# **BALLET (STRYX)**





# ELENA ROSENOVA KIROVA

Elena was born to dance, studying class ballet from a very young age, gracefully pirouetting her way through he Bachelor of Ballet Dancing and Pedagogy at the National Academy of Music "Pancho Vladigerov" in her hometown of Sofia, Bulgaria.

She immersed herself in the art-form, taking on a multitude of extracurricular dance and teaching experience including intensive training at the Opera House Varna, choreographing and managing events at Rhodes (Greece) and Antalya (turkey), and executing while completing her impressive suite of formal accreditation at the National Academy

PROVIDER: STRYX BALLET



#### G1-G5 class

Ballet is truly the foundation of all dance. Ballet technique is a structured syllabus which builds upon itself and teaches coordination, grace, strength, and artistry. We teach classical ballet using the Vaganova Method. We place our emphasis on sound anatomical training so you can dance for years to come. We encourage proper alignment and kinesiology to prevent injury.

This class will enhance your child's coordination, balance and flexibility with the teaching of basic ballet positions, steps, and terminology through standing barre work and simple center floor exercises. Your child will also enjoy simple and fun exercises in creative dance and music exploration



# CHESS (CHESS KNOWLEDGE)





## **ALEXANDRA GRISHINA**

Professional Chess Coach, FIDE Master, FIDE Arbiter Max. Rating – 2181 Coach since 2003 Head Coach and Owner of Chess Knowledge



# **GEORGES ELIE SOMOFF**

Chess Coach, Fide School Instructor, Fide Organizer Successful experienced chess coach with great focus on delivering chess knowledge to kids. Demonstrated ability to teach beginners and advanced players. Proven dedication to details in all areas of activities and developing fun and education during the chess class

## PROVIDER: CHESS KNOWLEDGE



#### Curriculum

#### Tactic

- » Tactic positions.
- » Combinations. Typical combination
- » Classification combinations by ideas.
- » Chess studies.
- » King's attack.

#### Ending

- » Easy pawns endgames.
- » Queen against pawn.
- » Some special case for draw.
- » Simply pawn endgames.
- " Simply pawn chagaine.
- » Simply rook endgames. In the end of the course – exam "Tactic. Endgame"



# CODING AND ROBOTICS





#### JAHANGEER A

Jahangeer has trained more than 5,000 students in programming, he is specialized in curating and delivering content for Python and AI. He is an educator with over 10 year experience in various schools in the UAF. He is also a Python course expert.

Current Position: Lead STEM trainer Language: English and Arabic



### PRASAD KGV

Language: English

Prasad did Masters of Technology in VSLI and carry a teaching experience of more tan 5 years. He has an extensive experience of developing workshops on different levels of robotics. MIT mobile app and 3D Designing courses. He has conducted a training program on robotics for minimum 100 schools and designed robots for them Current Position: Robotics Trainer

PROVIDER: JUNKBOT



#### COURSE: ADVENTURES IN CODING LEVEL 1

#### Description

In this course, we will be learning coding with algorithms, loops, conditionals, and events.We will also be revising thecommon coding principles. At the end of this course, we will be creating own applicationusing block based programming with all the concepts and knowledge acquired in this course.

#### Learning outcome:

- » Seguencing: The Maze
- » Loops: Draw using loops
- » Conditionals: Learn with Minecraft: Learn
- » Sprites: Play with sprite characters; animation using sprites
- » Nested Loops: Loops inside loops: Create own designs

# COURSE: ADVENTURES IN CODING LEVEL 2

#### Description

This course is a continuation of Basic Coding -Level 1 andwe will be learning the advanced concepts of coding/computer programming. We will also be revising thecommon coding principles. At the end of this course, we will be creating own applicationusing block based programming with all the concepts and knowledge acquired in this course.

#### Learning outcome:

- » Funtions: Minecraft Adventure
- » Functions: Simplify Harvester: Be an Artist
- » Variables: Be an Artist: Changing values
- » Variables: with loops
- » For Loops: For loop fun: Advanced

#### COURSE: MOBILE APP DEVELOPMENT LEVEL 2

#### Description

This course is continuation of mobile app development Level 1, this course will enable students to unlocks the ability to make rich, interactivemobileapps. This course uses JavaScript as the programming language, and App Lab as the programming environment to build apps, but the concepts learned in these lessons span all programming languages and tools.

#### Learning outcome:

- » Varibales& Storage -Part 1 » Build Clicker Game -Part 2 » Conditionals & Operators -Part 1 » Varibales Storage - Part 2 » User Input & Strings - Part 1 » Conditionals & Operators - Part 2
- » Build Clicker Game -Part 1 » User Input & Strings -Part 2



# DRAMA & MUSICAL THEATRE





# CRYSTAL JODIE BATES

Crystal is a trained professional actress; an alumni of the prestigious 'Italia Conti Drama School' in London, Crystal holds BA Hons (Prof Actor) status and is a member of Equity London. Crystal continues to work professionally as an actor herself and has extensive professional acting experience spanning theatre film and Television.

Crystal is a trained professional actress; an alumni of the prestigious 'Italia Conti In the UAE you may recognise Crystal acting in MBC TV Show Zero Four or as the face of many TV, cinema and wider media advertising campaigns including Emirates Airline, DU Telecom, Dubai First Bank and The Atlantis Hotel. In the cinema, Crystal was the lead actress in award winning film 'The Neighbour' the winning film at the Dubai Film Festival 2014.

Crystal has over ten years of teaching experience including working as a teacher of drama in UK schools and latterly teaching drama with BODA here in the UAE, Crystal has eight years of UAE teaching experience and leads BODA's Speech and Drama programme.

TRINITY

All BODA students are eligible to undertake Trinity College London Examinations with accreditation.





#### Drama (G1-G5)

Fun way for children to develop their confidence and communication skills. Students learn how to express themselves creatively. Our teaching techniques include a variety of drama games, improvisation and story building sessions. Children share their imagination to create memorable characters and stories. Drama is valuable tool for children to harness their natural creativity as they embark on their journey through the early years of education. Classes are focused on developing vocabulary, imagination, listening skills and social skills as well as having fun. We offer preparation for the Trinity Guildhall Young Performers Certificate.

#### Musical Theatre (G1-G5)

Students explore the three disciplines of Musical theatre in one fun packed class. Students are trained to perform well known musical theatre scenes involving ensemble and solo pieces as a vehicle for improving singing, stage movement and acting skills. Students progress through the course before reaching the standard required to perform in a full stage performance. As always in a BODA course whilst the emphasis remains upon "fun learning" the course will culminate in the opportunity to attain accredited Trinity London qualification through examination entry.



# STRYX RHYTHMIC GYMNASTICS





# LOBNA GHANEM

Lobna is RG coach with 12 years of coaching experience in Egypt ad Internationally. Before joining Stryx RG Academy Lobna was working as an Assistant Head Coach of National Team of Lebanon



# OLESIA (LISA) PAVLYSHINA

Olesia is Master of Sports in Rhythmic Gymnastics and former member of the Ukraine National Team in Group Exercise. Olesia Had been coaching in highly reputable RG schools in Ukraine including Olympic Reserve School.



# MARIA BULDAKOVA

Maria is a Master of Sports in RG in Russia with 9 years of coaching experience. Marias gymnasts are champions and winners of many international and local competition.





Rhythmic gymnastics is a sport in which individuals or teams of 5 or more manipulate one or two pieces of apparatus: clubs, hoop, ball, ribbon, rope and freehand (no apparatus). Rhythmic gymnastics is a sport that combines elements of ballet, gymnastics, dance, and apparatus manipulation.

#### K1-KG2 class

- » Flexibility: half-splits, splits; back flexibility (bridge)
- » Basic movement actions: e.g. balancing, rolling, turning
- » Body awareness through movement (direction, levels)
- » Individual and pair sequences
- » Develop posture/good body tension

#### G1-G5 class

- » Flexibility: half-splits, splits, back flexibility (bridge)
- » Basic gymnastics techniques:
  - Forward and backward rolls (at the discretion of the teacher)
  - Jumps (half split, scissors)
- Balances and side balances
- » Basic apparatus skills (rope, hoop, ball)
- » Headstands
- » Cartwheels
- » Develop good body tension and posture through gymnastics



# JIU JITSU





#### **FERNANDA RIBEIRO BAISCH**

Fernanda is a Martial Artist Black Belt, with an extensive experience in teaching kids and adults from different backgrounds, ages and abilities.

Originally from Brazil and with over 20 years' experience working as a PE teacher, physical education head of department, personal trainer and corporate management, Fernanda Baisch is also a health  $\theta$  fitness Industry expert.

Her vision is that every child has potential to be not only an outstanding martial artist but an incredible human being.

Fernanda holds a Bachelor's Degree in Physical Education, a Master's Degree in Exercise Physiology and is the mother of three daughters which she accounts for being the greatest of all her achievements.

## PROVIDER: ROSSI TEAM ACADEMY



Brazilian Jiu-Jitsu is a great way to teach your kids valuable lessons: how to make friends, be active, and be healthy.

Allowing your kids to practice Brazilian Jiu-Jitsu is one of the greatest investments you will ever make. It will teach them valuable skills that will stick with them for life. Skills such as self-discipline, confidence, self-defense, confidence, body awareness, and to be great movers.

Little Dragons Program (4 to 7 years old)

Rossi team Little dragon Program is designed to introduce kids ages 4 to 7 years old with the basic concepts of Brazilian Jiu Jitsu and get them comfortable with grappling. Very little emphasis is placed on the fine details of techniques. Our teaching method in this class focuses on fundamentals. The children in this program learn dominant positions, how to fall safely, stand up, get an opponent off of them and control an opponent standing up and on the ground. Each new technique or theory is presented in a playful manner where the students learn through various Jiu Jitsu drills and fun games. This class includes warm up exercises, basic coordination drills, a Jiu Jitsu concept / Self-Defense technique and fun games to keep the children focused and engaged. The unique benefits of this program are that it develops motor skills, fitness, social interaction, leadership, discipline, and introduces kids to a non-violent form of self-defense all in a fun environment.

Junior Dragons Program (8 to 13 years old)

Rossi team Junior Dragon Program introduces 8 -13-year-old kids to all the benefits a Jiu Jitsu lifestyle offers. This program focuses on self-defense and Jiu Jitsu techniques, as well as teaching the students the importance of discipline, tearmwork, and self-confidence. Importantly, we don't teach how to punch or kick, since this often does more harm than good. Instead, we use leverage-based control holds to neutralize threats without violence. This class is high energy, filled with drills, techniques, and physical exercises, as well as step-by-step instruction making it very easy for beginners to start with no prior martial arts experience.



# **JUDO**





#### YOUNES MADANI

Younes Madani is 26 years old and comes from Algeria where he studied and trained Judo. Besides getting a black belt he managed to get a masters degree in physical education and sports. Being a judo, football and a PE teacher gave him a lot of experience in working with kids. Younes speaks Arabic, French and English.

## PROVIDER: CHAMPIONS JUDO



## Early & Primary Years Curriculum

The Moral Code of Judo is humility; honour in both victory and defeat. It teaches self-respect, self-control and discipline in a fun and safe environment. Our main goal is to create a place for children to grow – we believe in a concept that it's more than just sport. Judo improves self-belief, helps children to become more confident and more disciplined. It also teaches life skills that can be used throughout their school years, further education and in the wider world – sport is an incredibly powerful tool that can help everyone who becomes involved.



# KARATE





## SENSEI ALEX, 3RD DAN

Alex Gardner comes from England where he was training karate all his life before he moved to UAE and established Champions Karate Academy. He was a member of a British National Karate Team in Kata for many years.

- » England & GB National Team Member
- » Junior World Shotokan Champion
- » World University Bronze Medalist
- » U21 European Bronze Medalist
- » x4 British Champion
- » x6 English Champion
- » Former Head England Northern Regional Coach



# SENSEI JUŠ 2ND DAN

Juš Markač is a second owner and a coach of Champions Karate Academy. He comes from Slovenia where he was training and competing for many years. He achieved a lot of significant results in competing and coaching.

- » Slovenian National Team Member
- » European Champion
- » Karate K1 Champion
- » European Team Bronze
- » National Champion– Mediterranean Games Medalist



# SENSEI ARSEN 1ST DAN

Sensei Arsen comes from Serbia where he competed many years for National Karate Team and won multiple National Championship. On top of that he won Mediterranean Championship, World Cup and was a European University Champion.



# SENSEI APSARA 2ND DAN

Apsara started karate at the age of 9 in Nepal and since then she competed on a national and international level. Now she is focusing on teaching our young Champions.

### PROVIDER: CHAMPIONS KARATE



After School Karate Classes with Champions is a great introduction into the world of Martial Arts for our youngest and older students. Karate is offering a lot more than just a physical training, coordination, agility and fitness. A big part of our Academy is to teach our students about respect, discipline and modesty while building up their confidence.



# **MULTI-SPORTS**





## **CARLTON DSOUZA**

Carlton is a KHDA certified specialist in Early Years Education, Special Needs Education and Applied Behaviour Analysis He is a UK certified Personal Trainer and Fitness Instructor also holding Level 2 Football Coaching License.

Worked with Children and Adults of all ages from as early as 18 months to 75 years.

Enjoying working as a team with the participants and their support system (the Academy and Parents for the children) to make the individuals the best versions of themselves.

PROVIDER: STRYX MULTI-SPORTS



In Multi-sport sessions the children are taught various skills to play any sports they would choose in the future to specialise in.

Here we don't limit the children to using only their hands or feet but have fun based games that require the use of the whole body in order to learn information from each activity and movement. This in turn will help them judge the situation better in future should the instance repeat itself.

Hand eye coordination, feet eye coordination, balancing skills, space awareness, quick thinking and decision making are something they are challenged with. The program has a structure and also customised in order to both challenge and encourage the children to the best of their abilities.

Children in their younger age must be involved in as many activities that give them information which will facilitate decision making in their choice of sports in future and that's what is promoted in Multi-sport.



# **PIANO**





### **ALENA MASLIUKOVA**

Alena graduated with honors from the Belarusian Academy of Music in 1996. In 1997 she received her Master of Arts Degree after completing the internship in the Chamber Music class. In 2004 she received the title of Laureate in the National Competition of the Republic of Belarus. For the next 10 years, she had been working at the Belarusian Academy of Music at the vocal department as an accompanist in the class of People's Artist of the USSR T.N. Nizhnikova. Since 2007 Alena lived and worked in Bahrain. There she took part in a chamber music concert organized by the German, Italian and American emphassies

She continued her teaching career at the Russian music school "Life in Music" in Bahrain, where her student took 1st place in the regional Chopin competition in 2010. Since 2015 Alena has been working in Dubai (UAE) as a piano teacher. In 2019, her student took 2nd place in the Emirates Peace Music Competition. Alena believes that all children, without exception, should be engaged in music, no matter if they have a talent for it or not, since in childhood, everything is amenable to development, both hearing, and memory.



#### **MERUYERT ILES**

Mary came from a beautiful country called Kazakhstan. As long as she can remember she's always been in love with music. Mary has been singing since she was a little girl. She started her musical education in Republican Secondary Music School for Gifted Children named after Kulyash Baiseitova - a famous Kazakh opera singer. In 2013 she continued her education at Kazakh National Conservatory, where she studied choral conducting and piano. After graduation from Conservatory, Mary continued her studies and received her Master's degree in Art Sciences.

During her studies at the Conservatory, Mary was participating in different musical events and competitions. In 2014 she won First Prize in International Piano competition in Astana and in 2015 she became a winner of the Republican Choir Competition in Almaty.

In 2016, Mary started her work with the young children in CIS group, where she taught piano, voice, and solfeggio. Through this work combined with volunteering at the hospitals for kids with cancer, and in local music schools as a teacher and a singer in mini-operas, Mary gained extensive experience in teaching music to children, approaching it from different perspectives, and delivering quality instruction in versatile conditions.





**Exclusive Music Education** offers private piano lessons and group music and piano classes for all grades.

- » Fun and enjoyable classes built around children, not around teaching methods
- » Participation in Public performances
- » Preparation for Exams (ABRSM, Trinity)
- » Any level and any grade
- » Professional Music Instructors

#### **Group music classes**

We are offering a beautiful program for children of young age and building it around piano. It includes learning about the basics of musical knowledge in a fun, engaging, and interactive age-appropriate manner, where children are exposed to different music activities, like rhythmic activities, singing, moving, and playing. We are using a methodology that is suitable just for this age, that makes it exciting and entertaining for the children.



# **ATHLETICS**





## **ANNABELLE LEWIS**

Former Great Britain & Northern Ireland International sprinter turned athletics coach. With a proven track record of successfully developing young athletes in all disciplines of track and field including running, jumping, and throwing. Annabelle is passionate about working alongside athletes of all abilities to reach their maximum potential.



## MOHAMMED SINAN

A successful athletics coach who has worked and developed young athletes of all abilities over the past couple of years. As a current athlete himself, Mohammed can provide knowledge and experience of all track and field disciplines to athletes of all ages.

## PROVIDER: AIS ATHLETICS



AIS Athletics cover over 15 different track  $\theta$  field events. Whether you are new to the sport or taking it a little bit more serious, we have an event for you. Covering everything from fundamental movements to event specific technical work.

AIS classes at SISD include the following events:

- » Running Drills
- » Reaction Drills
- » Short Sprints
- » Harness Running
- » Relay Races
- » Flexibility
- » Mobility
- » Strength & conditioning
- » Fun Games



# **FOOTBALL**





## JONATAN TOMAS

Jonatan is Coach certified in La Masia (FC Barcelona) and holds the UEFA A License through the Spanish Football Federation (RFEF), with more than 8 years of experience on coaching.

Working with Stryx Sports since 2018 he also holds a University Bachelor in Physical Activity and Sports Ciences by EUSES University Terres de l'Ebre in Spain, a Postgraduate in Sports Management by the University of Barcelona, and a Postgraduate in High Performance at Professional Sports also by the University of Barcelona.



# CARLOS MORMENEO

Carlos joins Barça Academy Dubai from Valencia, with a degree in Physical Education & Sports Science at Valencia University (2020).

With a short but intense career as a coach, Carlos has worked with clubs such as Valencia CF, as well as other regional clubs, with goalkeepers between the ages of 6 and 20. Amongst them, the U14 and U16 categories in the city's top leagues.



# CARLOS BOAVENTURA (LITOS)

Litos holds degree in Physical Education and Sports, Masters in High Performance training in football as well as UEFA B coaching license

Litos has been coaching numerous teams accross Portugal and Spain as well as working as Training Metodologist and Players Scout.



# MOATAZ SALAH

Moataz is Coach certified in La Masia (FC Barcelona) and holds the Coaching License "C" by the African Football Confederation (CAF) with more than 10 years of experience

on coaching. He also has the official certificate from Barça Universitas on Training in Team Sports.

## PROVIDER: BARCA DUBAI ACADEMY



#### Skills to be mastered for KG1-KG2

- » shoot by striking the ball with any part of their foot dribble between cones and be able to stop the ball and turning
- » shoot with laces and standing foot planted, as well as use a controlled pass to a partner
- » ball control with the inside of foot
- » strike a ball towards a target, as well as demonstrate a one touch pass.
- » control a ball with an inside step from a distance and be able to demonstrate a two touch turn around a cone.

#### Skills to be mastered for G1-G5

- » demonstrate control of the ball using the instep of the foot and striking the ball with the laces with the second touch.
- » pass from distance and score a goal with accuracy and power.
- » control a pass with the correct technique, dribble through cones in straight line keeping close control, completing the drill with a strike of goal using the laces of the foot.
- » control of the ball with the outside of the foot from pass, showing the technique of moving the ball away from the body with the control.



# **SWIMMING**





## DOMINIC REDPATH

Dominic started to learn to swim at the age of 3 back home in Hampshire. England and went on to swim at a national level from the age of 10-17. He was fortunate enough to swim all over GB and also in Spain with the and England team.

After stopping swimming Dominic went on to complete my Swim England Coaches Course. Since starting coaching Dominic has been fortunate enough to have a swimmer win an age group 50m BK English national medal and also developing many athletes that have gone on to swim at a nation level in the UK. Due to his love of the sport e really enjoys passing on the knowledge that he has and learning on a day to day basis.



### JUAN PAULO KIZU

Juan who is known as Coach Kizu by his students, was born and raised in the Philippines where he grew up with a love for water. Coach Kizu is Level 2 ASA Certified (Swim England).

Kizu is a part of Philippines Swimming Inc. and has officiated as a Stroke judge and Turn Inspector for many swimming

competitions. He has been teaching in Dubai for 7 years and has been sharing his passion of swimming for over 12 years, teaching students all over the world. Kizu is teaching Learn to swim lessons, Stroke development, Competitive levels and Adult Programs.



# DESIREE PENAMANTE

Desiree started teaching swimming since 2005 in the Philippines before she got the opportunity to move in Dubai year 2008. Desiree worked as a swimming teacher and lifeguard at the same time in Al Areesh Club at Dubai Festival City from 2008 until 2019 before joining Speedo Swim

Squads. She's been trained and fully experienced in handling beginners and advance swimmers. Skills that she can share and teach are the foundation of basic and advance swimmers, dryland exercise and basic water safety.



# SANDRA AQUADI

Sandra began to swim at the age of two and joined the Tunisian National team at the age of 11. She was the youngest swimmer participating in several national and international competitions. She was many times Tunisian Champion in her category and won the gold medal in the Arab

Championship. She was also a French regional champion under the colors of her team 'Nantes Natation' and finalist in the Youth African Games. While studying in University for her management degree she joined the National water polo team. Afterwards she also became a swimming and water polo coach. She has the Federal coaching diploma in swimming and water polo and has participated in a training organized by the FINA. Before coming to Dubai she attended an internship with the national team as a coach.

#### PROVIDER: SPEEDO SWIM SQUAD



#### LEARN TO SWIM

There are five levels of Teaching:

- » Ducklings and Dolphins Ducklings and Dolphins is our swim programme for 3-5 year olds. There are two levels of Ducklings 1 and 2. After this the swimmers progress to, two dolphin classes also titled 1 and 2. Our priority is water confidence, water safety and introduction to basic strokes. These skills are taught through our FUNdamental principles, incorporating specific tasks with fun elements.
- » Improver 1 improving swimmers with progression through the basic skills of water confidence and stroke technique, in particular the gross motor skills involved in basic kicking and pulling movements in all 4 strokes and the development of aquatic breathing.
- » Improver 2 improving swimmers while refining the movements and breathing involved in the 4 basic strokes. while building strength and co-ordination.
- » Bronze Refining the movements and breathing involved in the 4 strokes, while building strength and co-ordination.
- » Silver improving the 4 strokes, developing stamina in kick and increasing the range of aquatic skills. Consolidation of dive entries, legal starts and touch turns.



# TWINKLE TOES BALLET AND STREET JAZZ





# MICHELLE DANIEL BALLET TEACHER

Michelle started dancing at a young age in her home town of Nottingham, England and then trained at the prestigious Performers Dance College. After graduating, with her Ballet, Tap and Modern ISTD teacher's qualifications, Michelle enjoyed a successful 10 year career as a dancer, dance captain and choreographer in many contracts worldwide, and had the chance to dance in both the theatre and the corporate TV worlds. Michelle has been teaching RAD Ballet, ISTD Modern, Tap, Hip Hop and Contemporary for the last 7 years in Dubai. Her latest achievement has been as the Artistic Director of a youth ballet production at Dubai Opera.



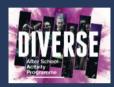
# **ZOE LEONE GAPPY** STREET JAZZ TEACHER

Zoe Leone Gappy started dancing at the age of 2 years old at her mum's school in Middlesbrough in The North East. During her dance school years, Zoe was winner of over 35 Championships including British and All England in Song, Jazz Tap and Ballet and also winner of Miss Dance Of Great Britain 2005. Zoe moved to Hong Kong where she worked as lead vocalist and recordi.\(\forall \) \(\forall \) for a range of Jazz Bands.

Zoe landed her first job in Germany in the cast of 'Chicago' ensemble/ Liz then going on to be in The Original cast of Disney's 'Aladdin' as Female Swing cover Attendants cover Fortune Teller where she stayed in the show for 2 years During her time in Germany, Zoe also taught at both performing arts colleges On Stage and Stage School Hamburg teaching tap/jazz and choreographing for a range of concerts. Zoe returned to London West End for the revival of 'Chicago' London Phoenix theatre as female swing, Assistant Dance Captain and first cover Mama Morton. During her time in London

Zoe also teaches and coaches young singers from ages 5-16 working on technique, confidence and performance. Zoe is extremely grateful she has had the opportunity to work with such an amazing range of talent in the UK and Internationally. Zoe is delighted to be a part of the team and encourage young aspiring performers.

# PROVIDER: DIVERSE



#### Twinkle Toes Ballet (KG1-KG2)

We offer all levels of ballet from baby ballet at nursery, twinkle toes to RAD graded ballet classes. Ballet promotes physical strength, concentration, discipline and an understanding of music and rhythm and develops technique for the foundations for other dance styles.

Twinkle toes ballet also builds on a child's imagination and basic motor skills.

#### Street Jazz (KG1-KG2 & G1-G5)

After School Street Jazz is a fun, upbeat class. Where the children learn the latest commercial dance moves, just like their favourite Pop and Tik Tok video stars. This energetic and dynamic dance class will not only be fun but will also focus on dance coordination, style and dance technique.

