



## E-Safety@SISD

A parent guide to help our children navigate the digital world.

### **UAE- Digital Wellbeing**

Government, U., 2022. *Digital WellBeing*. [online] Digitalwellbeing.ae. Available at: <https://www.digitalwellbeing.ae/en#home> [Accessed 2 June 2022].

Arif Khan, Special to Gulf News, By Dr. Why Are Young Brains so Vulnerable to Social Media? gulfnews.com, 31 May 2022, <https://gulfnews.com/parenting/child-health/why-are-young-brains-so-vulnerable-to-social-media-1.1653990491438>.

### **Parental Tools and Parental Controls**

A tool Parents can use to review applications/movies/books/games. : Common Sense Media. 2022. *Common Sense Media: Age-Based Media Reviews for Families*. [online] Available at: <https://www.commonsensemedia.org>

Controls, P., 2022. *Parental Controls & Privacy Settings Guides - Internet Matters*. [online] Internet Matters. Available at: <https://www.internetmatters.org/parental-controls/> [Accessed 2 June 2022].

### **Parenting Tips for Technology**

SafeWise. 2022. *Online Safety for Kids in 2022: Parenting Tips for Tech | SafeWise*. [online] Available at: [https://www.safewise.com/kids-online-safety-statistics/#Social\\_media](https://www.safewise.com/kids-online-safety-statistics/#Social_media) [Accessed 2 June 2022].

Nationalonlinesafety.com. 2022. *E-safety Guides for Schools | National Online Safety*. [online] Available at: <https://nationalonlinesafety.com/guides> [Accessed 2 June 2022].

UK Safer Internet Centre. 2022. *Parents and Carers - UK Safer Internet Centre*. [online] Available at: <https://saferinternet.org.uk/guide-and-resource/parents-and-carers> [Accessed 2 June 2022].

### **Family Activity**

Be Internet Legends. 2022. *Be Internet Legends*. [online] Available at: [https://beinternetawesome.withgoogle.com/en\\_ie/families](https://beinternetawesome.withgoogle.com/en_ie/families) [Accessed 2 June 2022].

Be Internet Legends Family Activity

[https://storage.googleapis.com/gweb-interland.appspot.com/en-ie/hub/pdfs/BIL\\_ParentResourcestoDesign\\_IRE.pdf](https://storage.googleapis.com/gweb-interland.appspot.com/en-ie/hub/pdfs/BIL_ParentResourcestoDesign_IRE.pdf)