



**ASA & TEAMS WEEKLY SCHEDULE  
SEASON 2  
2019 - 2020  
SECONDARY YEARS PROGRAM  
G6 - G12**

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
15:45-16:45	Current Events Jake Molla G8 - G12 MY Building 205	Art Club Elizabeth Farleigh + Jamal Al Halabi G6 - G12 MY Building 320	Chess Chess Knowledge G6 - G12 MY Building 106	Digital Design Club Juan Moreano G6 - G12 MY Building 009	English Reading & Creative Writing Pierre Delevay G6 - G12 MY Library
	Diploma Science Support Nora Norris G11 - G12 MY Building 005	English Support Arwel Evans G6 - G12 MY Building 102	Drone and Robot Camp Stryx G6 - G9 MY Building 002	English Cambridge Exam Prep Alex Wilson G6 - G12 MY Building 212	French Creative Writing Lina Ghamra G6 - G12 MY Building 204
	French DELF Junior Exam Prep Géraldine Lesage + Nelson Barrios G6 - G12 MY Building 209	German Student Radio Stephanie Wehner G6 - G12 MY Building 104	French Theatre Culture Emulsion G6 Auditorium / AUD Black Box	French Support Sophie Lambremont G6 - G12 MY Building 118	Quran Club Ahmed Refai G6 - G12 MY Building 111
	Pop & Rock Band Joachim Beyer G6 - G12 MY Building 221	Mathletes (Invite only) Neil Kelly G6 - G12 MY Building 105	Roller Skating (Beginners) Stryx G6 - G12 Skylight Room	German Goethe Exam Prep Jasmin Somji G6 - G12 MY Building 207	Science Support Lubna Jlad G6 - G10 MY Building 011
	Young Entrepreneurs Ashley Fitzgibbons G6 - G8 MY Building 107	Maths Support Bethlehem Demisse G6 - G12 MY Building 108	Swimming Beginners 2 / Development 1-2 SPEEDO G6 - G12 Olympic Pool 6 - 10	Theatre Company Morna McDonald G6 - G12 AUD Black Box	Voices of Harmony (School Choir) Rebekkah Hazen G6 - G12 MY Building 220
	Beach Volleyball Stryx G6 - G12 Beach Volleyball Court	Athletics Stryx G6 - G12 Outdoor Track	Wall Climbing Stryx G6 - G12 Outdoor Climbing Wall	Basketball Stryx G6 - G12 Sports Hall 2	Roller Skating (Advanced) Stryx G6 - G12 Skylight Room
	Parkour Stryx G6 - G12 Activity Room 1	Barça Football Stryx G6 - G12 Football Field 3		Chinese (as foreign language) Headway Institute G6 - G12 MY Building 110	Russian (as mother-tongue) Headway Institute G6 - G12 MY Building 110
	Roller Skating (Beginners) Stryx G6 - G12 Skylight Room	Chess Chess Knowledge G6 - G12 MY Building 106		E-Sport Stryx G6 - G9 S23 IT Lab	Russian (as foreign language) Headway Institute G6 - G12 MY Building 103
	Swimming Beginners 2 / Development 1-2 SPEEDO G6 - G12 Olympic Pool 6 - 10	Karate Stryx G6 AUD Dance Studio		Italian (as foreign language) Headway Institute G6 - G12 MY Building 010	Spanish (as foreign language) Headway Institute G6 - G12 MY Building 108
	Tennis Stryx G6 - G12 Tennis Court 2	Roller Skating (Advanced) Stryx G6 - 12 Skylight Room		Karate Stryx G6 AUD Dance Studio	Tennis Stryx G6 - G12 Tennis Courts 1, 2
	Wall Climbing Stryx G6 - G12 Outdoor Climbing Wall	Rugby Stryx G6 - G12 Football Field 4		Spanish (as foreign language) Headway Institute G6 - G12 MY Building 108	
		Swimming Beginners 2 / Development 1-2 SPEEDO G6 - G12 Olympic Pool 6 - 10		Swimming Beginners 2 / Development 1-2 SPEEDO G6 - G12 Olympic Pool 6 - 10	
	Wall Climbing Stryx G6 - G12 Outdoor Climbing Wall				
15:45-16:45 Drop-in only	Library Study <i>[teacher]</i> G6 - G12 MY Library	Library Study <i>[teacher]</i> G6 - G12 MY Library		Library Study <i>[teacher]</i> G6 - G12 MY Library	
SID TEAMS		MYP Tennis G6 - G10 Vanda + Tiana + Rob 15:45 - 16:45 Tennis Court 2		MYP Track & Field G6 - G10 Vanda + Rob 15:45 - 16:45 Field 2 / Outdoor Track	
	MYP Track & Field G6 - G10 Rob 15:45 - 16:45 Field 2 / Outdoor Track	MYP Swimming G6 - G10 Aurore 15:50 - 16:50 Olympic Pool 1 - 5	MYP Swimming G6 - G10 Aurore 15:45 - 16:45 Olympic Pool 1 - 5	MYP Swimming G6 - G10 Aurore 06:50 - 07:50 Olympic Pool 1 - 5	
	Internal ASA Teacher Grades Classroom / Location	External ASA External Provider Grades Classroom / Location	SID Teams (Practices) Teacher Time Location	SID Teams (Game/Event Days) Teacher Time Location	

## SECONDARY YEARS ASAs Schedule, Descriptions & Details

### **INTERNAL ASAs (Free, 2 max per student per week)**

Internal after-school activities are delivered by SISD teachers and are **free of charge** (in some cases, a small fee might be charged for equipment).

Each student is permitted to participate in **2 INTERNAL ASAs per week (including teams)**.

- Early Years** : Sunday, Tuesday, and Wednesday (teachers meet on Mondays & Thursdays)
- Primary Years** : Sunday, Wednesday, and Thursday (teachers meet on Mondays & Tuesdays)
- Secondary Years** : Sunday, Monday, Wednesday, and Thursday (teachers meet on Tuesdays)

For any questions you may have about the actual ASA, please send an email to the teachers offering the ASA.

Registration is done on the system - first come, first served basis, with priority. This means that the software will actually consider all registrations to allocate Internal ASAs according to all requests, available places and priorities parents have chosen. This is meant to be fair to everyone.

### **EXTERNAL ASAs (Paid)**

External after-school activities are **offered on SISD campus** by **external providers**, whose fees vary for each ASA.

On a general note when registering with an external ASA provider, parents are entering into a direct agreement with the provider and not SISD. We therefore expect any issues to be resolved directly between the parents and the provider. However, SISD do appreciate and welcome feedback on what is happening so that we can ensure all matters are dealt with promptly and that our providers are providing good and quality service to our students/families.

Students can participate in **as many EXTERNAL ASAs** as they wish.

Registration is done directly with **each provider** by phone and by e-mail at any time or during the Expos **where the providers will be present on SISD campus**.

Registration is on a first come, first served basis and places are reserved by the external providers only once they have received full payment.

## SUNDAY

### INTERNAL ASAs

ACTIVITY / COST	GRADE	TIME / LOCATION	DESCRIPTION
<p>Current Events</p> <p><b>FREE</b></p>	G8 – G12	<p>3:45PM – 4:45PM</p> <p>MY Building 205</p>	<p>This club is for those students interested in keeping up-to-date on current events around the world. It is a good extension for those studying or looking to study Global Politics in the DP as well as those students who enjoy the integrated humanities in the MYP. Students are introduced to library and online resources that are useful across subjects.</p> <p>Teacher: Jake Molla (<a href="mailto:jake.molla@sisd.ae">jake.molla@sisd.ae</a>)</p>
<p>Diploma Science Support</p> <p><b>FREE</b></p>	G11 – G12	<p>3:45PM – 4:45PM</p> <p>MY Building 005</p>	<p>This support class is specifically for students studying physics and chemistry in the DP who require additional time to work on course content.</p> <p>Teacher: Nora Norris (<a href="mailto:nora.norris@sisd.ae">nora.norris@sisd.ae</a>)</p>
<p>French DELF Junior Exam Prep</p> <p><b>REGISTRATION FEES: (TBD)</b></p> <p>Level A1: AED XX Level A2: AED XX Level B1: AED XX Level B2: AED XX</p> <p><b>** Prices subject to modification for exam sessions in 2020</b></p>	G6 – G12	<p>3:45PM – 4:45PM</p> <p>MY Building 209</p>	<p>The DELF junior is a diploma issued by the French Ministry of National Education in recognition of French-language studies. The tests are adapted to the teenage lifestyle and correspond to the interests of teens. The DELF diploma is recognized internationally, and is accepted by most universities requesting an attest of French language proficiency (level B2 and higher).</p> <p>The DELF exam assess a non-native French student's ability to communicate, both orally and verbally. It assesses students at four levels (A1, A2, B1, B2), which correspond to the levels of the Common European Framework of Reference for Languages (CEFR).</p> <p>For more info: <a href="http://www.ciep.fr/en/delf-junior">http://www.ciep.fr/en/delf-junior</a></p> <p>This ASA is a preparation course to the DELGF Prim exam, organized by the Institut Français. Depending on their language proficiency level and on their progress, students will be invited to register to the exam session in 2020.</p> <p>Please note that this will be an external exam (location to be confirmed, usually a school in Dubai). It will take place on a Saturday (exact date and schedule to be confirmed). Registration fees to be paid extra by the parents.</p> <p><b>SISD will facilitate the registration process. However, we will NOT accompany the children to the exam location; this will be parents' responsibility.</b></p> <p>Teachers: Géraldine Lesage (<a href="mailto:lesage.geraldine@sisd.ae">lesage.geraldine@sisd.ae</a>) Nelson Barrios (<a href="mailto:nelson.barrios@sisd.ae">nelson.barrios@sisd.ae</a>)</p>

<p>Pop &amp; Rock Band</p> <p><b>FREE</b></p>	<p>G6 – G12</p>	<p>3:45PM – 4:45PM</p> <p>MY Building 221</p>	<p>This ASA will mainly focus on modern music genres such as pop, rock and reggae. Students should already have intermediate to advanced skills on one particular instrument, but can also choose from our string and percussion instruments as well as piano and vocals.</p> <p>The goal for this activity is to learn and develop new instrumental/vocal skills in order to create a repertoire and perform as a school band.</p> <p>Teacher: Joachim Beyer (<a href="mailto:joachim.beyer@sisd.ae">joachim.beyer@sisd.ae</a>)</p>
<p>Young Entrepreneurs</p> <p><b>FREE</b></p>	<p>G6 – G8</p>	<p>3:45PM – 4:45PM</p> <p>MY Building 107</p>	<p>This activity is restricted to grades 6,7 and 8 in order to expose them to elements of business such as business plans, financial planning, market research and product development. Students will have to set up a company as a project.</p> <p>Teacher: Ashley Fitzgibbons (<a href="mailto:ashley.fitzgibbons@sisd.ae">ashley.fitzgibbons@sisd.ae</a>)</p>

**EXTERNAL ASAs**

ACTIVITY / COST	GRADE	TIME / LOCATION	DESCRIPTION
<p>Beach Volleyball</p> <p>Season 2: AED 1100 / 10 Sessions</p>	<p>G6 – G12</p>	<p>3:45PM – 4:45PM</p> <p>Beach Volleyball Court</p>	<p>Elite Volleyball Academy offers the best Volleyball training for junior athletes as well as for adult players. Certified professional coaches provide an amazing club Volleyball experience by sharing their wide knowledge and making sure our members get to their full potential.</p> <p><b>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</b></p> <p>Provider: STRYX Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a> 058 895 9377 055 877 1658 800 STRYX</p>
<p>Parkour</p> <p>Season 2: AED 1100 / 10 Sessions</p>	<p>G6 – G12</p>	<p>3:45PM – 4:45PM</p> <p>Activity Room 1</p>	<p>Parkour DXB: the home of Parkour in the UAE. Our differentiated extracurricular programs offer an alternative to traditional sports. Younger kids love to learn and play! We teach children the fundamentals of movement by exploring movement in a fun and engaging way. Skills include balancing, rolling, climbing, jumping and more. For older pupils, Parkour offers a holistic and engaging approach to movement training that encourages a strong body and a focused mind. Learn the basics of Parkour, challenge yourself and improve your fitness levels in a safe, but exciting environment</p> <p>Provider: STRYX Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a> 058 895 9377 055 877 1658 800 STRYX</p>

<p>Roller Skating (Beginners)</p> <p>Season 2: AED 1100 / 10 Sessions</p>	<p>G6 – G12</p>	<p>3:45PM – 4:45PM</p> <p>Skylight Room</p>	<p>Inline roller skating is a fun and exciting sport for kids of all ages. It helps children develop agility, stability and balance. It is a great workout and improves overall physical fitness and helps build leg and core body muscles. Beginner classes will learn the basics of skating: how to balance on skates, first steps to gliding, braking and basic turns. Intermediate classes will learn advanced and faster gliding techniques, advanced turns and fun tricks on skates.</p> <p><b>We require all students to wear full safety gear: helmet and protective pads (elbow, wrists, knees).</b></p> <p><b><u>Students will not be able to participate without the mandatory equipment.</u></b></p> <p><b>Required gear for roller skating classes:</b> <b>INLINE SKATES <u>only</u> (wheels in single line)</b></p> <p><b>PROTECTIVE GEAR:</b></p> <ul style="list-style-type: none"> <li>• <b>Helmet (cycling helmet is acceptable)</b></li> <li>• <b>Full set of safety pads: knee, elbow and wrist pads</b></li> </ul> <p><b>CLOTHING &amp; OTHER:</b></p> <ul style="list-style-type: none"> <li>• <b>General sports clothing, water bottle, and a towel</b></li> </ul> <p><b>Skates and equipment can be bought in major sports stores.</b></p> <p>Provider: STRYX Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a> 058 895 9377 055 877 1658 800 STRYX</p>
<p>Swimming Beginners 2 / Development 1-2</p> <p>Season 2: AED 1100 / 10 Sessions</p>	<p>G6 – G12</p>	<p>3:45PM – 4:45PM</p> <p>Olympic Pool 6 – 10</p>	<p>This phase is an introductory level to competitive swimming and the development of the four competitive strokes. In order to begin in the development levels of our program, swimmers must be able to swim a minimum of 25 meters' freestyle/front crawl and backstroke.</p> <p>Provider: SPEEDO (under STRYX) Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a> 058 895 9377 055 877 1658 800STRYX</p>

<p>Tennis</p> <p>Season 2: AED 1100 / 10 Sessions</p>	<p>G6 – G12</p>	<p>3:45PM – 4:45PM</p> <p>Tennis Court 2</p>	<p>Kids develop a wide range of strategies in order to have their own style of play. They now play in normal conditions and build a complete game as a tennis player.</p> <p><b><u>Students must bring their own tennis rackets.</u></b></p> <p><b>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</b></p> <p>Provider: STRYX Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a> 058 895 9377 055 877 1658 800 STRYX</p>
<p>Wall Climbing</p> <p>Season 2: AED 1100 / 10 Sessions</p>	<p>G6 – G12</p>	<p>3:45PM – 4:45PM</p> <p>Outdoor Climbing Wall</p>	<p>Rock climbing is a great activity for children from ages 4 and above. Our UK certified climbing coach will ensure your child learns how to climb safely. Climbing is an all-around form of exercise which uses every muscle in the body, and many, many parts of the brain! If you have been worried that your child spends a little too much time with eyes glued to a screen, climbing is a great solution to help them. When they face a climbing wall, all outside influences wash away and leave their head clear and ready for the task at hand. Climbing a wall requires focus and concentration. Children learn very fast that they must pay attention if they want to progress. Climbing is so much fun that children do not even realize that it is exercise! With time, the sport builds body confidence, self-awareness in addition to physical strength.</p> <p><b><u>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</u></b></p> <p>Provider: STRYX Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a> 058 895 9377 055 877 1658 800 STRYX</p>

## MONDAY

### INTERNAL ASAs

ACTIVITY / COST	GRADE	TIME / LOCATION	DESCRIPTION
Art Club  <b>FREE</b>	G6 – G12	3:45PM – 4:45PM  MY Building 320	<p>Ideas Matter Here.</p> <p>Which is why we empower you with the freedom to work in multiple media. The ART CLUB provides secondary school students with the necessary creative freedom to develop a sustained, structured dialogue between ideas and process. Mirroring the methods and practices of the contemporary artists and designers, students are given the opportunity to freely explore across media in order to build strong skills and develop their portfolios while reflecting their personal interests. Students should be able to master not just one medium, but to have the freedom to move and explore throughout different disciplines; to experiment; to take risks; to find the right solution for each visual arts related projects they decide to work on. Our art rooms are laboratories where conceptual thinking, artmaking, and design skills are developed under our guidance. All creative minds are welcome to join!</p> <p>Teacher: Elizabeth Fairleigh (<a href="mailto:elizabeth.fairleigh@sisd.ae">elizabeth.fairleigh@sisd.ae</a>)</p>
English Support  <b>FREE</b>	G6 – G12	3:45PM – 4:45PM  MY Building 102	<p>This ASA is designed to consolidate what students learn in their regular classes so that they get additional practice. We discuss the texts they read in the English Language and Literature class, help with preparing English projects, revise some grammatical / vocabulary points. The program is tailored to the students' individual needs. This ASA can also be considered as homework help.</p> <p>Teacher: Arwel Evans (<a href="mailto:arwel.evans@sisd.ae">arwel.evans@sisd.ae</a>)</p>
German Student Radio  <b>FREE</b>	G6 – G12	3:45PM – 4:45PM  MY Building 104	<p>This activity is for students of German language and literature who wish to extend their use of language in context. Students will complete scripts and performances for a student radio show which is then broadcast at allocated break times in Secondary around the Secondary building.</p> <p>Teacher: Stephanie Wehner (<a href="mailto:stephanie.wehner@sisd.ae">stephanie.wehner@sisd.ae</a>)</p>
Mathletes  (Invite Only)  <b>FREE</b>	G6 – G12	3:45PM – 4:45PM  MY Building 105	<p>This activity is for those students who are talented in Mathematics and which for additional challenge through participating in competitions.</p> <p><b><u>This ASA is by invitation only!</u></b></p> <p>Teacher: Neil Kelly (<a href="mailto:neil.kelly@sisd.ae">neil.kelly@sisd.ae</a>)</p>



<p>Maths Support</p> <p><b>FREE</b></p>	<p>G6 – G12</p>	<p>3:45PM – 4:45PM</p> <p>MY Building 108</p>	<p>Helping students with math homework, Math Space assignments, and develop math skills based on individual needs using activities and online resources.</p> <p>Teacher: Bethlehem Demisse (<a href="mailto:bethlehem.demisse@sisd.ae">bethlehem.demisse@sisd.ae</a>)</p>
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### EXTERNAL ASAs

ACTIVITY / COST	GRADE	TIME / LOCATION	DESCRIPTION
<p>Athletics</p> <p>Season 2: AED 1100 / 10 Sessions</p>	G6 – G12	<p>3:45PM – 4:45PM</p> <p>Outdoor Track</p>	<p>These classes are aimed to work on running techniques and speed. We provide special running drills, teaching how to stretch before and after exercises, focusing on running strength training. Introducing run speed intervals and work on stamina and learning how to recover properly.</p> <p><b>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</b></p> <p>Provider: STRYX Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a> 058 895 9377 055 877 1658 800 STRYX</p>
<p>Barça Football</p> <p>Season 2: AED 1100 / 10 Sessions</p>	G6 – G12	<p>3:45PM – 4:45PM</p> <p>Football Field 3</p>	<p>At Barça Academy Dubai, we pride ourselves on giving an opportunity to children of all abilities and both genders aged between 4-16 years old to receive a professional training in Dubai. Based on the official FC Barcelona curriculum, developing young players' technical skills and passion for the game. Ensuring the player performs the best they possibly can. Our FC Barcelona accredited and certified coaches have been flown in from Barcelona to teach the children to play football the same structure as FC Barcelona that has become synonymous with victory. Sessions are dedicated to teaching the children the unique FC Barcelona techniques, skills and implementing matches. This allows our players to put their new skills into practice when participating in many local and international tournaments throughout the year, as we believe that the exposure to competitive situations greatly helps in the players' development.</p> <p>Admission fee options: 1) AED 160 for the year, with T-shirt (VAT inc) 2) AED 300 for the year, with socks, T-shirt, and shorts (VAT inc)</p> <p><b>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</b></p> <p>Provider: STRYX Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a> 058 895 9377 055 877 1658 800 STRYX</p>

<p>Chess</p> <p><b>Season 2: AED 1050 / 10 Sessions</b></p>	<p>G6 – G12</p>	<p>3:45PM – 4:45PM</p> <p>MY Building 106</p>	<p>According to research, test scores improved by 17.3% for students regularly engaged in chess classes, compared with only 4.6% for children participating in other forms of enriched activities" said 4-time World Champion Susan Polgar. Chess Lesson – teaching a particular skill, idea, strategy, move or concept. The focus being on improving Thinking Skills such as Problem Solving, Memory, Critical Thinking, Analysis, Decision Making, Concentration, Visualization, Lateral Thinking, Creative Thinking and more.</p> <p>Provider: Chess Knowledge Contact: Alexandra 050 5028145 0559484111 <a href="mailto:alexandrachess@yahoo.com">alexandrachess@yahoo.com</a></p>
<p>Karate</p> <p><b>Season 2: AED 1100 / 10 Sessions</b></p>	<p>G6</p>	<p>3:45PM – 4:45PM</p> <p>AUD Dance Studio</p>	<p>Budo Juku (meaning Martial Arts in Japan) are currently delivering a professional standard of Wado Ryu Karate style to both children and adult across the UAE. Our lessons are conducted in Japanese and all students are registered and affiliated to the official "Wado Ryu Academy".</p> <p>Karate will make its first appearance as an Olympic sport at the 2020 Summer Olympics in Tokyo, Japan. It will feature two events, Kumite and Kata.</p> <p>Provider: STRYX Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a> 058 895 9377 055 877 1658 800 STRYX</p>

<p>Roller Skating (Advanced)</p> <p>Season 2: AED 1100 / 10 Sessions</p>	<p>G6 – G12</p>	<p>3:45PM – 4:45PM</p> <p>Skylight Room</p>	<p>Inline roller skating is a fun and exciting sport for kids of all ages. It helps children develop agility, stability and balance. It is a great workout and improves overall physical fitness and helps build leg and core body muscles. Beginner classes will learn the basics of skating: how to balance on skates, first steps to gliding, braking and basic turns. Intermediate classes will learn advanced and faster gliding techniques, advanced turns and fun tricks on skates.</p> <p><b>We require all students to wear full safety gear: helmet and protective pads (elbow, wrists, knees).</b></p> <p><b><u>Students will not be able to participate without the mandatory equipment.</u></b></p> <p><b>Required gear for roller skating classes: INLINE SKATES <u>only</u> (wheels in single line)</b></p> <p><b>PROTECTIVE GEAR:</b></p> <ul style="list-style-type: none"> <li>• Helmet (cycling helmet is acceptable)</li> <li>• Full set of safety pads: knee, elbow and wrist pads</li> </ul> <p><b>CLOTHING &amp; OTHER:</b></p> <ul style="list-style-type: none"> <li>• General sports clothing, water bottle, and a towel</li> </ul> <p><b>Skates and equipment can be bought in major sports stores.</b></p> <p>Provider: STRYX Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a> 058 895 9377 055 877 1658 800 STRYX</p>
<p>Rugby</p> <p>Season 2: AED 1100 / 10 Sessions</p>	<p>G6 – G12</p>	<p>3:45PM – 4:45PM</p> <p>Football Field 4</p>	<p>From Grassroots to competitive squads, Barrelhouse Rugby in partnership with STRYX is your leader in rugby coaching here in the UAE. We bring our core values such as respect, honour, discipline and sportsmanship into a fun, active, inclusive and progressive rugby season. Expect your child to come home with stories of glory and excitement, right until their heads hit the pillow.</p> <p>For more information about our syllabus and competitive squads, please go on <a href="http://www.barrelhouserugby.club">www.barrelhouserugby.club</a></p> <p><b>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</b></p> <p>Provider: STRYX Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a> 058 895 9377 055 877 1658 800 STRYX</p>

<p>Swimming Beginners 2 / Development 1-2</p> <p>Season 2: AED 1100 / 10 Sessions</p>	<p>G6 – G12</p>	<p>3:45PM – 4:45PM</p> <p>Olympic Pool 6 - 10</p>	<p>This phase is an introductory level to competitive swimming and the development of the four competitive strokes. In order to begin in the development levels of our program, swimmers must be able to swim a minimum of 25 meters’ freestyle/front crawl and backstroke.</p> <p>Provider: SPEEDO (under STRYX) Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a> 058 895 9377 055 877 1658 800STRYX</p>
<p>Wall Climbing</p> <p>Season 2: AED 1100 / 10 Sessions</p>	<p>G6 – G12</p>	<p>3:45PM – 4:45PM</p> <p>Outdoor Climbing Wall</p>	<p>Rock climbing is a great activity for children from ages 4 and above. Our UK certified climbing coach will ensure your child learns how to climb safely. Climbing is an all-around form of exercise which uses every muscle in the body, and many, many parts of the brain! If you have been worried that your child spends a little too much time with eyes glued to a screen, climbing is a great solution to help them. When they face a climbing wall, all outside influences wash away and leave their head clear and ready for the task at hand. Climbing a wall requires focus and concentration. Children learn very fast that they must pay attention if they want to progress. Climbing is so much fun that children do not even realize that it is exercise! With time, the sport builds body confidence, self-awareness in addition to physical strength.</p> <p><b>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</b></p> <p>Provider: STRYX Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a> 058 895 9377 055 877 1658 800 STRYX</p>

## TUESDAY

### EXTERNAL ASAs

ACTIVITY / COST	GRADE	TIME / LOCATION	DESCRIPTION
Chess Season 2: AED 1155 / 11 Sessions	G6 – G12	3:45PM – 4:45PM MY Building 106	<p>According to research, test scores improved by 17.3% for students regularly engaged in chess classes, compared with only 4.6% for children participating in other forms of enriched activities" said 4-time World Champion Susan Polgar. Chess Lesson – teaching a particular skill, idea, strategy, move or concept. The focus being on improving Thinking Skills such as Problem Solving, Memory, Critical Thinking, Analysis, Decision Making, Concentration, Visualization, Lateral Thinking, Creative Thinking and more.</p> <p>Provider: Chess Knowledge            Contact: Alexandra            050 5028145            0559484111  <a href="mailto:alexandrachess@yahoo.com">alexandrachess@yahoo.com</a></p>
Drone and Robot Camp Season 2: AED 1210 / 11 Sessions	G6 – G9	3:45PM – 4:45PM MY Building 002	<p>Introduced for the first time, Drones and Robot Camp will expose students to different drone and robot concepts where they will learn how to program them to advance their project-based learner and advance their competition skills.</p> <p>Provider: STRYX            Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a>            058 895 9377            055 877 1658            800 STRYX</p>
French Theatre Season 2: AED 1386 / 11 Sessions	G6	3:45PM – 4:45PM Auditorium / AUD Black Box	<p>Come and discover the exciting and fun world of acting and drama with this weekly workshop around drama and improvisation exercises and techniques. Kids will work on their skills, confidence, creativity, body language, team work to unleash their artistic potential! A show/play will be prepared and presented at the end of the year (end of June). Thus, new students can join the class for the 2nd season, but will need to commit to the ASA for the 2nd and 3rd season.</p> <p><b>**The students need to be aware that leaving the group prematurely will handicap the rest of the kids and is not allowed.</b></p> <p>Provider: Culture Emulsion            Contact: Mathilde            052 838 1919  <a href="mailto:contact@culture-emulsion.com">contact@culture-emulsion.com</a></p>

<p>Roller Skating (Beginners)</p> <p>Season 2: AED 1210 / 11 Sessions</p>	<p>G6 – G12</p>	<p>3:45PM – 4:45PM</p> <p>Skylight Room</p>	<p>Inline roller skating is a fun and exciting sport for kids of all ages. It helps children develop agility, stability and balance. It is a great workout and improves overall physical fitness and helps build leg and core body muscles. Beginner classes will learn the basics of skating: how to balance on skates, first steps to gliding, braking and basic turns. Intermediate classes will learn advanced and faster gliding techniques, advanced turns and fun tricks on skates.</p> <p><b>We require all students to wear full safety gear: helmet and protective pads (elbow, wrists, knees).</b></p> <p><b><u>Students will not be able to participate without the mandatory equipment.</u></b></p> <p><b>Required gear for roller skating classes:</b> <b>INLINE SKATES <u>only</u> (wheels in single line)</b></p> <p><b>PROTECTIVE GEAR:</b></p> <ul style="list-style-type: none"> <li>• Helmet (cycling helmet is acceptable)</li> <li>• Full set of safety pads: knee, elbow and wrist pads</li> </ul> <p><b>CLOTHING &amp; OTHER:</b></p> <ul style="list-style-type: none"> <li>• General sports clothing, water bottle, and a towel</li> </ul> <p><b>Skates and equipment can be bought in major sports stores.</b></p> <p>Provider: STRYX Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a> 058 895 9377 055 877 1658 800 STRYX</p>
<p>Swimming Beginners 2 / Development 1-2</p> <p>Season 2: AED 1210 / 11 Sessions</p>	<p>G6 – G12</p>	<p>3:45PM – 4:45PM</p> <p>Olympic Pool 6 – 10</p>	<p>This phase is an introductory level to competitive swimming and the development of the four competitive strokes. In order to begin in the development levels of our program, swimmers must be able to swim a minimum of 25 meters' freestyle/front crawl and backstroke.</p> <p>Provider: SPEEDO (under STRYX) Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a> 058 895 9377 055 877 1658 800STRYX</p>

<p>Wall Climbing</p> <p>Season 2: AED 1210 / 11 Sessions</p>	<p>G6 – G12</p>	<p>3:45PM – 4:45PM</p> <p>Outdoor Climbing Wall</p>	<p>Rock climbing is a great activity for children from ages 4 and above. Our UK certified climbing coach will ensure your child learns how to climb safely. Climbing is an all-around form of exercise which uses every muscle in the body, and many, many parts of the brain! If you have been worried that your child spends a little too much time with eyes glued to a screen, climbing is a great solution to help them. When they face a climbing wall, all outside influences wash away and leave their head clear and ready for the task at hand. Climbing a wall requires focus and concentration. Children learn very fast that they must pay attention if they want to progress. Climbing is so much fun that children do not even realize that it is exercise! With time, the sport builds body confidence, self-awareness in addition to physical strength.</p> <p><b>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</b></p> <p>Provider: STRYX Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a> 058 895 9377 055 877 1658 800 STRYX</p>
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## WEDNESDAY

### INTERNAL ASAs

ACTIVITY / COST	GRADE	TIME / LOCATION	DESCRIPTION
Digital Design Club  <b>FREE</b>	G6 – G12	3:45PM – 4:45PM  MY Building 009	Creation and development of visual communication needs using graphic design programs - student involvement targeting community needs.  Teacher: Juan Rodriguez ( <a href="mailto:juan.rodriguez@sisd.ae">juan.rodriguez@sisd.ae</a> )
English Cambridge Exam Prep  <b>REGISTRATION FEES: (TBD)</b>  Level A1: AED XX Level A2: AED XX Level B1: AED XX Level B2: AED XX  <b>** Prices subject to modification for exam sessions in 2020</b>	G6 – G12	3:45PM – 4:45PM  MY Building 212	The Cambridge certificates are diploma issued by British Council in recognition of English-language studies. The tests are adapted to the teenage lifestyle and correspond to the interests of teens.  The Cambridge certificates attest non-native English students' English language proficiency and ability to communicate, both orally and verbally. It assesses students at four levels (A1, A2, B1, B2), which correspond to the levels of the Common European Framework of Reference for Languages (CEFR).  For more info: <a href="http://www.britishcouncil.ae/en/exam/cambridge">www.britishcouncil.ae/en/exam/cambridge</a>  This ASA is a preparation course to the Cambridge exam, organized by the British Council. Depending on their language proficiency level and on their progress, students will be invited to register to the exam session in 2020.  Please note that this will be an external exam (location to be confirmed, usually at the British Council in Dubai). Exact date and schedule will be confirmed to the candidates. Registration fees to be paid extra by the parents.  <b>SISD will facilitate the registration process. However, we will NOT accompany the children to the exam location; this will be parents' responsibility.</b>  Teacher: Alex Wilson ( <a href="mailto:alex.wilson@sisd.ae">alex.wilson@sisd.ae</a> )

<p>French Support</p> <p><b>FREE</b></p>	<p>G6 – G12</p>	<p>3:45PM – 4:45PM</p> <p>MY Building 118</p>	<p>This ASA is designed to consolidate what students learn in their regular classes so that they get additional practice. We discuss the texts they read in the French Language and Literature class, help with preparing French projects, revise some grammatical / vocabulary points. The program is tailored to the students' individual needs. This ASA can also be considered as homework help.</p> <p><b>This ASA is designed for E/F bilingual students only. E/G students and English+ students willing to learn French or to deepen their French skills shall register to the French DELF Junior Exam Preparation ASA.</b></p> <p>Teacher: Sophie Lambremont (<a href="mailto:sophie.lambremont@sisd.ae">sophie.lambremont@sisd.ae</a>)</p>
<p>German Goethe Exam Prep</p> <p><b>REGISTRATION FEES: (TBD)</b></p> <p>Level A1: AED XX Level A2: AED XX Level B1: AED XX Level B2: AED XX</p> <p><b>** Prices subject to modification for exam sessions in 2020</b></p>	<p>G6 – G12</p>	<p>3:45PM – 4:45PM</p> <p>MY Building 207</p>	<p>The Fit in Deutsch diplomas issued by the Goethe Institute are internationally recognized. The tests are adapted to the teenage lifestyle and correspond to the interests of teens. The Goethe diplomas are accepted by most universities requesting an attest of French language proficiency (level B2 and higher).</p> <p>The Fit in Deutsch exam assess a non-native German student's ability to communicate, both orally and verbally. It assesses students at four levels (A1, A2, B1, B2), which correspond to the levels of the Common European Framework of Reference for Languages (CEFR).</p> <p>For more info: <a href="https://www.goethe.de/ins/ae/en/spr/prf.html">https://www.goethe.de/ins/ae/en/spr/prf.html</a></p> <p>This ASA is a preparation course to the Fit in Deutsch exams organized by the Goethe Institute. Depending on their language proficiency level and on their progress, students will be invited to register to the exam session in April-June 2020. Please note that this will be an external exam (location to be confirmed, Goethe Institute or school in Dubai). The exact dates and schedules will be confirmed to the candidates. Registration fees to be paid extra by the parents.</p> <p><b>SISD will facilitate the registration process. However, we will NOT accompany the children to the exam location; this will be parents' responsibility.</b></p> <p>Teachers: Jasmin Sonji (<a href="mailto:jasmin.somji@sisd.ae">jasmin.somji@sisd.ae</a>)</p>

<p>Theatre Company</p> <p><b>FREE</b></p>	<p>G6 – G12</p>	<p>3:45PM – 4:45PM</p> <p>AUD Black Box</p>	<p>SISD students who are passionate about being on stage or behind it will attend weekly drama workshops to develop their acting and performance skills towards a final performance. Actors, dancers, musicians, comedians, and writers are encouraged to attend!</p> <p>Teacher: Morna McDonald (<a href="mailto:morna.mcdonald@sisd.ae">morna.mcdonald@sisd.ae</a>)</p>
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**EXTERNAL ASAs**

ACTIVITY / COST	GRADE	TIME / LOCATION	DESCRIPTION
<p>Basketball</p> <p>Season 2: AED 1210 / 11 Sessions</p>	<p>G6 – G12</p>	<p>3:45PM – 4:45PM</p> <p>Sports Hall 2</p>	<p>We developed after school activities in order to invite youths to participate outside of the traditional school day. The goal of PSSA after school activity program is to provide your child with the opportunity to engage in a positive, active, and fun environment, while also learning and developing basic basketball skills. Here we also search for players to play for their respective school's basketball teams.</p> <p>Provider: STRYX Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a> 058 895 9377 055 877 1658 800 STRYX</p>
<p>Chinese (as foreign language)</p> <p>Season 2: AED 1155 / 11 Sessions</p>	<p>G6 – G12</p>	<p>3:45PM – 4:45PM</p> <p>MY Building 110</p>	<p>We can teach your children how to speak, read and think in Chinese properly at our Chinese Language classes. Folk stories, fairytales, books by Chinese writers and poets will give them wonderful moments during reading classes. Your children will learn how to write essays and dictations which will help them to develop good grammar skills and improve the vocabulary.</p> <p>Provider: Headway Institute Contact: <a href="mailto:courses@headin.pro">courses@headin.pro</a> +971 (0)4 362 5313 / 17 / 18 /19</p>
<p>E-Sport</p> <p>Season 2: AED 1210 / 11 Sessions</p>	<p>G6 – G12</p>	<p>3:45PM – 4:45PM</p> <p>S23 IT Lab</p>	<p>This program is designed to bring a positive player community among the school, where students will be encouraged to build both individual and team skills while also introducing each child to new training challenges. The course priorities individual performance improvement and personal growth. We believe that an interactive environment, focusing on the individual, team, competition and FUN are vital to players and individual advancement. The E-sport club will provide students with the needed equipment to best benefit from the gaming experience and environment, like flight simulator kits, car racing kits, licences and varies benefits.</p> <p>Provider: STRYX Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a> 058 895 9377 055 877 1658 800 STRYX</p>
<p>Italian (as foreign language)</p> <p>Season 2: AED 1155 / 11 Sessions</p>	<p>G6 – G12</p>	<p>3:45PM – 4:45PM</p> <p>MY Building 010</p>	<p>The course is aimed at those students who do not have any Italian background and would like to learn a new language.</p> <p>Provider: Headway Institute Contact: <a href="mailto:courses@headin.pro">courses@headin.pro</a> +971 (0)4 362 5313 / 17 / 18 /19</p>

<p>Karate</p> <p><b>Season 2: AED 1210 / 11 Sessions</b></p>	<p>G6</p>	<p>3:45PM – 4:45PM</p> <p>AUD Dance Studio</p>	<p>Budo Juku (meaning Martial Arts in Japan) are currently delivering a professional standard of Wado Ryu Karate style to both children and adult across the UAE. Our lessons are conducted in Japanese and all students are registered and affiliated to the official “Wado Ryu Academy”.</p> <p>Karate will make its first appearance as an Olympic sport at the 2020 Summer Olympics in Tokyo, Japan. It will feature two events, Kumite and Kata.</p> <p>Provider: STRYX Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a> 058 895 9377 055 877 1658 800 STRYX</p>
<p>Spanish (as a foreign language)</p> <p><b>Season 2: AED 1155 / 11 Sessions</b></p>	<p>G6 – G12</p>	<p>3:45PM – 4:45PM</p> <p>MY Building 108</p>	<p>We can teach your children how to speak, read and think in Spanish properly at our Spanish Language classes. Folk stories, fairytales, books by Spanish writers and poets will give them wonderful moments during reading classes. Your children will learn how to write essays and dictations which will help them to develop good grammar skills and improve the vocabulary.</p> <p>Provider: Headway Institute Contact: <a href="mailto:courses@headin.pro">courses@headin.pro</a> +971 (0)4 362 5313 / 17 / 18 /19</p>
<p>Swimming Beginners 2 / Development 1-2</p> <p><b>Season 2: AED 1210 / 11 Sessions</b></p>	<p>G6 – G12</p>	<p>3:45PM – 4:45PM</p> <p>Olympic Pool 6 – 10</p>	<p>This phase is an introductory level to competitive swimming and the development of the four competitive strokes. In order to begin in the development levels of our program, swimmers must be able to swim a minimum of 25 meters’ freestyle/front crawl and backstroke.</p> <p>Provider: SPEEDO (under STRYX) Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a> 058 895 9377 055 877 1658 800STRYX</p>

## THURSDAY

### INTERNAL ASAs

ACTIVITY / COST	GRADE	TIME / LOCATION	DESCRIPTION
English Reading & Creative Writing  <b>FREE</b>	G6 – G12	3:45PM – 4:45PM  MY Library	This activity is for those seeking to improve the quality of their English written work for language and literature specifically but also useful for other subjects taught in English . The focus is on creative work and use of more complex vocabulary and structures. This activity is very useful preparation for MYP eAssessment preparations.  Teacher: Pierre De Levay ( <a href="mailto:pierre.delevay@sisd.ae">pierre.delevay@sisd.ae</a> )
French Creative Writing  <b>FREE</b>	G6 – G12	3:45PM – 4:45PM  MY Building 204	This activity is for those seeking to improve the quality of their French written work for language and literature specifically but also useful for other subjects taught in French . The focus is on creative work and use of more complex vocabulary and structures. This activity is very useful preparation for MYP eAssessment preparations.  Teacher: Lina Ghamra ( <a href="mailto:lina.ghamra@sisd.ae">lina.ghamra@sisd.ae</a> )
Quran Club  <b>FREE</b>	G6 – G12	3:45PM – 4:45PM  MY Building 111	The Quran Club will help developing the recitation, pronunciation and Tajweed skills of students with the support in memorization of the requested Suras of their levels.  Teacher: Ahmed Refai ( <a href="mailto:ahmed.refai@sisd.ae">ahmed.refai@sisd.ae</a> )
Science Support  <b>FREE</b>	G6 – G10	3:45PM – 4:45PM  MY Building 011	Science homework support will be offered during this ASA.  Teacher: Lubna Jiad ( <a href="mailto:lubna.jiad@sisd.ae">lubna.jiad@sisd.ae</a> )
Voices of Harmony (School Choir)  <b>FREE</b>	G6 – G12	3:45PM – 4:45PM  MY Building 220	<b>Try out for this elite vocal group during the first week of school. Please contact Rebekah for trials by September 2<sup>nd</sup>.</b>  We will sing a variety of musical genres including a capella, jazz, classic pieces, and some foreign language pieces.  Teacher: Rebekah Hazen ( <a href="mailto:rebekah.hazen@sisd.ae">rebekah.hazen@sisd.ae</a> )

**EXTERNAL ASAs**

ACTIVITY / COST	GRADE	TIME / LOCATION	DESCRIPTION
<p>Roller Skating (Advanced)</p> <p>Season 2: AED 990 / 9 Sessions</p>	<p>G6 – G12</p>	<p>3:45PM – 4:45PM</p> <p>Skylight Room</p>	<p>Inline roller skating is a fun and exciting sport for kids of all ages. It helps children develop agility, stability and balance. It is a great workout and improves overall physical fitness and helps build leg and core body muscles. Beginner classes will learn the basics of skating: how to balance on skates, first steps to gliding, braking and basic turns. Intermediate classes will learn advanced and faster gliding techniques, advanced turns and fun tricks on skates.</p> <p><b>We require all students to wear full safety gear: helmet and protective pads (elbow, wrists, knees).</b></p> <p><b><u>Students will not be able to participate without the mandatory equipment.</u></b></p> <p><b>Required gear for roller skating classes:</b> <b>INLINE SKATES <u>only</u> (wheels in single line)</b></p> <p><b>PROTECTIVE GEAR:</b></p> <ul style="list-style-type: none"> <li>• <b>Helmet (cycling helmet is acceptable)</b></li> <li>• <b>Full set of safety pads: knee, elbow and wrist pads</b></li> </ul> <p><b>CLOTHING &amp; OTHER:</b></p> <ul style="list-style-type: none"> <li>• <b>General sports clothing, water bottle, and a towel</b></li> </ul> <p><b>Skates and equipment can be bought in major sports stores.</b></p> <p>Provider: STRYX Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a> 058 895 9377 055 877 1658 800 STRYX</p>

<p>Russian (as mother-tongue)</p> <p>Season 2: AED 945 / 9 Sessions</p>	<p>G6 – G12</p>	<p>3:45PM – 4:45PM</p> <p>MY Building 110</p>	<p>The course is aimed at children who are fluent in Russian. Classes are built on the classical methodology of teaching the language, the relevant educational standards of the Russian Federation. Training is conducted on the basis of Russian school textbooks, as well as works of Russian classics.</p> <p>Provider: Headway Institute Contact: <a href="mailto:courses@headin.pro">courses@headin.pro</a> +971 (0)4 362 5313 / 17 / 18 /19</p>
<p>Russian (as foreign language)</p> <p>Season 2: AED 945 / 9 Sessions</p>	<p>G6 – G12</p>	<p>3:45PM – 4:45PM</p> <p>MY Building 103</p>	<p>There are two variations of the programme. The first one is for bilingual children who do not speak Russian. The main goal of the course is to develop the child's speech and increase his vocabulary. The second one is for children who do not understand Russian, need to start from scratch. Training starts from the very basics here. Both courses are conducted mostly in English.</p> <p>Provider: Headway Institute Contact: <a href="mailto:courses@headin.pro">courses@headin.pro</a> +971 (0)4 362 5313 / 17 / 18 /19</p>
<p>Spanish (as a foreign language)</p> <p>Season 2: AED 945 / 9 Sessions</p>	<p>G6 – G12</p>	<p>3:45PM – 4:45PM</p> <p>MY Building 108</p>	<p>We can teach your children how to speak, read and think in Spanish properly at our Spanish Language classes. Folk stories, fairytales, books by Spanish writers and poets will give them wonderful moments during reading classes. Your children will learn how to write essays and dictations which will help them to develop good grammar skills and improve the vocabulary.</p> <p>Provider: Headway Institute Contact: <a href="mailto:courses@headin.pro">courses@headin.pro</a> +971 (0)4 362 5313 / 17 / 18 /19</p>
<p>Tennis</p> <p>Season 2: AED 990 / 9 Sessions</p>	<p>G6 – G12</p>	<p>3:45PM – 4:45PM</p> <p>Tennis Court 1, 2</p>	<p>Kids develop a wide range of strategies in order to have their own style of play. They now play in normal conditions and build a complete game as a tennis player.</p> <p><b><u>Students must bring their own tennis rackets.</u></b></p> <p><b>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</b></p> <p>Provider: STRYX Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a> 058 895 9377 055 877 1658 800 STRYX</p>