



**ASA & TEAMS WEEKLY SCHEDULE
SEASON 1
2019 - 2020**

**PRIMARY YEARS PROGRAM
G1 - G5**

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
15:45 - 16:45	Supervised Homework in: English - Maeve, F15 French/English - Isabelle, S16 German/English - Justine / Sandra, S17 G1 - G5	Athletics Stryx G1 - G5 Outdoor Track	Chess Chess Knowledge G1 - G5 F18	Supervised Homework in: English - Laura, F22 French/English - Amina, F07 German/English - Bernadette, S17 G1 - G5	Supervised Homework in: English - Jamil, F04 French/English - Sheila, F14 German/English - Farah, F17 G1 - G5
	Arabic A (as mother-tongue) Support William G1 - G5 F01	Ballet Stryx G1 - G5 SPO Dance Studio	French Theatre Culture Emulsion G2 - G5 Auditorium / AUD Black Box	Arab Reading Challenge Basma G1 - G5 F02	Arabic A & B Play Dancing Nagiba + Samaa G3- G5 F01
	Arabic B (as foreign language) Support Rachida G1 - G5 F02	Basketball Stryx G1 - G5 Sports Hall 2	Hip Hop Stryx G1 - G2 AUD Dance Studio	French Club Nathalie + Nour G1 - G2 F06	Arabic A Play Acting Hadeel + Maria G3- G5 F02
	Arts and Crafts G1 - G2: Niamh + Nevien, F19 G3 - G5: Troy + Aneka, S21	Barça Football Stryx G1 - G5 Football Field 3	Junior Scientists + Mad Science G1 - G5 F15	French DELF Prim Exam Prep Hadjera + Soraya + Patricia G3 - G5 S16	Creative / Poetry Writing Sergine G3 - G5 F24
	English Reading Club G1 - G2: Sarah G3 - G5: Elif EY Library / PY Library	Chess Chess Knowledge G1 - G5 F18	Piano (Private/Group) Exclusive Music Education G1 - G5 Music Room 226	Friends Resilience Neha G1 - G5 S09	TED Club - Public Speaking Zerrin + Souad G3 - G5 F21
	French Booster (E/F Bilingual only) Younes G4 - G5 S25	Code-A-Bot Stryx G1 - G2 F14	Rhythmic Gymnastics (Girls) Stryx G1 - G5 Activity Room 1	Games Club Pauline + Azal G1 - G3 S12	Quran Club Eman G1 - G5 S27
	Garden Club Melissa + Gaele G1 - G5 S04 / Organic Garden	Drama Stryx G1 - G5 Auditorium	Roller Skating Stryx G1 - G5 Skylight Room	German Booster (E/G Bilingual only) Katharina G4 - G5 MY Building 004	After-School Care Luciana G1 - G2: F11 G3 - G4: S09 G5: S10
	German (as an additional language) Astrid G4 - G5 MY Building 004	Karate Stryx G1 - G5 AUD Dance Studio	Russian (as foreign language) Headway Institute G1 - G5 F04	German Club Karin G1 - G3 F17	Barça Football Stryx G1 - G5 Football Field 3, 4
	Piano Keyboards Louise G4 - G5 F20	Parkour Stryx G1 - G2 Activity Room 1	Swimming Beginners 2 / Development 1-2 SPEEDO G1 - G5 Olympic Pool 6 - 10	Athletics Stryx G1 - G5 Outdoor Track	Chinese (as foreign language) Headway Institute G1 - G5 S15
	Artificial Intelligence: COZMO Robot Stryx G3 - G5 S14	Piano (Private/Group) Exclusive Music Education G1 - G5 Music Room 226	Tennis Stryx G1 - G2 MPC	Basketball Stryx G1 - G5 Sports Hall 2	Italian (as foreign language) Headway Institute G1 - G5 F08
	Ballet Stryx G1 - G3 SPO Dance Studio	Roller Skating Stryx G1 - G5 Skylight Room	Tennis Stryx G3 - G5 Tennis Court 1, 2	Karate Stryx G3 - G5 AUD Dance Studio	Junior Scientists + Mad Science G1 - G5 F15
	Beach Volleyball Stryx G3 - G5 Beach Volleyball Court	Rugby Stryx G1 - G5 Football Field 4	Wall Climbing Stryx G1 - G5 Outdoor Climbing Wall	Musical Theatre Stryx G1 - G5 Auditorium	Piano (Private/Group) Exclusive Music Education G1 - G5 Music Room 226
	Musical Theatre Stryx G1 - G5 Auditorium / AUD Black Box	Swimming Beginners 2 / Development 1-2 SPEEDO G1 - G5 Olympic Pool 6 - 10		Rhythmic Gymnastics (Girls) Stryx G1 - G5 Skylight Room	Roller Skating Stryx G1 - G5 Skylight Room
	Parkour Stryx G3-G5 Activity Room 1	Tennis Stryx G1 - G2 Tennis Court 2		Swimming Beginners 2 / Development 1-2 SPEEDO G1 - G5 Olympic Pool 6 - 10	Spanish (as foreign language) Headway Institute G1 - G5 F03
	Piano (Private/Group) Exclusive Music Education G1 - G5 Music Room 226	Wall Climbing Stryx G1 - G5 Outdoor Climbing Wall		Tennis Stryx G1 - G2 MPC	Spanish (Beginners) Headway Institute G1 - G5 F07
	Roller Skating Stryx G1 - G5 Skylight Room	Yoga Stryx G1 - G5 AUD Black Box		Tennis Stryx G3 - G5 Tennis Courts 1, 2	Tennis Stryx G1 - G2 Tennis Court 1
	Russian (as mother-tongue) Headway Institute G1 - G5 F04			Wall Climbing Stryx G1 - G5 Outdoor Climbing Wall	Tennis Stryx G3 - G5 Tennis Court 2
	Swimming Beginners 2 / Development 1-2 SPEEDO G1 - G5 Olympic Pool 6 - 10				Afternoon Club Luciana G1 - G2: F11 G3 - G4: S09 G5: S10
	Tennis Stryx G1 - G2 MPC				
	Tennis Stryx G3 - G5 Tennis Courts 1, 2				
Wall Climbing Stryx G1 - G5 Outdoor Climbing Wall					
			U11 Football G5 Vanda 15:45 - 16:45 Football Field 2	U11 Swimming G5 Aurore + Rob 14:30 - 15:30 Olympic Pool 1 - 5	
			U10 Football G4 Vanda 15:45 - 16:45 Football Field 1	U10 Swimming G4 Aurore + Rob 14:30 - 15:30 Olympic Pool 1 - 5	
U9 Football G3 Vanda 15:45 - 16:45 Football Field 2	U11 Swimming G5 Aurore + Rob 15:50 - 16:50 Olympic Pool 1 - 5		U9 Swimming G3 Aurore + Rob 15:50 - 16:50 Olympic Pool 1 - 5	U9 Swimming G3 Aurore + Rob 14:30 - 15:30 Olympic Pool 1 - 5	
U8 Football G2 Laura 15:45 - 16:45 Football Field 1	U10 Swimming G4 Aurore + Rob 15:50 - 16:50 Olympic Pool 1 - 5		U8 Swimming G2 Aurore + Rob 15:50 - 16:50 Olympic Pool 1 - 5	U8 Swimming G2 Aurore + Rob 14:30 - 15:30 Olympic Pool 1 - 5	
Internal ASA Teacher Grades Classroom / Location	External ASA Teacher External Provider Grades Classroom / Location	SISD Teams (Practices) Teacher Time Location	SISD Teams (Game/Event Days) Teacher Time Location		

14:30 - 15:30

Early
release on
Thursdays

15:30-16:45

PRIMARY YEARS ASAs Schedule, Descriptions & Details

INTERNAL ASAs (Free, 2 max per student per week)

Internal after-school activities are delivered by SISD teachers and are **free of charge** (in some cases, a small fee might be charged for equipment).

Each student is permitted to participate in **2 INTERNAL ASAs per week (including teams)**.

- Early Years** : Sunday, Tuesday, and Wednesday (teachers meet on Mondays & Thursdays)
- Primary Years** : Sunday, Wednesday, and Thursday (teachers meet on Mondays & Tuesdays)
- Secondary Years** : Sunday, Monday, Wednesday, and Thursday (teachers meet on Tuesdays)

For any questions you may have about the actual ASA, please send an email to the teachers offering the ASA.

Registration is done on the system - first come, first served basis, with priority. This means that the software will actually consider all registrations to allocate Internal ASAs according to all requests, available places and priorities parents have chosen. This is meant to be fair to everyone.

EXTERNAL ASAs (Paid)

External after-school activities are **offered on SISD campus** by **external providers**, whose fees vary for each ASA.

On a general note when registering with an external ASA provider, parents are entering into a direct agreement with the provider and not SISD. We therefore expect any issues to be resolved directly between the parents and the provider. However, SISD do appreciate and welcome feedback on what is happening so that we can ensure all matters are dealt with promptly and that our providers are providing good and quality service to our students/families.

Students can participate in **as many EXTERNAL ASAs** as they wish.

Registration is done directly with **each provider** by phone and by e-mail at any time or during the Expos **where the providers will be present on SISD campus**.

Registration is on a first come, first served basis and places are reserved by the external providers only once they have received full payment.

SUNDAY

INTERNAL ASAs

ACTIVITY / COST	GRADE	TIME / LOCATION	DESCRIPTION
Supervised Homework in: English French / English German / English FREE	G1 – G5	3:45PM – 4:45PM E: F15 F/E: S16 G/E: S17	Children are required to come to this ASA with their homework. Depending on the day, a French teacher, an English teacher or a German teacher is supervising and helping the students. Teachers: E: Maeve Harrison (maeve.harrison@sisd.ae) F/E: Isabelle Rochette (isabelle.rochette@sisd.ae) G/E: Justine Elamatha (justine.elamatha@sisd.ae) / Sandra Aburok (starting November)
Arabic A (as mother-tongue) Support FREE	G1 – G5	3:45PM – 4:45PM F01	Offer additional help for Arabic A students in the four language skills: Listening – Speaking – Reading – Writing Teacher: William Saade (william.saade@sisd.ae)
Arabic B (as foreign language) Support FREE	G1 – G5	3:45PM – 4:45PM F01	This is an Arabic Language ASA reserved for children who wish to learn Arabic as a foreign language. Teacher: Rachida Kadri (rachida.kadri@sisd.ae)
Arts and Crafts FREE	G1 – G5	3:45PM – 4:45PM G1 – G2: F19 G3 – G5: S21	The Arts and Crafts Club is an after-school activity designed to provide students with a creative outlet in addition to their academic schedule. Different materials, instruction and support are made available to the pupils in a creative and comfortable atmosphere. Children participating in this club will be encouraged to create art inspired by several artists and their works as well as crafts that could be worn, useful, and decorative. Teachers: G1 – G2: Niamh O’Leary (niamh.oleary@sisd.ae) G1 – G2: Nevien Elkamary (nevien.elkamary@sisd.ae) G3 – G5: Troy Davis (troy.davis@sisd.ae) G3 – G5: Aneka Stewart (aneka.stewart@sisd.ae)

<p>English Reading Club</p> <p>FREE</p>	<p>G1 – G2 G3 – G5</p>	<p>3:45PM – 4:45PM</p> <p>EY / PY Library</p>	<p>Reading for pleasure is more important to children's successes than education or social class. How do we instill a love of reading in our children? By sharing quality books, and introducing the talented individuals who write and illustrate them. In this ASA, children will devour books, participate in activities and discussions, express their viewpoints, be creative, thoughtful and engaged. Our goal is to help children build a lifelong reading habit. The SISD children's reading groups are a fun way to read and discuss stories, while promoting active literacy and an overall love for books.!</p> <p>Teachers: G1 - G2: Sarah Qadir (sarah.qadir@sisd.ae) G3 - G5: Elif Dogramaci (elif.dogramaci@sisd.ae)</p>
<p>French Booster (E/F Bilingual only)</p> <p>FREE</p>	<p>G4 – G5</p>	<p>3:45PM – 4:45PM</p> <p>S25</p>	<p>This ASA is strictly geared towards E/F students in Grade 4 and 5 who could benefit from additional help in French to successfully enter the MYP French program in Grade 6.</p> <p>This ASA is for E/F students only. E/G or English+ students willing to learn French or develop their French language skills shall register to the French DELF Prim Exam Preparation ASA.</p> <p>Teacher: Younes Agharbi (younes.agharbi@sisd.ae)</p>
<p>Garden Club</p> <p>FREE</p>	<p>G1 – G5</p>	<p>3:45PM – 4:45PM</p> <p>S04 / Organic Garden</p>	<p>The Garden Club is all about strengthening our connection to nature and working together to improve sustainability within the school. Students will work in the garden, learn about our composting system, and search for reptiles, insects and birds around the SISD campus. Together we will decide what actions we can take to move our school further towards sustainability and then carry out these actions. Example action plans can include starting the Eco-Schools programme, building bird houses to improve biodiversity, organizing healthy eating challenges, and other such activities that students may suggest.</p> <p>Teachers: Melissa Darby (melissa.darby@sisd.ae) Gaelle Ravet (t gaelle.ravet@sisd.ae)</p>

<p>German (as an additional language)</p> <p>FREE</p>	<p>G4 – G5</p>	<p>3:45PM – 4:45PM</p> <p>MY Building 004</p>	<p>This ASA is designed for Grade 4 and 5 E/F students who would like to learn a 4th language at beginner level or as a preparation course for those who would once join a Swiss French Matura programme.</p> <p>This ASA is for E/F students, however English with French students may also register.</p> <p>Teacher: Astrid Pearson (astrid.pearson@sisd.ae)</p>
<p>Piano Keyboards</p> <p>FREE</p>	<p>G4 – G5</p>	<p>3:45PM – 4:45PM</p> <p>F20</p>	<p>Access to school keyboards for the beginner or more advanced students.</p> <p>Teacher: Louise Brew (louise.brew@sisd.ae)</p>

EXTERNAL ASAs

ACTIVITY / COST	GRADE	TIME / LOCATION	DESCRIPTION
<p>Artificial Intelligence: COZMO Robot</p> <p>Season 1: AED 1100 / 10 Sessions</p>	<p>G3 – G5</p>	<p>3:45PM – 4:45PM</p> <p>S14</p>	<p>COZMO is a real-life robot, with Artificial Intelligence features. He has a one-of-a-kind personality that evolves the more you hang out with. He'll nudge you to play and keep you constantly surprised.</p> <p>Cozmo also has advanced facial recognition software allows him to recognize faces and learn people's names.</p> <p>During AI COZMO Program you will learn how to interact with AI robots, and how to access Cozmo's core functionality and real robotics technology. Use your imagination and create your own content for Cozmo while learning the fundamentals of coding.</p> <p>Pre-requisite for the program: Love for exploring and making new A.I Robot friends</p> <ul style="list-style-type: none"> All students receive their Cozmo Robot during Program Students receive Cozmo T-Shirt and Cozmo Program Book and Bag <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Ballet</p> <p>Season 1: AED 1100 / 10 Sessions</p>	<p>G1 – G3</p>	<p>3:45PM – 4:45PM</p> <p>SPO Dance Studio</p>	<p>Ballet is truly the foundation of all dance. Ballet technique is a structured syllabus which builds upon itself and teaches coordination, grace, strength, and artistry. We teach classical ballet using the Vaganova Method. We place our emphasis on sound anatomical training so you can dance for years to come. We encourage proper alignment and kinesiology to prevent injury.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>

<p>Beach Volleyball</p> <p>Season 1: AED 1100 / 10 Sessions</p>	<p>G3 – G5</p>	<p>3:45PM – 4:45PM</p> <p>Beach Volleyball Court</p>	<p>Elite Volleyball Academy offers the best Volleyball training for junior athletes as well as for adult players. Certified professional coaches provide an amazing club Volleyball experience by sharing their wide knowledge and making sure our members get to their full potential.</p> <p>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Musical Theatre</p> <p>Season 1: AED 1100 / 10 Sessions</p>	<p>G1 – G5</p>	<p>3:45PM – 4:45PM</p> <p>Auditorium / AUD Black Box</p>	<p>Stage Musical theatre serves as an introduction to the essentials of musical theatre for primary school students. Children will explore the three disciplines of musical theatre in one fun packed class! Participants train to perform well known musical theatre scenes and will be challenged to perform both ensemble and solo pieces and will learn to receive critique and will tailor their performances in response to both teacher and fellow class participants. The teaching staff identify musical pieces which are popular and current to the young students and use these as a vehicle for improving singing, movement and acting skills. As always in a BODA course whilst the emphasis remains upon ‘fun learning’ the course will culminate in the opportunity to attain accredited Trinity College London qualification through examination entry.</p> <p><i>Musical theatre students are eligible for the optional Trinity College London examinations with accreditation.</i></p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>

<p>Parkour</p> <p>Season 1: AED 1100 / 10 Sessions</p>	<p>G3 – G5</p>	<p>3:45PM – 4:45PM</p> <p>Activity Room 1</p>	<p>Parkour DXB: the home of Parkour in the UAE. Our differentiated extracurricular programs offer an alternative to traditional sports. Younger kids love to learn and play! We teach children the fundamentals of movement by exploring movement in a fun and engaging way. Skills include balancing, rolling, climbing, jumping and more. For older pupils, Parkour offers a holistic and engaging approach to movement training that encourages a strong body and a focused mind. Learn the basics of Parkour, challenge yourself and improve your fitness levels in a safe, but exciting environment.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Piano</p> <p>GROUP CLASS: AED 180/HOUR</p> <p>PRIVATE CLASS: AED 149/30 MINUTES AED 283/HOUR</p>	<p>G1 – G5</p>	<p>3:45PM – 4:45PM</p> <p>Music Room 226</p>	<p>SISD Music Club is offering an amazing opportunity to G1-G5 students to enjoy fun and efficient piano classes in small groups or privately. Exciting program and super enthusiastic teachers will make the experience of learning piano playing unforgettable for your children! Our piano recitals and exam preparation opportunities (for private students) will make our journey together even more motivating.</p> <p>Provider: Exclusive Music Contact: Vitali Mihailiuc sisdmusclub@gmail.com, +971554827542 www.emusiceducation.org</p>

<p>Roller Skating</p> <p>Season 1: AED 1100 / 10 Sessions</p>	<p>G1 – G5</p>	<p>3:45PM – 4:45PM</p> <p>Skylight Room</p>	<p>Inline roller skating is a fun and exciting sport for kids of all ages. It helps children develop agility, stability and balance. It is a great workout and improves overall physical fitness and helps build leg and core body muscles. Beginner classes will learn the basics of skating: how to balance on skates, first steps to gliding, braking and basic turns. Intermediate classes will learn advanced and faster gliding techniques, advanced turns and fun tricks on skates.</p> <p>We require all students to wear full safety gear: helmet and protective pads (elbow, wrists, knees).</p> <p><u>Students will not be able to participate without the mandatory equipment.</u></p> <p>Required gear for roller skating classes: INLINE SKATES (wheels in single line) or alternatively QUAD ROLLER SKATES PROTECTIVE GEAR:</p> <ul style="list-style-type: none"> • Helmet (cycling helmet is acceptable) • Full set of safety pads: knee, elbow and wrist pads <p>CLOTHING & OTHER:</p> <ul style="list-style-type: none"> • General sports clothing, water bottle, and a towel <p>Skates and equipment can be bought in major sports stores.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Russian (as mother-tongue)</p> <p>Season 1: AED 1050 / 10 Sessions</p>	<p>G1 – G5</p>	<p>3:45PM – 4:45PM</p> <p>F04</p>	<p>We can teach your children how to speak, read and think in Russian properly at our Russian Language classes. Folk stories, fairytales, books by Russian writers and poets will give them wonderful moments during reading classes. Your children will learn how to write essays and dictations which will help them to develop good grammar skills and improve the vocabulary.</p> <p>Provider: Headway Institute Contact: courses@headin.pro +971 (0)4 362 5313 / 17 / 18 /19</p>

<p>Swimming Beginners 2 / Development 1-2</p> <p>Season 1: AED 1100 / 10 Sessions</p>	<p>G1 – G5</p>	<p>3:45PM – 4:45PM</p> <p>Olympic Pool 6 - 10</p>	<p>This phase is an introductory level to competitive swimming and the development of the four competitive strokes. In order to begin in the development levels of our program, swimmers must be able to swim a minimum of 25 meters’ freestyle/front crawl and backstroke.</p> <p>Provider: SPEEDO (under STRYX) Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Tennis</p> <p>Season 1: AED 1100 / 10 Sessions</p>	<p>G1 – G2</p>	<p>3:45PM – 4:45PM</p> <p>MPC</p>	<p>Kids learn more specific technical strokes and how to rally with their friends. They also learn the concepts of tactics and footwork.</p> <p><u>Students must bring their own tennis rackets.</u></p> <p>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>

<p>Tennis</p> <p>Season 1: AED 1100 / 10 Sessions</p>	<p>G3 – G5</p>	<p>3:45PM – 4:45PM</p> <p>Tennis Court 1 / 2</p>	<p>Kids learn more specific technical strokes and how to rally with their friends. They also learn the concepts of tactics and footwork.</p> <p><u>Students must bring their own tennis rackets.</u></p> <p>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Wall Climbing</p> <p>Season 1: AED 1100 / 10 Sessions</p>	<p>G1 – G5</p>	<p>3:45PM – 4:45PM</p> <p>Outdoor Climbing Wall</p>	<p>Rock climbing is a great activity for children from ages 4 and above. Our UK certified climbing coach will ensure your child learns how to climb safely. Climbing is an all-around form of exercise which uses every muscle in the body, and many, many parts of the brain! If you have been worried that your child spends a little too much time with eyes glued to a screen, climbing is a great solution to help them. When they face a climbing wall, all outside influences wash away and leave their head clear and ready for the task at hand. Climbing a wall requires focus and concentration. Children learn very fast that they must pay attention if they want to progress. Climbing is so much fun that children do not even realize that it is exercise! With time, the sport builds body confidence, self-awareness in addition to physical strength.</p> <p>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>

MONDAY

EXTERNAL ASAs

ACTIVITY / COST	GRADE	TIME / LOCATION	DESCRIPTION
<p>Athletics</p> <p>Season 1: AED 1100 / 10 Sessions</p>	G1 – G5	<p>3:45PM – 4:45PM</p> <p>Outdoor Track</p>	<p>These classes are aimed to work on running techniques and speed. We provide special running drills, teaching how to stretch before and after exercises, focusing on running strength training. Introducing run speed intervals and work on stamina and learning how to recover properly.</p> <p>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Ballet</p> <p>Season 1: AED 1100 / 10 Sessions</p>	G1 – G5	<p>3:45PM – 4:45PM</p> <p>SPO Dance Studio</p>	<p>Ballet is truly the foundation of all dance. Ballet technique is a structured syllabus which builds upon itself and teaches coordination, grace, strength, and artistry. We teach classical ballet using the Vaganova Method. We place our emphasis on sound anatomical training so you can dance for years to come. We encourage proper alignment and kinesiology to prevent injury.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Basketball</p> <p>Season 1: AED 1100 / 10 Sessions</p>	G1 – G5	<p>3:45PM – 4:45PM</p> <p>Sports Hall 2</p>	<p>The NBA Basketball School trains male and female players across Dubai the "NBA - way". The tuition-based basketball development program conducts sessions in a safe, fun and encouraging environment which covers all aspects to the game by incorporating tactic, skill, small sides games and team building activities as well as NBA methodologies.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>

<p>Barça Football</p> <p>Season 1: AED 1100 / 10 Sessions</p>	<p>G1 – G5</p>	<p>3:45PM – 4:45PM</p> <p>Football Field 3</p>	<p>At Barça Academy Dubai, we pride ourselves on giving an opportunity to children of all abilities and both genders aged between 4-16 years old to receive a professional training in Dubai. Based on the official FC Barcelona curriculum, developing young players' technical skills and passion for the game. Ensuring the player performs the best they possibly can. Our FC Barcelona accredited and certified coaches have been flown in from Barcelona to teach the children to play football the same structure as FC Barcelona that has become synonymous with victory. Sessions are dedicated to teaching the children the unique FC Barcelona techniques, skills and implementing matches. This allows our players to put their new skills into practice when participating in many local and international tournaments throughout the year, as we believe that the exposure to competitive situations greatly helps in the players' development.</p> <p>Admission fee options: 1) AED 160 for the year, with T-shirt (VAT inc) 2) AED 300 for the year, with socks, T-shirt, and shorts (VAT inc)</p> <p>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Chess</p> <p>Season 1: AED 1100 / 10 Sessions</p>	<p>G1 – G5</p>	<p>3:45PM – 4:45PM</p> <p>F18</p>	<p>"According to research, test scores improved by 17.3% for students regularly engaged in chess classes, compared with only 4.6% for children participating in other forms of enriched activities" said 4-time World Champion Susan Polgar. Chess Lesson – teaching a particular skill, idea, strategy, move or concept. The focus being on improving Thinking Skills such as Problem Solving, Memory, Critical Thinking, Analysis, Decision Making, Concentration, Visualization, Lateral Thinking, Creative Thinking and more.</p> <p>Provider: Chess Knowledge Contact: Alexandra 050 502 8145 / 055 948 4111 alexandrachess@yahoo.com</p>

<p>Code-A-Bot</p> <p>Season 1: AED 1100 / 10 Sessions</p>	<p>G1 – G2</p>	<p>3:45PM – 4:45PM</p> <p>F14</p>	<p>During this program students will be introduced to different concepts of robots. Starting with color reading segments Robots (OZOBOT) that gives a new dimension to robotics and coding. Students learn the basics of coding and color codes using markers and ozocodes to program their robots. Codes include movement, directions and moves (like tornado, spin and back walks) students also add timers and change dome colors. Students will progress to more complex robot concepts and learn how to develop program to give instructions and perform specific tasks.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Drama</p> <p>Season 1: AED 1100 / 10 Sessions</p>	<p>G1 – G5</p>	<p>3:45PM – 4:45PM</p> <p>Auditorium</p>	<p>A fun way for children to further develop their confidence and communication skills. Students learn how to express themselves creatively. Our teaching techniques include a variety of drama games, improvisation and story building sessions. Classes focus on developing core drama skills such as diction, speech, and characterisation. Students will study the interpretation and performance of poetry as well as monologues and short scenes. Through drama, students are encouraged to develop confidence, improve voice skills and enhance stage presence. Drama is a valuable tool for children to harness their natural creativity as they embark on their journey through education. As with all BODA classes, these sessions will focus on developing vocabulary, imagination, listening skills and social skills as well as having fun. The course is suitable for students who would like to undertake a professional assessment with Trinity College London Examination Board and earn graded examinations and accredited performance certificates for acting and speaking.</p> <p><i>Drama students are eligible for the optional Trinity College London examinations with accreditation.</i></p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>

<p>Karate</p> <p>Season 1: AED 1100 / 10 Sessions</p>	<p>G1 – G5</p>	<p>3:45PM – 4:45PM</p> <p>AUD Dance Studio</p>	<p>Budo Juku (meaning Martial Arts in Japan) are currently delivering a professional standard of Wado Ryu Karate style to both children and adult across the UAE. Our lessons are conducted in Japanese and all students are registered and affiliated to the official “Wado Ryu Academy”.</p> <p>Karate will make its first appearance as an Olympic sport at the 2020 Summer Olympics in Tokyo, Japan. It will feature two events, Kumite and Kata.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Parkour</p> <p>Season 1: AED 1100 / 10 Sessions</p>	<p>G1 – G2</p>	<p>3:45PM – 4:45PM</p> <p>Activity Room 1</p>	<p>Parkour DXB: the home of Parkour in the UAE. Our differentiated extracurricular programs offer an alternative to traditional sports. Younger kids love to learn and play! We teach children the fundamentals of movement by exploring movement in a fun and engaging way. Skills include balancing, rolling, climbing, jumping and more. For older pupils, Parkour offers a holistic and engaging approach to movement training that encourages a strong body and a focused mind. Learn the basics of Parkour, challenge yourself and improve your fitness levels in a safe, but exciting environment.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Piano</p> <p>GROUP CLASS: AED 180/HOUR</p> <p>PRIVATE CLASS: AED 149/30 MINUTES AED 283/HOUR</p>	<p>G1 – G5</p>	<p>3:45PM – 4:45PM</p> <p>Music Room 226</p>	<p>SISD Music Club is offering an amazing opportunity to G1-G5 students to enjoy fun and efficient piano classes in small groups or privately. Exciting program and super enthusiastic teachers will make the experience of learning piano playing unforgettable for your children! Our piano recitals and exam preparation opportunities (for private students) will make our journey together even more motivating.</p> <p>Provider: Exclusive Music Contact: Vitali Mihailiuc sisdmusclub@gmail.com, +971554827542 www.emusiceducation.org</p>

<p>Roller Skating</p> <p>Season 1: AED 1100 / 10 Sessions</p>	<p>G1 – G5</p>	<p>3:45PM – 4:45PM</p> <p>Skylight Room</p>	<p>Inline roller skating is a fun and exciting sport for kids of all ages. It helps children develop agility, stability and balance. It is a great workout and improves overall physical fitness and helps build leg and core body muscles. Beginner classes will learn the basics of skating: how to balance on skates, first steps to gliding, braking and basic turns. Intermediate classes will learn advanced and faster gliding techniques, advanced turns and fun tricks on skates.</p> <p>We require all students to wear full safety gear: helmet and protective pads (elbow, wrists, knees).</p> <p><u>Students will not be able to participate without the mandatory equipment.</u></p> <p>Required gear for roller skating classes: INLINE SKATES (wheels in single line) or alternatively QUAD ROLLER SKATES PROTECTIVE GEAR:</p> <ul style="list-style-type: none"> • Helmet (cycling helmet is acceptable) • Full set of safety pads: knee, elbow and wrist pads <p>CLOTHING & OTHER:</p> <ul style="list-style-type: none"> • General sports clothing, water bottle, and a towel <p>Skates and equipment can be bought in major sports stores.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Rugby</p> <p>Season 1: AED 1100 / 10 Sessions</p>	<p>G1 – G5</p>	<p>3:45PM – 4:45PM</p> <p>Football Field 4</p>	<p>From Grassroots to competitive squads, Barrelhouse Rugby in partnership with STRYX is your leader in rugby coaching here in the UAE. We bring our core values such as respect, honour, discipline and sportsmanship into a fun, active, inclusive and progressive rugby season. Expect your child to come home with stories of glory and excitement, right until their heads hit the pillow.</p> <p>For more information about our syllabus and competitive squads, please go on www.barrelhouserugby.club</p> <p>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>

<p>Swimming Beginners 2 / Development 1-2</p> <p>Season 1: AED 1100 / 10 Sessions</p>	<p>G1 – G5</p>	<p>3:45PM – 4:45PM</p> <p>Olympic Pool 6 - 10</p>	<p>This phase is an introductory level to competitive swimming and the development of the four competitive strokes. In order to begin in the development levels of our program, swimmers must be able to swim a minimum of 25 meters’ freestyle/front crawl and backstroke.</p> <p>Provider: SPEEDO (under STRYX) Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Tennis</p> <p>Season 1: AED 1100 / 10 Sessions</p>	<p>G1 – G2</p>	<p>3:45PM – 4:45PM</p> <p>Tennis Court 2</p>	<p>Kids learn more specific technical strokes and how to rally with their friends. They also learn the concepts of tactics and footwork.</p> <p><u>Students must bring their own tennis rackets.</u></p> <p>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>

<p>Wall Climbing</p> <p>Season 1: AED 1100 / 10 Sessions</p>	<p>G1 – G5</p>	<p>3:45PM – 4:45PM</p> <p>Outdoor Climbing Wall</p>	<p>Rock climbing is a great activity for children from ages 4 and above. Our UK certified climbing coach will ensure your child learns how to climb safely. Climbing is an all-around form of exercise which uses every muscle in the body, and many, many parts of the brain! If you have been worried that your child spends a little too much time with eyes glued to a screen, climbing is a great solution to help them. When they face a climbing wall, all outside influences wash away and leave their head clear and ready for the task at hand. Climbing a wall requires focus and concentration. Children learn very fast that they must pay attention if they want to progress. Climbing is so much fun that children do not even realize that it is exercise! With time, the sport builds body confidence, self-awareness in addition to physical strength.</p> <p>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Yoga</p> <p>Season 1: AED 1100 / 10 Sessions</p>	<p>G1 – G5</p>	<p>3:45PM – 4:45PM</p> <p>AUD Black Box</p>	<p>Children learn through play. This is true not only for yoga exercises but also for other areas of life. A children's yoga class should, therefore, be an adventure that is experienced with all your senses. Children do not practice yoga, they are the dog, tree, warrior, butterfly, we just show. The imagination knows no limits and we explore a variety of concepts from ecology, biology, anatomy, geography, etc. Children are naturally curious and enjoy learning while moving</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>

TUESDAY

EXTERNAL ASAs

ACTIVITY / COST	GRADE	TIME / LOCATION	DESCRIPTION
<p>Chess</p> <p>Season 1: AED 1210 / 11 Sessions</p>	G1 – G5	<p>3:45PM – 4:45PM</p> <p>F18</p>	<p>According to research, test scores improved by 17.3% for students regularly engaged in chess classes, compared with only 4.6% for children participating in other forms of enriched activities" said 4-time World Champion Susan Polgar. Chess Lesson – teaching a particular skill, idea, strategy, move or concept. The focus being on improving Thinking Skills such as Problem Solving, Memory, Critical Thinking, Analysis, Decision Making, Concentration, Visualization, Lateral Thinking, Creative Thinking and more.</p> <p>Provider: Chess Knowledge Contact: Alexandra 050 502 8145 / 055 948 4111 alexandrachess@yahoo.com</p>
<p>French Theatre</p> <p>Season 1: AED 1386 / 11 Sessions</p>	G2 – G5	<p>3:45PM – 4:45PM</p> <p>Auditorium / AUD Black Box</p>	<p>Come and discover the exciting and fun world of acting and drama with this weekly workshop around drama and improvisation exercises and techniques. Kids will work on their skills, confidence, creativity, body language, team work to unleash their artistic potential! A show/play will be prepared and presented at the end of the year (end of June). Thus, new students can join the class for the 2nd season, but will need to commit to the ASA for the 2nd and 3rd season.</p> <p>**The students need to be aware that leaving the group prematurely will handicap the rest of the kids and is not allowed.</p> <p>Provider: Culture Emulsion Contact: Mathilde 052 838 1919 contact@culture-emulsion.com</p>
<p>Hip Hop</p> <p>Season 1: AED 1210 / 11 Sessions</p>	G1 – G2	<p>3:45PM – 4:45PM</p> <p>AUD Dance Studio</p>	<p>This is a high energy and rhythmical class for children who are just starting or beginners. Class consists of a warm up, strength building and coordination exercises. The lessons focus on creating short routines that focus on the basic elements of hip hop to popular music. The kids love it!</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>

<p>Junior Scientists + Season 1: AED 924 / 11 Sessions</p>	<p>G1 – G5</p>	<p>3:45PM – 4:45PM F15</p>	<p>This season, our Junior Scientists will enter a different Lab: The Secret Agent Lab! Our students will undergo a special Mad Science training on how to become a certified Mad Science Secret Agent! They will be unlocking mysteries, breaking codes, and solving mock crime scenes. They will be looking up Finger Prints, Foot Prints, and Blood Types. They will check evidences such as clothes, drinks, and handwritings. At the second half, they will also learn about the world of Bugs, the many intricacies of our weather, and the various layers of our Earth! All these and more await our Junior Scientists this season!</p> <p>Provider: Mad Science Contact: Daryl 0568872867 daryl@madscience.ae</p>
<p>Piano GROUP CLASS: AED 180/HOUR PRIVATE CLASS: AED 149/30 MINUTES AED 283/HOUR</p>	<p>G1 – G5</p>	<p>3:45PM – 4:45PM Music Room 226</p>	<p>SISD Music Club is offering an amazing opportunity to G1-G5 students to enjoy fun and efficient piano classes in small groups or privately. Exciting program and super enthusiastic teachers will make the experience of learning piano playing unforgettable for your children! Our piano recitals and exam preparation opportunities (for private students) will make our journey together even more motivating.</p> <p>Provider: Exclusive Music Contact: Vitali Mihailiuc sisdmusclub@gmail.com, +971554827542 www.emusiceducation.org</p>
<p>Rhythmic Gymnastics Season 1: AED 1210 / 11 Sessions</p>	<p>G1 – G5</p>	<p>3:45PM – 4:45PM Activity Room 1</p>	<p>Rhythmic gymnastics is a sport in which individuals or teams of 5 or more manipulate one or two pieces of apparatus: clubs, hoop, ball, ribbon, rope and freehand (no apparatus). Rhythmic gymnastics is a sport that combines elements of ballet, gymnastics, dance, and apparatus manipulation. The victor is the participant who earns the most points, determined by a panel of judges, for leaps, balances, pirouettes (pivots), apparatus handling, and execution.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>

<p>Roller Skating</p> <p>Season 1: AED 1210 / 11 Sessions</p>	<p>G1 – G5</p>	<p>3:45PM – 4:45PM</p> <p>Skylight Room</p>	<p>Inline roller skating is a fun and exciting sport for kids of all ages. It helps children develop agility, stability and balance. It is a great workout and improves overall physical fitness and helps build leg and core body muscles. Beginner classes will learn the basics of skating: how to balance on skates, first steps to gliding, braking and basic turns. Intermediate classes will learn advanced and faster gliding techniques, advanced turns and fun tricks on skates.</p> <p>We require all students to wear full safety gear: helmet and protective pads (elbow, wrists, knees).</p> <p><u>Students will not be able to participate without the mandatory equipment.</u></p> <p>Required gear for roller skating classes: INLINE SKATES (wheels in single line) or alternatively QUAD ROLLER SKATES PROTECTIVE GEAR:</p> <ul style="list-style-type: none"> • Helmet (cycling helmet is acceptable) • Full set of safety pads: knee, elbow and wrist pads <p>CLOTHING & OTHER:</p> <ul style="list-style-type: none"> • General sports clothing, water bottle, and a towel <p>Skates and equipment can be bought in major sports stores.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Russian (as foreign language)</p> <p>Season 1: AED 1155 / 11 Sessions</p>	<p>G1 – G5</p>	<p>3:45PM – 4:45PM</p> <p>F04</p>	<p>We can teach your children how to speak, read and think in Russian properly at our Russian Language classes. Folk stories, fairytales, books by Russian writers and poets will give them wonderful moments during reading classes. Your children will learn how to write essays and dictations which will help them to develop good grammar skills and improve the vocabulary.</p> <p>Provider: Headway Institute Contact: courses@headin.pro +971 (0)4 362 5313 / 17 / 18 / 19</p>

<p>Swimming Beginners 2 / Development 1-2</p> <p>Season 1: AED 1210 / 11 Sessions</p>	<p>G1 – G5</p>	<p>3:45PM – 4:45PM</p> <p>Olympic Pool 6 - 10</p>	<p>This phase is an introductory level to competitive swimming and the development of the four competitive strokes. In order to begin in the development levels of our program, swimmers must be able to swim a minimum of 25 meters’ freestyle/front crawl and backstroke.</p> <p>Provider: SPEEDO (under STRYX) Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Tennis</p> <p>Season 1: AED 1210 / 11 Sessions</p>	<p>G1 – G2</p>	<p>3:45PM – 4:45PM</p> <p>MPC</p>	<p>Kids learn more specific technical strokes and how to rally with their friends. They also learn the concepts of tactics and footwork.</p> <p><u>Students must bring their own tennis rackets.</u></p> <p>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Tennis</p> <p>Season 1: AED 1210 / 11 Sessions</p>	<p>G3 – G5</p>	<p>3:45PM – 4:45PM</p> <p>Tennis Court 1 / 2</p>	<p>Kids learn more specific technical strokes and how to rally with their friends. They also learn the concepts of tactics and footwork.</p> <p><u>Students must bring their own tennis rackets.</u></p> <p>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>

<p>Wall Climbing</p> <p>Season 1: AED 1210 / 11 Sessions</p>	<p>G1 – G5</p>	<p>3:45PM – 4:45PM</p> <p>Outdoor Climbing Wall</p>	<p>Rock climbing is a great activity for children from ages 4 and above. Our UK certified climbing coach will ensure your child learns how to climb safely. Climbing is an all-around form of exercise which uses every muscle in the body, and many, many parts of the brain! If you have been worried that your child spends a little too much time with eyes glued to a screen, climbing is a great solution to help them. When they face a climbing wall, all outside influences wash away and leave their head clear and ready for the task at hand. Climbing a wall requires focus and concentration. Children learn very fast that they must pay attention if they want to progress. Climbing is so much fun that children do not even realize that it is exercise! With time, the sport builds body confidence, self-awareness in addition to physical strength.</p> <p>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
--	----------------	---	---

WEDNESDAY

INTERNAL ASAs

ACTIVITY / COST	GRADE	TIME / LOCATION	DESCRIPTION
Supervised Homework in: English French / English German / English FREE	G1 – G5	3:45PM – 4:45PM E: F22 F/E: F07 G/E: S17	Children are required to come to this ASA with their homework. Depending on the day, a French teacher, an English teacher or a German teacher is supervising and helping the students. Teachers: E: Laura Hogan (laura.hogan@sisd.ae) F/E: Amina Daroueche (amina.daroueche@sisd.ae) G/E: Bernadette Lohoff (bernadette.lohoff@sisd.ae)
Arab Reading Challenge FREE	G1 – G5	3:45PM – 4:45PM F02	This activity aims to encourage Arabic reading and prepare students for the participation in the Arab Reading Challenge contest held annually in Dubai. Teacher: Basma Hamdan (basma.hamdan@sisd.ae)
French Club FREE	G1 – G2	3:45PM – 4:45PM F06	This ASA wants to improve the children's existing French. We will create different talking situations to practice communication skills. The students will expand their vocabulary through fun and games. We will also train the listening comprehension. Teachers: Nathalie Findlay (Nathalie.Findlay@sisd.ae) Nour Al-Salous (nour.alsalous@sisd.ae)
French DELF Prim Exam Prep REGISTRATION FEES: (TBD) Level A.1.1: AED XX Level A.1: AED XX Level A2: AED XX ** Prices subject to modification for exam sessions in 2020	G3 – G5	3:45PM – 4:45PM S16	<p>DELF Prim is intended for non-native French children. It is the first level in the DELF / DALF series of certificates awarded by the French Ministry of Education for proficiency in French as a Foreign Language, which are internationally recognized.</p> <p>DELF Prim is composed of individual certificates corresponding to the initial levels of Common European Framework of Reference for Languages (CEFR): A.1.1, A.1 and A2. The exam assesses the four language skills, i.e. listening comprehension, reading comprehension, speaking skills and writing skills.</p> <p>For more info: http://www.ciep.fr/en/delf-prim</p> <p>This ASA is a preparation course to the DELF Prim exam, organized by the Alliance Française. Depending on their language proficiency level and on their progress, children will be invited to register to the exam session in June 2020.</p> <p>Please note that this will be an external exam (location to be confirmed, usually a school in Dubai). It will take place on a Saturday (exact date and schedule to be confirmed). Registration fees to be paid extra by the parents.</p>

			<p>SISD will facilitate the registration process. However, we will NOT accompany the children to the exam location; this will be parents' responsibility.</p> <p>Teachers: Hadjera Behilil (hadjera.behilil@sisd.ae) Soraya Rassuli (Soraya.rassuli@sisd.ae) Patricia.Baldeweck (patricia.baldeweck@sisd.ae)</p>
<p>Friends Resilience</p> <p>FREE</p>	G1 – G5	<p>3:45PM – 4:45PM</p> <p>S09</p>	<p>Friends Resilience is a social skills and resilience building programme that provides students with the tools to face challenges. Through the development of their social and emotional skills, students will also be provided with the opportunity to boost their confidence, regulate emotions and increase ability to focus.</p> <p>Teacher: Neha Qazi (neha.qazi@sisd.ae)</p>
<p>Games Club</p> <p>FREE</p>	G1 – G3	<p>3:45PM – 4:45PM</p> <p>S12</p>	<p>The game club is a fun way to learn while having fun. Through board games, the children will learn to understand and respect the rules, they will also develop patience, concentration and managing emotions. The children will have the opportunity to play with classic board games such as Who is it, Uno, Connect 4, and learn how to play strategy and collaboration games.</p> <p>Teachers: Pauline Joseph (pauline.joseph@sisd.ae) Azal Amer Moussa (azal.moussa@sisd.ae)</p>
<p>German Booster (E/G Bilingual stream only)</p> <p>FREE</p>	G4 – G5	<p>3:45PM – 4:45PM</p> <p>MY Building 004</p>	<p>This ASA is strictly geared towards E/G students in Grade 4 and 5 who could benefit from additional help in German to successfully participate in the Swiss Matura German bilingual stream in MYP (from Grade 6 onwards)</p> <p>This ASA is for E/G students only. E/F students or English+ students willing to learn German or develop their German language skills shall register to the German (as an additional language) ASA.</p> <p>Teacher: Katharina Cejka (katharina.cejka@sisd.ae)</p>
<p>German Club</p> <p>FREE</p>	G1 – G3	<p>2:30PM – 3:30PM</p> <p>F17</p>	<p>This ASA wants to improve the children's existing German. We will create different talking situations to practice communication skills. The students will expand their vocabulary through fun and games. We will also train the listening comprehension.</p> <p>Teacher: Karin Brosch (Karin.Brosch@sisd.ae)</p>

EXTERNAL ASAs

ACTIVITY / COST	GRADE	TIME / LOCATION	DESCRIPTION
<p>Athletics</p> <p>Season 1: AED 1100 / 10 Sessions</p>	<p>G1 – G5</p>	<p>3:45PM – 4:45PM</p> <p>Outdoor Track</p>	<p>These classes are aimed to work on running techniques and speed. We provide special running drills, teaching how to stretch before and after exercises, focusing on running strength training. Introducing run speed intervals and work on stamina and learning how to recover properly.</p> <p>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Basketball</p> <p>Season 1: AED 1100 / 10 Sessions</p>	<p>G1 – G5</p>	<p>3:45PM – 4:45PM</p> <p>Sports Hall 2</p>	<p>The NBA Basketball School trains male and female players across Dubai the "NBA - way". The tuition-based basketball development program conducts sessions in a safe, fun and encouraging environment which covers all aspects to the game by incorporating tactic, skill, small sides games and team building activities as well as NBA methodologies.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Karate</p> <p>Season 1: AED 1100 / 10 Sessions</p>	<p>G3 – G5</p>	<p>3:45PM – 4:45PM</p> <p>AUD Dance Studio</p>	<p>Budo Juku (meaning Martial Arts in Japan) are currently delivering a professional standard of Wado Ryu Karate style to both children and adult across the UAE. Our lessons are conducted in Japanese and all students are registered and affiliated to the official "Wado Ryu Academy".</p> <p>Karate will make its first appearance as an Olympic sport at the 2020 Summer Olympics in Tokyo, Japan. It will feature two events, Kumite and Kata.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>

<p>Musical Theatre</p> <p>Season 1: AED 1100 / 10 Sessions</p>	<p>G1 – G5</p>	<p>3:45PM – 4:45PM</p> <p>Auditorium / AUD Black Box</p>	<p>Stage Musical theatre serves as an introduction to the essentials of musical theatre for primary school students. Children will explore the three disciplines of musical theatre in one fun packed class! Participants train to perform well known musical theatre scenes and will be challenged to perform both ensemble and solo pieces and will learn to receive critique and will tailor their performances in response to both teacher and fellow class participants. The teaching staff identify musical pieces which are popular and current to the young students and use these as a vehicle for improving singing, movement and acting skills. As always in a BODA course whilst the emphasis remains upon ‘fun learning’ the course will culminate in the opportunity to attain accredited Trinity College London qualification through examination entry.</p> <p><i>Musical theatre students are eligible for the optional Trinity College London examinations with accreditation.</i></p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Rhythmic Gymnastics (Girls)</p> <p>Season 1: AED 1100 / 10 Sessions</p>	<p>G1 – G5</p>	<p>3:45PM – 4:45PM</p> <p>Skylight Room</p>	<p>Rhythmic gymnastics is a sport in which individuals or teams of 5 or more manipulate one or two pieces of apparatus: clubs, hoop, ball, ribbon, rope and freehand (no apparatus). Rhythmic gymnastics is a sport that combines elements of ballet, gymnastics, dance, and apparatus manipulation. The victor is the participant who earns the most points, determined by a panel of judges, for leaps, balances, pirouettes (pivots), apparatus handling, and execution.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Swimming Beginners 2 / Development 1-2</p> <p>Season 1: AED 1100 / 10 Sessions</p>	<p>G1 – G5</p>	<p>3:45PM – 4:45PM</p> <p>Olympic Pool 6 - 10</p>	<p>This phase is an introductory level to competitive swimming and the development of the four competitive strokes. In order to begin in the development levels of our program, swimmers must be able to swim a minimum of 25 meters’ freestyle/front crawl and backstroke.</p> <p>Provider: SPEEDO (under STRYX) Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>

<p>Tennis</p> <p>Season 1: AED 1100 / 10 Sessions</p>	<p>G1 – G2</p>	<p>3:45PM – 4:45PM</p> <p>MPC</p>	<p>Kids learn more specific technical strokes and how to rally with their friends. They also learn the concepts of tactics and footwork.</p> <p><u>Students must bring their own tennis rackets.</u></p> <p>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Tennis</p> <p>Season 1: AED 1100 / 10 Sessions</p>	<p>G3 – G5</p>	<p>3:45PM – 4:45PM</p> <p>Tennis Court 1 / 2</p>	<p>Kids learn more specific technical strokes and how to rally with their friends. They also learn the concepts of tactics and footwork.</p> <p><u>Students must bring their own tennis rackets.</u></p> <p>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>

<p>Wall Climbing</p> <p>Season 1: AED 1100 / 10 Sessions</p>	<p>G1 – G5</p>	<p>3:45PM – 4:45PM</p> <p>Outdoor Climbing Wall</p>	<p>Rock climbing is a great activity for children from ages 4 and above. Our UK certified climbing coach will ensure your child learns how to climb safely. Climbing is an all-around form of exercise which uses every muscle in the body, and many, many parts of the brain! If you have been worried that your child spends a little too much time with eyes glued to a screen, climbing is a great solution to help them. When they face a climbing wall, all outside influences wash away and leave their head clear and ready for the task at hand. Climbing a wall requires focus and concentration. Children learn very fast that they must pay attention if they want to progress. Climbing is so much fun that children do not even realize that it is exercise! With time, the sport builds body confidence, self-awareness in addition to physical strength.</p> <p>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
--	----------------	---	---

THURSDAY (EARLY RELEASE)

INTERNAL ASAs

ACTIVITY / COST	GRADE	TIME / LOCATION	DESCRIPTION
Supervised Homework in: English French / English German / English FREE	G1 – G5	2:30PM – 3:30PM E: F04 F/E: F14 G/E: F17	Children are required to come to this ASA with their homework. Depending on the day, a French teacher, an English teacher or a German teacher is supervising and helping the students. Teachers: E: Jamil Martin (jamil.martin@sisd.ae) F/E: Sheila Lucien (sheila.lucien@sisd.ae) G/E: Farah Kamran (farah.kamran@sisd.ae)
Arabic A & B Play-Dancing FREE	G3 – G5	2:30PM – 3:30PM F01	This activity aims to prepare students to perform dances in the Arabic play (Aladdin), which will be presented at the end of the year. **Kindly note that students who choose to join this ASA will have to commit to the activity until the end of the year. Teachers: Hadeel Salim (hadeel.salim@sisd.ae) Nagiba Hussein (nagiba.hussein@sisd.ae)
Arabic A Play-Acting FREE	G3 – G5	2:30PM – 3:30PM F02	This activity aims to prepare students to perform in the Arabic play (Aladdin), which will be presented at the end of the year. **Kindly note that students who choose to join this ASA will have to commit to the activity until the end of the year. Teachers: Maria Fares (maria.fares@sisd.ae) Samaa Alabed (samaa.alabed@sisd.ae)
Creative / Poetry Writing FREE	G3 – G5	2:30PM – 3:30PM F24	Learn to use your words and vocabulary in a creative way. This ASA will help students recognize rhyming words, use free flow writing to create a story/set a scene, using imagery and symbolism to express a feeling, make connections between their favorite song and poetry, etc. Teacher: Sergine Le Rossignol (sergine.lerossignol@sisd.ae)

<p>TED Club – Public Speaking</p> <p>FREE</p>	<p>G3 – G5</p>	<p>2:30PM – 3:30PM</p> <p>F21</p>	<p>The TED club is based on a curriculum provided by the organization behind the TED talks. The students will choose an issue or topic that they are passionate about and then create their own TED-style talk about it. At the end of the ASA semester they will have the opportunity to present their talk to a small audience.</p> <p>Teachers: Zerrin Eyigun (zerrin.eyigun@sisd.ae) Souad Yeseqli (souad.yeseqli@sisd.ae)</p>
<p>Quran Club</p> <p>FREE</p>	<p>G1 – G5</p>	<p>2:30PM – 3:30PM</p> <p>S27</p>	<p>The Quran Club will help developing the recitation, pronunciation and Tajweed skills of students with the support in memorization of the requested Suras of their levels.</p> <p>Teacher: Eman Nazzal (eman.nazzal@sisd.ae)</p>

EXTERNAL ASAs

ACTIVITY / COST	GRADE	TIME / LOCATION	DESCRIPTION
<p>Barça Football</p> <p>Season 1: AED 990 / 9 Sessions</p>	<p>G1 – G5</p>	<p>2:30PM – 3:30PM</p> <p>Football Field 3, 4</p>	<p>At Barça Academy Dubai, we pride ourselves on giving an opportunity to children of all abilities and both genders aged between 4-16 years old to receive a professional training in Dubai. Based on the official FC Barcelona curriculum, developing young players' technical skills and passion for the game. Ensuring the player performs the best they possibly can. Our FC Barcelona accredited and certified coaches have been flown in from Barcelona to teach the children to play football the same structure as FC Barcelona that has become synonymous with victory. Sessions are dedicated to teaching the children the unique FC Barcelona techniques, skills and implementing matches. This allows our players to put their new skills into practice when participating in many local and international tournaments throughout the year, as we believe that the exposure to competitive situations greatly helps in the players' development.</p> <p>Admission fee options: 1) AED 160 for the year, with T-shirt (VAT inc) 2) AED 300 for the year, with socks, T-shirt, and shorts (VAT inc)</p> <p>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Chinese (as foreign language)</p> <p>Season 1: AED 945 / 9 Sessions</p>	<p>G1 – G5</p>	<p>2:30PM – 3:30PM</p> <p>S17</p>	<p>We can teach your children how to speak, read and think in Chinese properly at our Chinese Language classes. Folk stories, fairytales, books by Chinese writers and poets will give them wonderful moments during reading classes. Your children will learn how to write essays and dictations which will help them to develop good grammar skills and improve the vocabulary.</p> <p>Provider: Headway Institute Contact: courses@headin.pro +971 (0)4 362 5313 / 17 / 18 /19</p>
<p>Italian (as foreign language)</p> <p>Season 1: AED 945 / 9 Sessions</p>	<p>G1 – G5</p>	<p>2:30PM – 3:30PM</p> <p>F08</p>	<p>The course is aimed at those students who do not have any Italian background and would like to learn a new language.</p> <p>Provider: Headway Institute Contact: courses@headin.pro +971 (0)4 362 5313 / 17 / 18 /19</p>

<p>Junior Scientists + Season 1: AED 756 / 9 Sessions</p>	<p>G1 – G5</p>	<p>2:30PM – 3:30PM F15</p>	<p>This season, our Junior Scientists will enter a different Lab: The Secret Agent Lab! Our students will undergo a special Mad Science training on how to become a certified Mad Science Secret Agent! They will be unlocking mysteries, breaking codes, and solving mock crime scenes. They will be looking up Finger Prints, Foot Prints, and Blood Types. They will check evidences such as clothes, drinks, and handwritings. At the second half, they will also learn about the world of Bugs, the many intricacies of our weather, and the various layers of our Earth! All these and more await our Junior Scientists this season!</p> <p>Provider: Mad Science Contact: Daryl 0568872867 daryl@madscience.ae</p>
<p>Piano GROUP CLASS: AED 180/HOUR PRIVATE CLASS: AED 149/30 MINUTES AED 283/HOUR</p>	<p>G1 – G5</p>	<p>3:45PM – 4:45PM Music Room 226</p>	<p>SISD Music Club is offering an amazing opportunity to G1-G5 students to enjoy fun and efficient piano classes in small groups or privately. Exciting program and super enthusiastic teachers will make the experience of learning piano playing unforgettable for your children! Our piano recitals and exam preparation opportunities (for private students) will make our journey together even more motivating.</p> <p>Provider: Exclusive Music Contact: Vitali Mihailiuc sisdmusclub@gmail.com, +971554827542 www.emusiceducation.org</p>

<p>Roller Skating</p> <p>Season 1: AED 990 / 9 Sessions</p>	<p>G1 – G5</p>	<p>2:30PM – 3:30PM</p> <p>Skylight Room</p>	<p>Inline roller skating is a fun and exciting sport for kids of all ages. It helps children develop agility, stability and balance. It is a great workout and improves overall physical fitness and helps build leg and core body muscles. Beginner classes will learn the basics of skating: how to balance on skates, first steps to gliding, braking and basic turns. Intermediate classes will learn advanced and faster gliding techniques, advanced turns and fun tricks on skates.</p> <p>We require all students to wear full safety gear: helmet and protective pads (elbow, wrists, knees).</p> <p><u>Students will not be able to participate without the mandatory equipment.</u></p> <p>Required gear for roller skating classes: INLINE SKATES (wheels in single line) or alternatively QUAD ROLLER SKATES PROTECTIVE GEAR:</p> <ul style="list-style-type: none"> • Helmet (cycling helmet is acceptable) • Full set of safety pads: knee, elbow and wrist pads <p>CLOTHING & OTHER:</p> <ul style="list-style-type: none"> • General sports clothing, water bottle, and a towel <p>Skates and equipment can be bought in major sports stores.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Spanish (as a foreign language)</p> <p>Season 1: AED 945 / 9 Sessions</p>	<p>G1 – G5</p>	<p>2:30PM – 3:30PM</p> <p>F03</p>	<p>We can teach your children how to speak, read and think in Spanish properly at our Spanish Language classes. Folk stories, fairytales, books by Spanish writers and poets will give them wonderful moments during reading classes. Your children will learn how to write essays and dictations which will help them to develop good grammar skills and improve the vocabulary.</p> <p>Provider: Headway Institute Contact: courses@headin.pro +971 (0)4 362 5313 / 17 / 18 /19</p>
<p>Spanish (Beginners)</p> <p>Season 1: AED 945 / 9 Sessions</p>	<p>G1 – G5</p>	<p>2:30PM – 3:30PM</p> <p>F07</p>	<p>The course is intended for non-native speakers who wish to learn a new language. The studies will begin from the very basics and will include both Grammar and conversational part.</p> <p>Provider: Headway Institute Contact: courses@headin.pro +971 (0)4 362 5313 / 17 / 18 /19</p>

<p>Tennis</p> <p>Season 1: AED 990 / 9 Sessions</p>	<p>G1 – G2</p>	<p>2:30PM – 3:30PM</p> <p>Tennis Court 1</p>	<p>Kids learn more specific technical strokes and how to rally with their friends. They also learn the concepts of tactics and footwork.</p> <p><u>Students must bring their own tennis rackets.</u></p> <p>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Tennis</p> <p>Season 1: AED 990 / 9 Sessions</p>	<p>G3 – G5</p>	<p>2:30PM – 3:30PM</p> <p>Tennis Court 2</p>	<p>Kids learn more specific technical strokes and how to rally with their friends. They also learn the concepts of tactics and footwork.</p> <p><u>Students must bring their own tennis rackets.</u></p> <p>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>