



HEALTHY & BALANCED

# BREAKFAST



|                              | SUNDAY  | MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY  |
|------------------------------|---|---|---|--|---|
|                              | French Breakfast  | English Breakfast   | American Breakfast  | Arabic Breakfast   | Farmer's Breakfast  |
| <b>Theme Breakfast Items</b> | Scrambled Eggs<br>Beef Bacon<br>Baked Beans                             | Sunny Side up Eggs<br>Beef Sausage<br>Baked Beans<br>Hash Brown<br>Sauteed Mushroom<br>Grilled Tomato | Plain Omelette<br>Beef Bacon<br>Baked Beans                             | Baked Shakshuka<br>Merguez Sausage<br>Baked Beans<br>Labneh<br>Grilled Halloumi Cheese<br>Arabic Bread<br>Sliced Tomato<br>Sliced Cucumber<br>Black Olives<br>Hummus | Boiled Eggs<br>Chicken Sausages<br>Sliced Turkey Ham<br>Sliced Cheese<br>Lettuce<br>Sliced Tomato<br>Sliced Carrots |
| <b>Pastry</b>                | Croissant<br>French Toast   | Mini Muffin (assorted)  | Pancakes  | Sliced Cake  | Donuts  |
| <b>Condiments</b>            | Bread Selection<br>Butter<br>Cream Cheese<br>Honey<br>Jams              | Bread Selection<br>Butter<br>Cream Cheese<br>Honey<br>Jams  | Bread Selection<br>Butter<br>Cream Cheese<br>Honey<br>Jams              | Bread Selection<br>Butter<br>Cream Cheese<br>Honey<br>Jams   | Bread Selection<br>Butter<br>Cream Cheese<br>Honey<br>Jams  |
| <b>Sweets</b>                | Assorted Yogurts<br>Seasonal Fruit Platter<br>Breakfast Cereals         | Assorted Yogurts<br>Seasonal Fruit Platter<br>Breakfast Cereals                                       | Assorted Yogurts<br>Seasonal Fruit Platter<br>Breakfast Cereals         | Assorted Yogurts<br>Seasonal Fruit Platter<br>Breakfast Cereals  | Assorted Yogurts<br>Seasonal Fruit Platter<br>Breakfast Cereals   |
| <b>Drinks</b>                | Juice<br>Milk low fat / full fat<br>Selection of Teas<br>Coffee Station | Juice<br>Milk low fat / full fat<br>Selection of Teas<br>Coffee Station                               | Juice<br>Milk low fat / full fat<br>Selection of Teas<br>Coffee Station | Juice<br>Milk low fat / full fat<br>Selection of Teas<br>Coffee Station  | Juice<br>Milk low fat / full fat<br>Selection of Teas<br>Coffee Station   |