



NUTRITIOUS & HEALTHY

# FRIDAY LUNCH



	1 <sup>ST</sup> SEPTEMBER	8 <sup>TH</sup> SEPTEMBER	15 <sup>TH</sup> SEPTEMBER	22 <sup>ND</sup> SEPTEMBER
Salad Bar	Garden Salad/ Mexican Salad/ Guacamole	Bean salad/ Greek Salad/ Chicken Mango Salad	Chicken Caesar/ Spinach Salad	Halloumi Salad/ Quinoa Salad
Protein Main	Greek Beef Gyros / Greek Chicken Gyros	Beef Sandwich / Chicken Sandwich	BBQ Bacon Burger/ BBQ Chicken / Turkey Bacon Burger	Chicken Wings
Vegetarian Main	Halloumi Gyros	Veg Sandwich	Veg Burger	Chipotle Vegetarian Burrito / Nachos
Side Dish	French Fries Waffles	Oven French Fries	Potato Wedges	Roast Veggies / Gratin Dauphinois
Dessert	Swiss Roll	Apple Strudel	Muffin	Fresh Fruit
Drinks	Water Juice Selection Coffee & Tea Selection	Water Juice Selection Coffee & Tea Selection	Water Juice Selection Coffee & Tea Selection	Water Juice Selection Coffee & Tea Selection