

SWISS INTERNATIONAL SCIENTIFIC SCHOOL

After School Activities



SECONDARY

External ASAs



SWISS
INTERNATIONAL
SCIENTIFIC SCHOOL
— DUBAI —

Monday



OUTDOOR TENNIS

We offer tennis lessons for children and for adults. Our classes are designed to enhance the player's strength and to provide the necessary technical, physical, and tactical knowledge. At Stryx Tennis we focus intently on coach and students' development to ensure we are up to date with the leading-edge information, skills, and developments in the tennis industry.

Students must bring their own tennis rackets.

****Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.**

G6 - G12

3:45pm - 4:45pm

Tennis Court 2



SWIMMING BEGINNERS 2 / DEVELOPMENT 1-2

This phase is an introductory level to competitive swimming and the development of the four competitive strokes. In order to begin in the development levels of our program, swimmers must be able to swim a minimum of 25 meters' freestyle/front crawl and backstroke.

G6 - G12

3:45pm - 4:45pm

Olympic Pool



CAREER COACHING WORKSHOP

The Bedrock Program is an Internationally recognized Career Training program that eliminates the stress and anxiety youth and their parents are struggling with when deciding on a suitable career path. This program will provide your child with a clear understanding of what they value and how to apply that to their career choices. Our program develops the confidence youth need to identify what they want to do, and the plan to get them there. In this ASA, your child will explore difficult questions about themselves, and evolve their understanding of where their journey at SISD can take them in the future.

Since 2019, The Bedrock Program has worked with many high-profile schools in the UAE including The University of Toronto, ADEK, Imperial College London, and other highly esteemed schools and Universities around the globe.

Price: AED 1800 per term

To know more about the program, please contact: Provider: Bedrock Program Career Coaching, Workshops for Teens, Contact: info@hametner.co, 055 587 8264

G6 - G12

3:45pm - 4:45pm

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SECONDARY **External ASAs**



SWISS
INTERNATIONAL
SCIENTIFIC SCHOOL
— D U B A I —

Monday



CHEERLEADING

G6 - G12

3:45pm - 4:45pm

Tuesday



CONFIDENCE COACHING WORKSHOP

Using the power of neuro-development, this ECA focuses on helping students to develop confidence through a greater appreciation of their abilities and what makes them special. Often youth compare themselves to their peers and what society tells them success is based on, in this program we focus on helping youth discover what they believe success is based on, why, and how they can confidently share their opinions in a way that is authentic to themselves. Focusing on developing tools to manage the internal noise that stops a young person from being confident.

G6 - G12

3:45pm - 4:45pm

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SIMULATOR PILOT PROGRAM (SPP)

The Simulator Pilot Program is an exciting educational initiative designed to introduce young minds to the fascinating world of aviation. This program provides students with a unique opportunity to experience hands-on flight simulation, gain insights into fundamental concepts such as navigation, aerodynamics, and aircraft systems.

Program Highlights:
Hands-On Flight Simulation:
Interactive Learning:
Professional Guidance:
Certificate of Participation:

Additional Fees to be paid directly to the provider: AED 240/Flight Simulator Stick & Simulator software for each student

Contact information: +971 045477258
Email: bibin@kitspire.com

G6 - G12

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Wednesday



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ORIGINAL MIX DJS

INTRODUCTION TO DJing ECA

Fun and hands-on sessions for young DJs and music lovers!
Learn about the equipment, mixing, looping, sound effects, and more!
Perform different genres of music - house, commercial and RnB.
Choose your DJ name

Led by industry professionals

WHAT DO I NEED TO BRING

Dedicated iPhone or iPad with "WeDJ for iPhone" app installed OR macbook/
laptop users download and install www.rekordbox.com/en/download/
Headphones with 3.5mm jack (same as standard laptop jack)

NOTE: new models of iPhone/iPad have lightening ports OR USB - C for head-
phones, therefore please provide an adapter.

We will supply music to you throughout the course to download to your device
to learn and add to your playlist during your journey with ORIGINAL MIX DJs.
Water bottle if required.

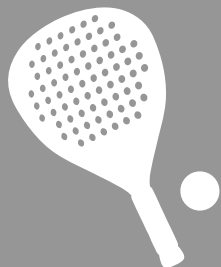
A big smile and a lot of enthusiasm!!

To know more about the program, you may contact: kristine@originalmixdjs.com
/ adam@originalmixdjs.com

G6 - G12

3:45pm - 4:45pm

Wednesday



OUTDOOR PADEL TENNIS

Padel tennis is an inclusive, sociable, fast-moving, and fun sport for all. It is played in an enclosure of glass and chain link fence with a tennis net in the middle of the court.

In this sport, our aim is to provide opportunity and introduce kids to this fast-growing sport and will teach them the basics of Padel tennis.

Students must bring their own padel tennis rackets.

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Tennis Court 1



WOODWORKING

Unlock a world of creativity and learning with StuDIYo Lab! As the first centre in the UAE to offer Woodworking, Metal Casting, and Design Technology for kids ages 5+, we believe that hands-on learning is vital in building independent and agile lifelong learners. With a focus on safety, independence, and creative expression, our woodworking course provides a dynamic and enriching learning experience that fosters skills, confidence, and a deep appreciation for craftsmanship.

Join us and bring the power of creativity back into kids' hands!

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Thursday



BOXING

Welcome to our «All-In-One Boxing Program,» guided by professional boxers and seasoned trainers. This inclusive program caters to all abilities, whether you're an experienced boxer or someone looking to try out the sport for the first time. Our dynamic sessions provide a lively introduction to fundamental boxing techniques within a vibrant and enjoyable atmosphere. Participants can expect not only to enhance their physical fitness but also cultivate discipline, focus, and valuable self-defense skills.

G6 - G12

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