance. It is a great workout and improves overall physical fitness and helps build leg and core body muscles. Beginner classes will learn the basics of skating: how to balance on skates, first steps to gliding, braking and basic turns. Intermediate classes will learn advanced and faster gliding techniques, advanced turns and fun tricks on skates. We require all students to wear full safety gear: helmet and protective pads (elbow, wrists, knees). Students will not be able to participate without the mandatory equipment. Required gear for roller skating classes: INLINE SKATES (wheels in single line) or alternatively QUAD ROLLER SKATES PROTECTIVE GEAR: <ul style="list-style-type: none"> • Helmet (cycling helmet is acceptable) • Full set of safety pads: knee, elbow and wrist pads CLOTHING & OTHER: <ul style="list-style-type: none"> • General sports clothing, water bottle, and a towel Skates and equipment can be bought in major sports stores. Provider: Stryx Sports Contact: asa@stryxsports.com 052 832 8761 055 877 1658 800 STRYX

<p>Teen Group Coaching</p> <p>Ramadan: AED 630 / 5 Sessions</p>	<p>G6 – G8</p>	<p>1:50 PM – 2:50 PM</p> <p>MY Building 211</p>	<p>This teen coaching program is based on The Academic Life Coaching (ALC) program. It is about identifying what the student really wants in life as well as in school, learning how to better face challenges and deal with relationships. This program applies concepts of positive psychology and neuroscience to focus on topics such as Emotional Quotient, Motivation, Academic Learning and Mindfulness. It's a powerful tool for students and teens to be more successful in their studies and to help ensure that you are living the life you want to live.</p> <p>Provider: Challenge Network Contact: gulf@challengenetwork.it; 056 2643848</p>
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EXTERNAL

ACTIVITY/COST	GRADE	TIME/LOCATION	DESCRIPTION
Swimming Beginners 2/ Development 1-2 Ramadan: AED 440 / 4 Sessions	G6 – G11	1:50 PM – 2:50 PM Olympic Pool 6-10	This phase is an introductory level to competitive swimming and the development of the four competitive strokes. In order to begin in the development levels of our program, swimmers must be able to swim a minimum of 25 meters' freestyle/front crawl and backstroke. Provider: SPEEDO Contact: asa@stryxsports.com 052 832 8761 055 877 1658 800STRYX
Chess Ramadan: AED 420 / 4 Sessions	G6 – G11	1:50 PM – 2:50 PM MY Building 106	According to research, test scores improved by 17.3% for students regularly engaged in chess classes, compared with only 4.6% for children participating in other forms of enriched activities" said 4-time World Champion Susan Polgar. Chess Lesson – teaching a particular skill, idea, strategy, move or concept. The focus being on improving Thinking Skills such as Problem Solving, Memory, Critical Thinking, Analysis, Decision Making, Concentration, Visualization, Lateral Thinking, Creative Thinking and more. Provider: Chess Knowledge Contact: Alexandra 050 5028145,0559484111 alexandrachess@yahoo.com
Italian Language Course Ramadan: AED 420 / 4 Sessions	G6 – G11	1:50 PM – 2:50 PM MY Building 110	The course would be aimed at those students who do not have any Italian background and would like to learn a new language. Provider: Headway Institute Contact: courses@headin.pro ; +97143625313 / 17 / 18 /19

WEDNESDAY

EXTERNAL

ACTIVITY/COST	GRADE	TIME/LOCATION	DESCRIPTION
Swimming Beginners 2/ Development 1-2 Ramadan: AED 440 / 4 Sessions	G6 – G11	1:50 PM – 2:50 PM Olympic Pool 6-10	This phase is an introductory level to competitive swimming and the development of the four competitive strokes. In order to begin in the development levels of our program, swimmers must be able to swim a minimum of 25 meters' freestyle/front crawl and backstroke. Provider: SPEEDO Contact: asa@stryxsports.com 052 832 8761 055 877 1658 800 STRYX
Chinese (as foreign language) Ramadan: AED 420 / 4 Sessions	G6 – G11	1:50 PM – 2:50 PM MY Building 110	We teach Chinese calligraphy, a Chinese style in writing; We teach Chinese pinyin, the Chinese alphabets; We teach Chinese pronunciation or enunciation, the Chinese 4 tones; We teach Chinese traditional art, such as paper folding, paint blowing; We introduce Chinese culture, tradition, and history such as the use of chopsticks, traditional stories for kids. Provider: THINK FIRST LEARNING CENTER Contact persons: Jenny / Cheryl Contact: info@thinkfirstdubai.com / 04-55-77-130 / 04-277-5980
Teen Group Coaching Ramadan: AED 504 / 4 Sessions	G9 – G11	1:50 PM – 2:50 PM MY Building 211	This teen coaching program is based on The Academic Life Coaching (ALC) program. It is about identifying what the student really wants in life as well as in school, learning how to better face challenges and deal with relationships. This program applies concepts of positive psychology and neuroscience to focus on topics such as Emotional Quotient, Motivation, Academic Learning and Mindfulness. It's a powerful tool for students and teens to be more successful in their studies and to help ensure that you are living the life you want to live. Provider: Challenge Network Contact: gulf@challengenetwork.it ; 056 2643848

THURSDAY

EXTERNAL			
ACTIVITY/COST	GRADE	TIME/LOCATION	DESCRIPTION
Russian Language Course (as foreign language) Ramadan: AED 315 / 3 Sessions	G6 – G11	1:50 PM – 2:50 PM My Building 110	<p>There are two variations of the programme. The first one is for bilingual children who do not speak Russian. The main goal of the course is to develop the child's speech and increase his vocabulary. The second one is for children who do not understand Russian, need to start from scratch. Training starts from the very basics here. Both courses are conducted mostly in English.</p> <p>Provider: Headway Institute Contact: courses@headin.pro; +97143625313 / 17 / 18 19</p>
Swimming Beginners 2/ Development 1-2 Ramadan: AED 330 / 3 Sessions	G6 – G11	1:50 PM – 2:50 PM Olympic Pool 6-10	<p>This phase is an introductory level to competitive swimming and the development of the four competitive strokes. In order to begin in the development levels of our program, swimmers must be able to swim a minimum of 25 meters' freestyle/front crawl and backstroke.</p> <p>Provider: SPEEDO Contact: asa@stryxsports.com 052 832 8761 055 877 1658 800 STRYX</p>
Spanish (as foreign language) Ramadan: AED 315 / 3 Sessions	G6 – G11	1:50 PM – 2:50 PM My Building 108	<p>We can teach your children how to speak, read and think in Spanish properly at our Spanish Language classes. Folk stories, fairytales, books by Spanish writers and poets will give them wonderful moments during reading classes. Your children will learn how to write essays and dictations which will help them to develop good grammar skills and improve the vocabulary.</p> <p>Provider: Headway Institute Contact: courses@headin.pro; +97143625313 / 17 / 18 19</p>

MONDAYS & THURSDAYS

PRIVATE/GROUP CLASSES (EXTERNAL)			
ACTIVITY/COST	GRADE	TIME/LOCATION	DESCRIPTION
PIANO PRIVATE CLASS: AED 147/30 MINUTES AED 294/HOUR	G6 – G11	Discussed directly with provider	SISD Music Club is offering an amazing opportunity to G6-G11 students to enjoy private piano lessons with the highly acclaimed piano instructors. Our piano recitals and exam preparation opportunities will make our journey together even more motivating. Teacher: Vitali Mihailiuc Contact details: sisdmusicclub@gmail.com , +971554827542, www.emusiceducation.org