



**ASA WEEKLY SCHEDULE
RAMADAN
2019 - 2020**

**EARLY YEARS PROGRAM
PreKG / KG1 / KG2**

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
13:50 - 14:50	Baby Gym Stryx PreKG PreKG Indoor Play Area	Baby Tennis Stryx PreKG PreKG Indoor Play Area	Baby Tennis Stryx PreKG PreKG Indoor Play Area	Athletics Stryx KG1 - KG2 Indoor Track	Baby Football Stryx PreKG PreKG Indoor Play Area
	Barça Football Stryx KG1 - KG2 Sports Hall 1	Basketball Stryx KG1 - KG2 Sports Hall 2 (Half)	Chess Chess Knowledge KG1 - KG2 G07	Baby Ballet Stryx PreKG SPO Dance Studio	Barça Football Stryx KG1 - KG2 Sports Hall 1
	Code 2 Fun Stryx KG1 - KG2 G12	Chess Chess Knowledge KG1 - KG2 G07	Cubetto Stryx PreKG G24	Baby Tennis Stryx PreKG PreKG Indoor Play Area	Future Scientists + Mad Science KG1 - KG2 G08 / G15
	Learn to Swim - Beginners SPEEDO PreKG Primary Pool	Cubetto Stryx PreKG G03	Future Scientists + Mad Science KG1 - KG2 G14	Code 2 Fun Stryx KG1 - KG2 G11	Judo Stryx KG1 - KG2 AUD Dance Studio
	Mini-Ballet Stryx KG1 SPO Dance Studio	Karate Stryx KG1 - KG2 AUD Dance Studio	Hip Hop Stryx KG1 - KG2 Tutorial Room 131	Drama Stryx KG1 - KG2 Multi-Purpose Room	Learn to Swim - Beginners 1 & 2 SPEEDO KG1 - KG2 Primary Pool
	Mini-Tennis Stryx KG1 - KG2 Skylight Room	Learn to Swim - Beginners 1 & 2 SPEEDO KG1 - KG2 Primary Pool	Learn to Swim - Beginners 1 & 2 SPEEDO PreKG Primary Pool	Learn to Swim - Beginners SPEEDO KG1 - KG2 Primary Pool	Mini-Ballet Stryx KG1 - KG2 SPO Dance Studio
	Musical Theatre Stryx KG1 - KG2 Multi-Purpose Room	Mini-Ballet Stryx KG1-KG2 SPO Dance Studio	Mini-Ballet Stryx KG2 SPO Dance Studio	Mini-Tennis Stryx KG1 - KG2 Skylight Room	Mini-Tennis Stryx KG1 - KG2 Activity Room 1
	Piano (Private/Group) Exclusive Music Education KG1 - KG2 Music Room 229	Parkour Stryx KG1 - KG2 Activity Room 1	Mini-Tennis Stryx KG1 - KG2 Sports Hall 2	Piano (Private/Group) Exclusive Music Education KG1 - KG2 Music Room 229	Piano (Private/Group) Exclusive Music Education KG1 - KG2 Music Room 229
	Russian (as mother-tongue) Headway Institute KG2 G18	Piano (Private/Group) Exclusive Music Education KG1 - KG2 Music Room 229	Piano (Private/Group) Exclusive Music Education KG1 - KG2 Music Room 229	Rhythmic Gymnastics (Girls) Stryx KG1 - KG2 Activity Room 1	Russian (as mother-tongue) Headway Institute PreKG - KG1 G10
	Spanish (as foreign language) Headway Institute KG1 - KG2 G17	Rugby Stryx KG1 - KG2 Sports Hall 2 (Half)	Roller Skating Stryx KG1 - KG2 Skylight Room	Wall Climbing Stryx KG1 - KG2 Indoor Infinity Wall	Russian (as mother-tongue) Headway Institute KG2 G10
	Wall Climbing Stryx KG1 - KG2 Indoor Infinity Wall	Wall Climbing Stryx KG1 - KG2 Indoor Infinity Wall	Wall Climbing Stryx KG1 - KG2 Indoor Infinity Wall		

External ASA (Extra cost) External Provider Grades Classroom / Location
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EARLY YEARS ASAs Schedule, Descriptions & Details

EXTERNAL ASAs (Paid)

External after-school activities are **offered on SISD campus** by **external providers**, whose fees vary for each ASA.

On a general note when registering with an external ASA provider, parents are entering into a direct agreement with the provider and not SISD. We therefore expect any issues to be resolved directly between the parents and the provider. However, SISD do appreciate and welcome feedback on what is happening so that we can ensure all matters are dealt with promptly and that our providers are providing good and quality service to our students/families.

Students can participate in **as many EXTERNAL ASAs** as they wish.

Registration is done directly with **each provider** by phone and by e-mail at any time or during the Expos **where the providers will be present on SISD campus.**

Registration is on a first come, first served basis and places are reserved by the external providers only once they have received full payment.

SUNDAY

EXTERNAL ASAs

ACTIVITY / COST	GRADE	TIME / LOCATION	DESCRIPTION
Baby Gym RAMADAN: 440 / 4 sessions	PreKG	1:50PM – 2:50PM PreKG Indoor Play Area	Baby Gym is an introduction to gymnastics for 3 – 4 year olds. The class is designed to develop strength and coordination as well as work on motor skills and basic gymnastics skills. Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX
Barça Football RAMADAN: 440 / 4 sessions	KG1 KG2	1:50PM – 2:50PM Sports Hall 1	At Barça Academy Dubai, we pride ourselves on giving an opportunity to children of all abilities and both genders aged between 4-16 years old to receive a professional training in Dubai. Based on the official FC Barcelona curriculum, developing young players' technical skills and passion for the game. Ensuring the player performs the best they possibly can. Our FC Barcelona accredited and certified coaches have been flown in from Barcelona to teach the children to play football the same structure as FC Barcelona that has become synonymous with victory. Sessions are dedicated to teaching the children the unique FC Barcelona techniques, skills and implementing matches. This allows our players to put their new skills into practice when participating in many local and international tournaments throughout the year, as we believe that the exposure to competitive situations greatly helps in the players' development. Admission fee options: 1) AED 160 for the year, with T-shirt (VAT inc) 2) AED 300 for the year, with socks, T-shirt, and shorts (VAT inc) **Please keep in mind that this activity will be held INDOORS for the whole season. Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX
Code 2 Fun RAMADAN: 440 / 4 sessions	KG1 – KG2	1:50PM – 2:50PM G12	Code to fun offers a world of experience and fun activities for young students who are new to coding and programming, with robots like Botley, students can cover various areas of learning, storytelling, numbers, shapes, patterns and many other topics. Using the easy to use Remote Programmer, students can transmit their commands to Botley and off it goes. Students will cover the following concepts: <ul style="list-style-type: none"> • Developing a line of code • Introduction to the Loops concepts • Intro to If/then Logic The program is designed to build on students 21st century learning skills by fostering creative problem solving and computational skills while promoting social and physical development among young learners. Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX

<p>Learn to Swim – Beginners</p> <p>RAMADAN: 440 / 4 sessions</p>	<p>PreKG</p>	<p>1:50PM – 2:50PM</p> <p>Primary Pool</p>	<p>The goal of the Learn to Swim Beginners program is to familiarize the beginner with water by instilling confidence, safety, and survival skills. We focus on the basic body position for freestyle/front crawl and backstroke.</p> <p>Provider: SPEEDO (under STRYX) Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Mini-Ballet</p> <p>RAMADAN: 440 / 4 sessions</p>	<p>KG1</p>	<p>1:50PM – 2:50PM</p> <p>SPO Dance Studio</p>	<p>Mini-Ballet builds skills such as musicality, coordination, and self-confidence. Student will learn dance vocabulary, technique, and introductory level of ballet. Students will develop a foundation on which they will base their dance training.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Mini-Tennis</p> <p>RAMADAN: 440 / 4 sessions</p>	<p>KG1 KG2</p>	<p>1:50PM – 2:50PM</p> <p>Skylight Room</p>	<p>Kids play tennis on the court with a small pop up the net and cones marking the court, kids learn the basics of tennis through challenging and fun games.</p> <p>**Please keep in mind that this activity will be held INDOORS for the whole season.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>

<p>Musical Theatre</p> <p>RAMADAN: 440 / 4 sessions</p>	<p>KG1 KG2</p>	<p>1:50PM – 2:50PM</p> <p>Multi-Purpose Room</p>	<p>A musical theatre class that is designed to spark imagination in the very youngest of performers! This introduction to Musical theatre ignites within the students the innate skills of singing, dancing and acting. Children begin the course by singing songs and acting out choreographed actions before being taught how to perform these natural and instinctive childhood desires in a manner which encourages early acting skills. These fun activities form the basis of a full and complete acting skill toolbox. The children will graduate capable of learning and performing basic choreography in coordination with singing and acting.</p> <p><i>Musical theatre students are eligible for the optional Trinity College London examinations with accreditation.</i></p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Piano (Private/Group)</p> <p>RAMADAN:</p> <p>GROUP CLASS : AED 125/30 MINUTES</p> <p>PRIVATE CLASS : KG1: AED 149/30 MINUTES KG2: AED 210/45 MINUTES</p>	<p>KG1 – KG2</p>	<p>1:50PM – 2:50PM</p> <p>Private Class: 3PM onwards</p> <p>Music Room 229</p>	<p>SISD Music Club is offering an amazing opportunity to Early Years students to enjoy fun piano classes in small groups. Exciting program and super enthusiastic teachers will make the experience of learning music and the basics of piano playing unforgettable for your children!</p> <p>Provider: Exclusive Music Contact: Vitali Mihailiuc sisdmusclub@gmail.com, +971554827542 www.emusiceducation.org</p>

<p>Russian (as mother-tongue)</p> <p>RAMADAN: AED 420 / 4 sessions</p>	<p>PreKG KG1 KG2</p>	<p>1:50PM – 2:50PM</p> <p>G18</p>	<p>We can teach your children how to speak, read and think in Russian properly at our Russian Language classes. Folk stories, fairytales, books by Russian writers and poets will give them wonderful moments during reading classes. Your children will learn how to write essays and dictations which will help them to develop good grammar skills and improve the vocabulary.</p> <p>Provider: Headway Institute Contact: courses@headin.pro +971 4 3625313 / 17 / 18 /19</p>
<p>Spanish (as foreign language)</p> <p>RAMADAN: AED 420 / 4 sessions</p>	<p>KG1 KG2</p>	<p>1:50PM – 2:50PM</p> <p>G17</p>	<p>We can teach your children how to speak, read and think in Spanish properly at our Spanish Language classes. Folk stories, fairytales, books by Spanish writers and poets will give them wonderful moments during reading classes. Your children will learn how to write essays and dictations which will help them to develop good grammar skills and improve the vocabulary.</p> <p>Provider: Headway Institute Contact: courses@headin.pro +971 4 3625313 / 17 / 18 /19</p>
<p>Wall Climbing</p> <p>RAMADAN: AED 440 / 4 sessions</p>	<p>KG1 KG2</p>	<p>1:50PM – 2:50PM</p> <p>Indoor Infinity Wall</p>	<p>Rock climbing is a great activity for children from ages 4 and above.</p> <p>Our UK certified climbing coach will ensure your child learns how to climb safely. Climbing is an all-around form of exercise which uses every muscle in the body, and many, many parts of the brain!</p> <p>If you have been worried that your child spends a little too much time with eyes glued to a screen, climbing is a great solution to help them.</p> <p>When they face a climbing wall, all outside influences wash away and leave their head clear and ready for the task at hand. Climbing a wall requires focus and concentration. Children learn very fast that they must pay attention if they want to progress.</p> <p>Climbing is so much fun that children do not even realize that it is exercise! With time, the sport builds body confidence, self-awareness in addition to physical strength.</p> <p>**Please keep in mind that this activity will be held INDOORS for the whole season.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>

MONDAY

EXTERNAL ASAs

ACTIVITY / COST	GRADE	TIME / LOCATION	DESCRIPTION
<p>Baby Tennis</p> <p>RAMADAN: AED 440 / 4 sessions</p>	<p>PreKG</p>	<p>1:50PM – 2:50PM</p> <p>PreKG Indoor Play Area</p>	<p>Baby Tennis develops motor skills and coordination through fun games and courses.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Basketball</p> <p>RAMADAN: AED 440 / 4 sessions</p>	<p>KG1 KG2</p>	<p>1:50PM – 2:50PM</p> <p>Sports Hall 2 (Half)</p>	<p>The NBA Basketball School trains male and female players across Dubai the "NBA - way". The tuition-based basketball development program conducts sessions in a safe, fun and encouraging environment which covers all aspects to the game by incorporating tactic, skill, small sides games and team building activities as well as NBA methodologies.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Chess</p> <p>RAMADAN: AED 420 / 4 sessions</p>	<p>KG1 KG2</p>	<p>1:50PM – 2:50PM</p> <p>G07</p>	<p>"According to research, test scores improved by 17.3% for students regularly engaged in chess classes, compared with only 4.6% for children participating in other forms of enriched activities", said 4-time World Champion Susan Polgar. Chess Lesson – teaching a particular skill, idea, strategy, move or concept. The focus being on improving Thinking Skills such as Problem Solving, Memory, Critical Thinking, Analysis, Decision Making, Concentration, Visualization, Lateral Thinking, Creative Thinking and more.</p> <p>Provider: Chess Knowledge Contact: Alexandra 050 502 8145 / 055 948 4111 alexandrachess@yahoo.com</p>

<p>Cubetto</p> <p>RAMADAN: AED 440 / 4 sessions</p>	<p>PreKG</p>	<p>1:50PM – 2:50PM</p> <p>G03</p>	<p>A no-screen programmable robot: Cubetto turns coding into a tangible, age-appropriate experience that reduces screen-time, increases engagement, and enhances learning.</p> <p>Coding with Cubetto happens with hands-on coding blocks, which means children can use it irrespective of reading ability or language barriers.</p> <p>The program introduces students to new concepts like algorithm, logic, tinkering and debugging and develops abstraction, prediction and sequencing skills for young learner.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Karate</p> <p>RAMADAN: AED 440 / 4 sessions</p>	<p>KG1 KG2</p>	<p>1:50PM – 2:50PM</p> <p>AUD Dance Studio</p>	<p>Budo Juku (meaning Martial Arts in Japan) are currently delivering a professional standard of Wado Ryu Karate style to both children and adult across the UAE.</p> <p>Our lessons are conducted in Japanese and all students are registered and affiliated to the official “Wado Ryu Academy”. Karate will make its first appearance as an Olympic sport at the 2020 Summer Olympics in Tokyo, Japan. It will feature two events, Kumite and Kata.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Learn to Swim - Beginners 1 & 2</p> <p>RAMADAN: AED 440 / 4 sessions</p>	<p>KG1 KG2</p>	<p>1:50PM – 2:50PM</p> <p>Primary Pool</p>	<p>The goal of the Learn to Swim Beginners program is to familiarize the beginner with water by instilling confidence, safety, and survival skills. We focus on the basic body position for freestyle/front crawl and backstroke.</p> <p>Provider: SPEEDO (under STRYX) Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Mini-Ballet</p> <p>RAMADAN: AED 440 / 4 sessions</p>	<p>KG1 KG2</p>	<p>1:50PM – 2:50PM</p> <p>SPO Dance Studio</p>	<p>Mini-Ballet builds skills such as musicality, coordination, and self-confidence. Student will learn dance vocabulary, technique, and introductory level of ballet. Students will develop a foundation on which they will base their dance training.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>

<p>Parkour</p> <p>RAMADAN: AED 440 / 4 sessions</p>	<p>KG1 KG2</p>	<p>1:50PM – 2:50PM</p> <p>Activity Room 1</p>	<p>Parkour DXB: the home of Parkour in the UAE. Our differentiated extracurricular programs offer an alternative to traditional sports. Younger kids love to learn and play! We teach children the fundamentals of movement by exploring movement in a fun and engaging way. Skills include balancing, rolling, climbing, jumping and more. For older pupils, Parkour offers a holistic and engaging approach to movement training that encourages a strong body and a focused mind. Learn the basics of Parkour, challenge yourself and improve your fitness levels in a safe, but exciting environment.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Piano (Private/Group)</p> <p>RAMADAN:</p> <p>GROUP CLASS : AED 125/30 MINUTES</p> <p>PRIVATE CLASS : KG1: AED 149/30 MINUTES KG2: AED 210/45 MINUTES</p>	<p>KG1 KG2</p>	<p>1:50PM – 2:50PM</p> <p>Private Class: 3PM onwards</p> <p>Music Room 229</p>	<p>SISD Music Club is offering an amazing opportunity to Early Years students to enjoy fun piano classes in small groups. Exciting program and super enthusiastic teachers will make the experience of learning music and the basics of piano playing unforgettable for your children!</p> <p>Provider: Exclusive Music Contact: Vitali Mihailiuc sisdmusclub@gmail.com, +971554827542 www.emusiceducation.org</p>
<p>Rugby</p> <p>RAMADAN: AED 440 / 4 sessions</p>	<p>KG1 KG2</p>	<p>1:50PM – 2:50PM</p> <p>Sports Hall 2 (Half)</p>	<p>From Grassroots to competitive squads, Barrelhouse Rugby in partnership with STRYX is your leader in rugby coaching here in the UAE. We bring our core values such as respect, honour, discipline and sportsmanship into a fun, active, inclusive and progressive rugby season. Expect your child to come home with stories of glory and excitement, right until their heads hit the pillow.</p> <p>For more information about our syllabus and competitive squads, please go on www.barrelhouserugby.club</p> <p>**Please keep in mind that this activity will be held INDOORS for the whole season.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>

<p>Wall Climbing</p> <p>RAMADAN: AED 440 / 4 sessions</p>	<p>KG1 KG2</p>	<p>1:50PM – 2:50PM</p> <p>Indoor Infinity Wall</p>	<p>Rock climbing is a great activity for children from ages 4 and above.</p> <p>Our UK certified climbing coach will ensure your child learns how to climb safely. Climbing is an all-around form of exercise which uses every muscle in the body, and many, many parts of the brain!</p> <p>If you have been worried that your child spends a little too much time with eyes glued to a screen, climbing is a great solution to help them.</p> <p>When they face a climbing wall, all outside influences wash away and leave their head clear and ready for the task at hand. Climbing a wall requires focus and concentration. Children learn very fast that they must pay attention if they want to progress.</p> <p>Climbing is so much fun that children do not even realise that it is exercise! With time, the sport builds body confidence, self-awareness in addition to physical strength.</p> <p>**Please keep in mind that this activity will be held INDOORS for the whole season.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
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TUESDAY

EXTERNAL ASAs

ACTIVITY / COST	GRADE	TIME / LOCATION	DESCRIPTION
Baby Tennis RAMADAN: AED 440 / 4 sessions	PreKG	1:50PM – 2:50PM PreKG Indoor Play Area	Baby Tennis develops motor skills and coordination through fun games and courses. Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX
Chess RAMADAN: AED 440 / 4 sessions	KG1 KG2	1:50PM – 2:50PM G07	“According to research, test scores improved by 17.3% for students regularly engaged in chess classes, compared with only 4.6% for children participating in other forms of enriched activities”, said 4-time World Champion Susan Polgar. Chess Lesson – teaching a particular skill, idea, strategy, move or concept. The focus being on improving Thinking Skills such as Problem Solving, Memory, Critical Thinking, Analysis, Decision Making, Concentration, Visualization, Lateral Thinking, Creative Thinking and more. Provider: Chess Knowledge Contact: Alexandra 050 502 8145 / 055 948 4111 alexandrachess@yahoo.com
Cubetto RAMADAN: AED 440 / 4 sessions	PreKG	1:50PM – 2:50PM G24	A no-screen programmable robot: Cubetto turns coding into a tangible, age-appropriate experience that reduces screen-time, increases engagement, and enhances learning. Coding with Cubetto happens with hands-on coding blocks, which means children can use it irrespective of reading ability or language barriers. The program introduces students to new concepts like algorithm, logic, tinkering and debugging and develops abstraction, prediction and sequencing skills for young learner. Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX

<p>Future Scientists + RAMADAN: AED 308 / 4 sessions</p>	<p>KG1 KG2</p>	<p>1:50PM – 2:50PM G14</p>	<p>Our Future Scientists are definitely in for a treat this season! They will have experiments about Water, Air, and Colors. They will also so enter the animal kingdom as they make new Animal Friends, learn about the Butterfly life cycle, and study Dinosaurs. Future Scientists will also have an out of this world exploration, as they study the space frontiers. They will also have exciting activities about the weather. Finally, our Future Scientists will conduct exciting Mad Mixtures!</p> <p>Provider: Mad Science Contact: Daryl 0568872867 daryl@madscience.ae</p>
<p>Hip Hop RAMADAN: AED 440 / 4 sessions</p>	<p>KG1 KG2</p>	<p>1:50PM – 2:50PM Tutorial Room 131</p>	<p>This is a high energy and rhythmical class for children who are just starting or beginners. Class consists of a warm up, strength building and coordination exercises. The lessons focus on creating short routines that focus on the basic elements of hip hop to popular music. The kids love it!</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Learn to Swim – Beginners RAMADAN: AED 440 / 4 sessions</p>	<p>PreKG</p>	<p>1:50PM – 2:50PM Primary Pool</p>	<p>The goal of the Learn to Swim Beginners program is to familiarize the beginner with water by instilling confidence, safety, and survival skills. We focus on the basic body position for freestyle/front crawl and backstroke.</p> <p>Provider: SPEEDO (under STRYX) Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Mini-Ballet RAMADAN: AED 440 / 4 sessions</p>	<p>KG2</p>	<p>1:50PM – 2:50PM SPO Dance Studio</p>	<p>Mini-Ballet builds skills such as musicality, coordination, and self-confidence. Student will learn dance vocabulary, technique, and introductory level of ballet. Students will develop a foundation on which they will base their dance training.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>

<p>Mini-Tennis</p> <p>RAMADAN: AED 440 / 4 sessions</p>	<p>KG1 KG2</p>	<p>1:50PM – 2:50PM</p> <p>Sports Hall 2</p>	<p>Kids play tennis on the court with a small pop up the net and cones marking the court, kids learn the basics of tennis through challenging and fun games.</p> <p>**Please keep in mind that this activity will be held INDOORS for the whole season.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Piano (Private/Group)</p> <p>RAMADAN:</p> <p>GROUP CLASS : AED 125/30 MINUTES</p> <p>PRIVATE CLASS : KG1: AED 149/30 MINUTES KG2: AED 210/45 MINUTES</p>	<p>KG1 KG2</p>	<p>1:50PM – 2:50PM</p> <p>Private Class: 3PM onwards</p> <p>Music Room 229</p>	<p>SISD Music Club is offering an amazing opportunity to Early Years students to enjoy fun piano classes in small groups. Exciting program and super enthusiastic teachers will make the experience of learning music and the basics of piano playing unforgettable for your children!</p> <p>Provider: Exclusive Music Contact: Vitali Mihailiuc sisdmusicclub@gmail.com, +971554827542 www.emusiceducation.org</p>
<p>Roller Skating</p> <p>RAMADAN: AED 440 / 4 sessions</p>	<p>KG1 KG2</p>	<p>1:50PM – 2:50PM</p> <p>Skylight Room</p>	<p>Inline roller skating is a fun and exciting sport for kids of all ages. It helps children develop agility, stability and balance. It is a great workout and improves overall physical fitness and helps build leg and core body muscles. Beginner classes will learn the basics of skating: how to balance on skates, first steps to gliding, braking and basic turns. Intermediate classes will learn advanced and faster gliding techniques, advanced turns and fun tricks on skates.</p> <p>We require all students to wear full safety gear: helmet and protective pads (elbow, wrists, knees).</p> <p><u>Students will not be able to participate without the mandatory equipment.</u></p> <p>Required gear for roller skating classes: INLINE SKATES <u>only</u> (wheels in single line)</p> <p>PROTECTIVE GEAR:</p> <ul style="list-style-type: none"> • Helmet (cycling helmet is acceptable) • Full set of safety pads: knee, elbow and wrist pads <p>CLOTHING & OTHER:</p> <ul style="list-style-type: none"> • General sports clothing, water bottle, and a towel <p>Skates and equipment can be bought in major sports stores.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>

<p>Wall Climbing</p> <p>RAMADAN: AED 440 / 4 sessions</p>	<p>KG1 KG2</p>	<p>1:50PM – 2:50PM</p> <p>Indoor Infinity Wall</p>	<p>Rock climbing is a great activity for children from ages 4 and above.</p> <p>Our UK certified climbing coach will ensure your child learns how to climb safely. Climbing is an all-around form of exercise which uses every muscle in the body, and many, many parts of the brain!</p> <p>If you have been worried that your child spends a little too much time with eyes glued to a screen, climbing is a great solution to help them.</p> <p>When they face a climbing wall, all outside influences wash away and leave their head clear and ready for the task at hand. Climbing a wall requires focus and concentration. Children learn very fast that they must pay attention if they want to progress.</p> <p>Climbing is so much fun that children do not even realise that it is exercise! With time, the sport builds body confidence, self-awareness in addition to physical strength.</p> <p>**Please keep in mind that this activity will be held INDOORS for the whole season.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
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WEDNESDAY

EXTERNAL ASAs

ACTIVITY / COST	GRADE	TIME / LOCATION	DESCRIPTION
<p>Athletics</p> <p>RAMADAN: 440 / 4 sessions</p>	<p>KG1</p> <p>KG2</p>	<p>1:50PM – 2:50PM</p> <p>Indoor Track</p>	<p>Designed to teach children the basics for running techniques with lots of fun and games. We will aim to develop balance and coordination which will include some light strength exercises and we will work a little on speed and of course play.</p> <p>**Please keep in mind that this activity will be held INDOORS for the whole season.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Baby Ballet</p> <p>RAMADAN: 440 / 4 sessions</p>	<p>PreKG</p>	<p>1:50PM – 2:50PM</p> <p>SPO Dance Studio</p>	<p>Baby Ballet is the perfect class for your growing toddler. Dancers will learn ballet movements and use props to develop body awareness. Students will learn dance vocabulary and age appropriate motor skills in a structured and fun way, as well as ballet basics.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Baby Tennis</p> <p>RAMADAN: 440 / 4 sessions</p>	<p>PreKG</p>	<p>1:50PM – 2:50PM</p> <p>PreKG Indoor Play Area</p>	<p>Baby Tennis develops motor skills and coordination through fun games and courses.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>

<p>Code 2 Fun</p> <p>RAMADAN: 440 / 4 sessions</p>	<p>KG1 KG2</p>	<p>1:50PM – 2:50PM</p> <p>G11</p>	<p>Code to fun offers a world of experience and fun activities for young students who are new to coding and programing, with robots like Botley, students can cover various areas of learning, storytelling, numbers, shapes, patterns and many other topics. Using the easy to use Remote Programmer, students can transmit their commands to Botley and off it goes. Students will cover the following concepts:</p> <ul style="list-style-type: none"> • Developing a line of code • Introduction to the Loops concepts • Intro to If/then Logic <p>The program is designed to build on students 21st century learning skills by fostering creative problem solving and computational skills while promoting social and physical development among young learners.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Drama</p> <p>RAMADAN: 440 / 4 sessions</p>	<p>KG1 KG2</p>	<p>1:50PM – 2:50PM</p> <p>Multi-Purpose Room</p>	<p>A fun way for children to further develop their confidence and communication skills. Students learn how to express themselves creatively. Our teaching techniques include a variety of drama games, improvisation and story building sessions. Children share their imagination to create memorable characters and stories. Drama is a valuable tool for children to harness their natural creativity as they embark on their journey through the early years of education. BODA classes focus on developing vocabulary, imagination, listening skills and social skills as well as having fun. We offer to our BODA young performers preparation for the Trinity Guildhall Young Performers Certificate.</p> <p><i>Drama students are eligible for the optional Trinity College London examinations with accreditation.</i></p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>

<p>Learn to Swim - Beginners 1 & 2</p> <p>RAMADAN: 440 / 4 sessions</p>	<p>KG1 KG2</p>	<p>1:50PM – 2:50PM</p> <p>Primary Pool</p>	<p>The goal of the Learn to Swim Beginners program is to familiarize the beginner with water by instilling confidence, safety, and survival skills. We focus on the basic body position for freestyle/front crawl and backstroke.</p> <p>Provider: SPEEDO (under STRYX) Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Mini-Tennis</p> <p>RAMADAN: 440 / 4 sessions</p>	<p>KG1 KG2</p>	<p>1:50PM – 2:50PM</p> <p>Skylight Room</p>	<p>Kids play tennis on the court with a small pop up the net and cones marking the court, kids learn the basics of tennis through challenging and fun games.</p> <p>**Please keep in mind that this activity will be held INDOORS for the whole season.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Piano (Private/Group)</p> <p>RAMADAN:</p> <p>GROUP CLASS : AED 125/30 MINUTES</p> <p>PRIVATE CLASS : KG1: AED 149/30 MINUTES KG2: AED 210/45 MINUTES</p>	<p>KG1 KG2</p>	<p>1:50PM – 2:50PM</p> <p>Private Class: 3PM onwards</p> <p>Music Room 229</p>	<p>SISD Music Club is offering an amazing opportunity to Early Years students to enjoy fun piano classes in small groups. Exciting program and super enthusiastic teachers will make the experience of learning music and the basics of piano playing unforgettable for your children!</p> <p>Provider: Exclusive Music Contact: Vitali Mihailiuc sisdmusclub@gmail.com, +971554827542 www.emusiceducation.org</p>
<p>Rhythmic Gymnastics (Girls)</p> <p>RAMADAN: 440 / 4 sessions</p>	<p>KG1 KG2</p>	<p>1:50PM – 2:50PM</p> <p>Activity Room 1</p>	<p>Rhythmic gymnastics is a sport in which individuals or teams of 5 or more manipulate one or two pieces of apparatus: clubs, hoop, ball, ribbon, rope and freehand (no apparatus). Rhythmic gymnastics is a sport that combines elements of ballet, gymnastics, dance, and apparatus manipulation. The victor is the participant who earns the most points, determined by a panel of judges, for leaps, balances, pirouettes (pivots), apparatus handling, and execution.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>

<p>Wall Climbing</p> <p>RAMADAN: 440 / 4 sessions</p>	<p>KG1 KG2</p>	<p>1:50PM – 2:50PM</p> <p>Indoor Infinity Wall</p>	<p>Rock climbing is a great activity for children from ages 4 and above.</p> <p>Our UK certified climbing coach will ensure your child learns how to climb safely. Climbing is an all-around form of exercise which uses every muscle in the body, and many, many parts of the brain!</p> <p>If you have been worried that your child spends a little too much time with eyes glued to a screen, climbing is a great solution to help them.</p> <p>When they face a climbing wall, all outside influences wash away and leave their head clear and ready for the task at hand. Climbing a wall requires focus and concentration. Children learn very fast that they must pay attention if they want to progress.</p> <p>Climbing is so much fun that children do not even realize that it is exercise! With time, the sport builds body confidence, self-awareness in addition to physical strength.</p> <p>**Please keep in mind that this activity will be held INDOORS for the whole season.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
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THURSDAY

EXTERNAL ASAs

ACTIVITY / COST	GRADE	TIME / LOCATION	DESCRIPTION
Baby Football RAMADAN: AED 440 / 4 sessions	PreKG	1:50PM – 2:50PM PreKG Indoor Play Area	<p>Baby football is the perfect introduction to the fun world of football. Children are introduced to the basics of football in a fun and friendly environment. Each child is given the opportunity to practice football skills such as dribbling, striking, scoring and passing. Classes also assist children in their physical development as well as improving their social and communication skills with their class mates.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
Barça Football RAMADAN: AED 440 / 4 sessions	KG1 KG2	1:50PM – 2:50PM Sports Hall 1	<p>At Barça Academy Dubai, we pride ourselves on giving an opportunity to children of all abilities and both genders aged between 4-16 years old to receive a professional training in Dubai. Based on the official FC Barcelona curriculum, developing young players' technical skills and passion for the game. Ensuring the player performs the best they possibly can. Our FC Barcelona accredited and certified coaches have been flown in from Barcelona to teach the children to play football the same structure as FC Barcelona that has become synonymous with victory. Sessions are dedicated to teaching the children the unique FC Barcelona techniques, skills and implementing matches. This allows our players to put their new skills into practice when participating in many local and international tournaments throughout the year, as we believe that the exposure to competitive situations greatly helps in the players' development.</p> <p>Admission fee options: 1) AED 160 for the year, with T-shirt (VAT inc) 2) AED 300 for the year, with socks, T-shirt, and shorts (VAT inc)</p> <p>**Please keep in mind that this activity will be held INDOORS for the whole season.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>

<p>Future Scientists + RAMADAN: AED 308 / 4 sessions</p>	<p>KG1 KG2</p>	<p>1:50PM – 2:50PM G08 G15</p>	<p>Our Future Scientists are definitely in for a treat this season! They will have experiments about Water, Air, and Colors. They will also so enter the animal kingdom as they make new Animal Friends, learn about the Butterfly life cycle, and study Dinosaurs. Future Scientists will also have an out of this world exploration, as they study the space frontiers. They will also have exciting activities about the weather. Finally, our Future Scientists will conduct exciting Mad Mixtures!</p> <p>Provider: Mad Science Contact: Daryl 0568872867 daryl@madscience.ae</p>
<p>Judo RAMADAN: AED 308 / 4 sessions</p>	<p>KG1 KG2</p>	<p>1:50PM – 2:50PM AUD Dance Studio</p>	<p>The Core Judo Academy believes in providing children with the fundamental skills and practices that will enable them to flourish throughout their life. We offer classes with experienced coaches that promote core values including; determination, hard work, enjoyment, self-control and respect.</p> <p>KG1-KG2 will learn the following:</p> <ul style="list-style-type: none"> • Animal movements – to help with balance, coordination and strength. These movements are based on animals such as bunny hops, duck walks , monkeys, crabs and bears to help them understand fundamental movement patterns • Learn how to fall (breakfalls) • Learn Judo movement with and without a partner • Learn a forward throw and a hold down (pin) • Learn judo key words and moral code of judo <p>Judo uniforms available at a cost of AED 200.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Learn to Swim – Beginners 2/ Plus RAMADAN: AED 440 / 4 sessions</p>	<p>KG1 KG2</p>	<p>1:50PM – 2:50PM Primary Pool</p>	<p>The goal of the Learn to Swim Beginners program is to familiarize the beginner with water by instilling confidence, safety, and survival skills. We focus on the basic body position for freestyle/front crawl and backstroke.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>

<p>Mini-Ballet</p> <p>RAMADAN: AED 440 / 4 sessions</p>	<p>KG1 KG2</p>	<p>1:50PM – 2:50PM</p> <p>SPO Dance Studio</p>	<p>Mini-Ballet builds skills such as musicality, coordination, and self-confidence. Student will learn dance vocabulary, technique, and introductory level of ballet. Students will develop a foundation on which they will base their dance training.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Mini-Tennis</p> <p>RAMADAN: AED 440 / 4 sessions</p>	<p>KG1 KG2</p>	<p>1:50PM – 2:50PM</p> <p>Activity Room 1</p>	<p>Kids play tennis on the court with a small pop up the net and cones marking the court, kids learn the basics of tennis through challenging and fun games.</p> <p>**Please keep in mind that this activity will be held INDOORS for the whole season.</p> <p>Provider: STRYX Contact: asa@stryxsports.com 058 895 9377 055 877 1658 800 STRYX</p>
<p>Piano (Private/Group)</p> <p>RAMADAN:</p> <p>GROUP CLASS : AED 125/30 MINUTES</p> <p>PRIVATE CLASS : KG1: AED 149/30 MINUTES KG2: AED 210/45 MINUTES</p>	<p>KG1 KG2</p>	<p>1:50PM – 2:50PM</p> <p>Private Class: 3PM onwards</p> <p>Music Room 229</p>	<p>SISD Music Club is offering an amazing opportunity to KG2 students to enjoy fun piano classes in small groups. Exciting program and super enthusiastic teachers will make the experience of learning music and the basics of piano playing unforgettable for your children!</p> <p>Provider: Exclusive Music Contact: Vitali Mihailiuc sisdmusclub@gmail.com, +971554827542 www.emusiceducation.org</p>
<p>Russian (as mother-tongue)</p> <p>RAMADAN: AED 420 / 4 sessions</p>	<p>PreKG KG1 KG2</p>	<p>1:50PM – 2:50PM</p> <p>G10</p>	<p>We can teach your children how to speak, read and think in Russian properly at our Russian Language classes. Folk stories, fairytales, books by Russian writers and poets will give them wonderful moments during reading classes. Your children will learn how to write essays and dictations which will help them to develop good grammar skills and improve the vocabulary.</p> <p>Provider: Headway Institute Contact: courses@headin.pro +971 4 3625313 / 17 / 18 /19</p>