



HEALTHY & BALANCED

BREAKFAST



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Theme Breakfast Items	<p>French Breakfast</p> <p>Scrambled Eggs Beef Bacon Baked Beans Mini Quiche Selection Cheese Board</p>	<p>English Breakfast</p> <p>Sunny Side up Eggs Beef Sausage Baked Beans Hash Brown Sauteed Mushroom Grilled Tomato</p>	<p>American Breakfast</p> <p>Plain Omelette Beef Bacon Baked Beans Garden Salad Chicken Puff Toast Sandwich</p>	<p>Arabic Breakfast</p> <p>Baked Shakshuka Merguez Sausage Baked Beans Labneh Grilled Halloumi Cheese Arabic Bread Sliced Tomato Sliced Cucumber Black Olives Hummus</p>	<p>Farmer's Breakfast</p> <p>Boiled Eggs Chicken Sausages Sliced Turkey Ham Sliced Cheese Lettuce Sliced Tomato Sliced Carrots</p>
Pastry	<p>Croissant French Toast Sweet Brioche</p>	<p>Mini Muffin (assorted) Mini Pretzel</p>	<p>Pancakes Sweet Brioche</p>	<p>Sliced Cake Mini Pretzel</p>	<p>Donuts Sweet Brioche</p>
Condiments	<p>Bread Selection Butter Cream Cheese Honey Jams Sweet Spread</p>	<p>Bread Selection Butter Cream Cheese Honey Jams Sweet Spread</p>	<p>Bread Selection Butter Cream Cheese Honey Jams Sweet Spread</p>	<p>Bread Selection Butter Cream Cheese Honey Jams Sweet Spread</p>	<p>Bread Selection Butter Cream Cheese Honey Jams Sweet Spread</p>
Sweets	<p>Banana & Honey Oatmeal Porridge Assorted Yogurts Seasonal Fruit Platter Breakfast Cereals</p>	<p>Kakao & Strawberry Oatmeal Porridge Assorted Yogurts Seasonal Fruit Platter Breakfast Cereals</p>	<p>Cinnamon & Apple Oatmeal Porridge Assorted Yogurts Seasonal Fruit Platter Breakfast Cereals</p>	<p>Healthy Blueberry Oatmeal Porridge Assorted Yogurts Seasonal Fruit Platter Breakfast Cereals</p>	<p>Coconut & Mango Oatmeal Porridge Porridge Assorted Yogurts Seasonal Fruit Platter Breakfast Cereals</p>
Drinks	<p>Juice Milk low fat / full fat Selection of Teas Coffee Station</p>	<p>Juice Milk low fat / full fat Selection of Teas Coffee Station</p>	<p>Juice Milk low fat / full fat Selection of Teas Coffee Station</p>	<p>Juice Milk low fat / full fat Selection of Teas Coffee Station</p>	<p>Juice Milk low fat / full fat Selection of Teas Coffee Station</p>